Re: OFFICIAL: RE: Illegally detained during Royal Commission

From:

To: Royal Commission Victoria Mental Health System (DPC) <contact@rcvmhs.vic.gov.au>

Date: Sun, 14 Jul 2019 21:50:37 +1000

Attachments: image001.jpg (871 bytes)

Thank you for your response. If you could please accept the attachment and the email that follows from it as one statement and include it in the report that would be appreciated. If I can manage to scan and send you the case notes I took during the detention itself then I will do so. Given I plan to submit the story for publication I am just as happy to submit the details for the commission's information only.

I have observed over 5 years in managing mental health complex care and since this time while I experienced post-traumatic stress disorder from vicarious trauma that the main problem seems to be that mental health staff do not question each others stories. This results in single perpetrators (I use this term in the domestic violence frame of the perpetrator, a type of serially dangerous bully capable of shocking violence and abuse to others) being enabled by the system to completely discredit individuals at whim and undermine, sometimes permanently, the victims ability to re-establish their own purportedly inalienable rights.

Even the best Psychiatrist at Hospital, Dr. Hospital, Dr.

It's not the clients in those locked wards the community needs protecting from: it's the staff.

Also, the mental health act should never be allowed to force treatment or cause doors to be locked. The whole act must be against international human rights law. It is simply not possible for it to be legal, and the illusion of its legality is only maintained by the disadvantage it creates in those put under it.

I believe that contact with public mental health increases suicidiality. It creates suicidiality where none existed. It makes people feel powerless and angry.

Given the recent Royal Commision into Institutional Child Abuse in the Church having finally established what has been common knowledge for at least 40 years, I implore this Royal Commision to consider the role of public mental health in supporting the continuance of said abuse by placing those that complained of it under the Mental Health Act. When I mentioned the George Pell case, my doctor and mental health triage wrote notes indicating I was paranoid about pedophiles. Even now, after the guilty verdict, this continues.

Countless victims committed suicide after their attempts to tell GPs and mental health staff resulted in them being diagnosed with paranoid delusions and placed on mind altering medication that impaired their ability to function. There are so many ways to be called a dirty little liar. This is one of them.

I want it to stop.

Sincerely,



On Thu, 11 Jul 2019 12:21 pm Royal Commission Victoria Mental Health System (DPC) <contact@rcvmhs.vic.gov.au> wrote:

Thank you for getting in touch with the Royal Commission into Victoria's Mental Health System and for taking the time to share your experience.

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The Royal Commission is committed to hearing and learning from the experiences of people with lived experience of our mental health system like yours. While the Commission can't investigate individual cases, we are keen to understand your experience and learn what the mental health system could have done differently to better support you.
While submissions for consideration as part of our Interim report have officially closed, you can send us your story via email (before Friday 12 July) or mail PO Box 12079, A'Beckett Street, Victoria 8006. Where information is sent to us after 12 July 2019, we can't guarantee that it be considered for the interim report, but it will be considered during the period of the Royal Commission.
To find out about other ways to engage and opportunities to contribute through the life of the Commission, which will wrap up in late 2020, please visit our website and consider subscribing to our email distribution, https://rcvmhs.vic.gov.au.
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Thank you again for contacting the Royal Commission.
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Kind regards
RCVMHS
Roya Comm ss on nto V ctor a s Menta Heath System
PO Box 12079, A Beckett Street, V ctor a 8006
P 1800 00 11 34 e contact@rcvmhs.vic.gov.au w rcvmhs.v c.gov.au
RCVMHS Call for submissions Email banner 700x240 v3
NOVIMIO Call for Submissions Email barrier 700x240 Vo
From:
Sent:
To: Royal Commission Victoria Mental Health System (DPC) <contact@rcvmhs.vic.gov.au> Subject: Illegally detained during Royal Commission</contact@rcvmhs.vic.gov.au>
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Dear Sir/Madam,

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Please see attached. The illegal detention took place at Hospital
Building. The whole incident was shocking even to me, w poor opini mental health. The sexism in public mental health practice was evident from a basic head head count. Given it
is largely men who suicide and murder, I would expect the gender within locked wards to reflect this. It
does not. It seems an angry woman is still considered more dangerous.
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"You seem a bit agitated" they said.
I'm a Feminist. It's not a mental illness. Sexism is very very real and very very harmful.
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I am available to give verbal evidence at a hearing from July 16th. As you will see from attached, the
detention prevented me from putting in the full submission I had planned, and also prevented me from submitting the evidence I had been collecting from homeless people over the period of the commission.
submitting the evidence mad been collecting from nomeless people over the period of the commission.
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Sincerely,
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<u>OFFICIAL</u>