

Sandy Laver

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Victorian Government Mental Health Royal Commission

Dear **Commissioners**,

comprehensive ignore seems the preferred tactic by all the relevant Labor politicians contacted above, most statutory establishments and so-called regulatory authorities, concerning my allegations of protracted and unresolved Senior abuse. Apart from the aging factor, I have a detailed history of psychiatric, medical and medication problems which have negatively impacted my life for two decades. You might empathize with how coping with this unacceptable long-term bullying exacerbates my troubles.

Disregard is a particularly hypocritical act by Victorian Premier Daniel Andrews. I wrote to him, and other politicians of all persuasions 1 June 2018, providing extensive records of my detrimental experiences including, **theft of personal details (Disability Support Pension (DSP) and treating Psychiatrist cards), discrimination, breaches of privacy, intimidation and other bullying behavior**. If Andrew's had the guts to help with my problems, all he had to do was speak with **Lisa Neville – Victoria's current police minister** and **my local Bellarine MP for 20 years**. She is well versed in the machinations of the appalling, possibly criminal misconduct directed at me, and others.

April 2011 saw the start of targeted, disturbing and traumatic intimidation. It was instigated, and maintained, by a local senior sergeant of police – president of the [REDACTED] He colludes with the **coordinator** of [REDACTED] and the [REDACTED] [REDACTED] (of which he was/is a member), to keep my writings about this nasty saga suppressed. These organizations are situated on **The Bellarine Peninsula** at [REDACTED] regionally located within the **City of Greater Geelong (CoGG)**.

[REDACTED]

Senior sergeant connived with individuals and groups mentioned above to sabotage the *confidentiality* of the Agreements and thus rendered them and

the possibility of settling issues, invalid – an outcome he deliberately contrived to avoid public awareness and scrutiny of his and others misconduct.

Andrew's announced his Government's intention of establishing a **Victorian Mental Health Royal Commission** not long before the Victorian state elections. I welcome the gesture of setting up a commission which eventually may demonstrate that it is not simply a cynical vote grabbing exercise. Maybe the Commissioners are able, ultimately, to recommend measures which, if applied, might alleviate some misery of hundreds of thousands of Victorians/Australians. However, this 71-year-old has tried to navigate the intricacies of technology and failed in my goal to get information to the **Victorian Mental Health Royal Commission**. Also, there has been problems using Registered Mail to send documents to other people/organizations about this vindictiveness. For example, on 6 March 2017, I attempted to post a comprehensive, chronologically ordered list of malicious events to the Commissioner for Senior Victorians. Judging by dating errors of sending, receiving, reply, irrelevant comments supposedly by the Commissioner..., I suspect the mail was intercepted – not a far-fetched notion when you realize the players in this sustained nastiness.

In the meantime, thousands like me, live with the stigma and humiliation of mental illness – particularly those of us in small communities. I have been **EXCLUDED** for 8 years from what is supposed to be safe learning and socializing facilities for everyone in my locality. Previously, for a decade at [REDACTED] I participated in courses for yoga, tai chi, computers, used copiers and printers, tax agents.... Research indicates that being involved in available communal offerings, enhances quality of life and is a positive way of adjusting to living with mental illness.

These low-lives at [REDACTED] have never been held accountable for alleged felonious deeds and continue to act with impunity, confident there will be no legal, police, or other, retribution for shameful wrongdoing.

If there exist any socially responsible/ethical people privy to this correspondence, would you forward this email to the **Victorian Government Mental Health Royal Commission please?** It is beyond my limited techno skills to find either an email or postal address for this Commission which purportedly wants to receive extended input from the public.

Yours faithfully,

Sandy Laver

Your contribution

Should you wish to make a formal submission, please consider the questions below, noting that you do not have to respond to all of the questions, instead you may choose to respond to only some of them.

1. What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Informative media coverage at prime times making clear that no-one is immune from mental illness suffering (starting to happen) ACCOUNTABILITY of perpetrators of misconduct against vulnerable people ADVOCACY to give disadvantaged people A VOICE EDUCATION starting from young age INCLUSION in society's activities for all people

2. What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

As above & as per my postal submission writings

3. What is already working well and what can be done better to prevent suicide?

As per 1. Highly publicized access to a reformed Mental Health System encouraging reduced stigma, attending such facilities & early intervention if necessary as ap people present for help. Suicide prevention possibly helped if all people INCLUDED in activities which their local communities may provide

4.

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

The problems of my mental health have been exacerbated by bullies excluding me from local clubs & activities which were extensively used prior to the onset of theft & DSP & treating Psychiatrist cards etc. The fact that unknown numbers of people were privy to confidential & private information causing humiliation & being ignored. No cooperation by miscreants to mediate, apply guidelines for club management...

5. What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

Unregulated social media with young people seem more susceptible to malicious behaviour. Exclusion of some people from community exercises supposedly having a safe & inclusive environment for those wishing to participate. Bullies invariably operate in small groups to isolate & ostracize a person. In my case the main perpetrator acted with impunity because he was protected by others he also intimidated people to carry out bullying activities & he worked the system so his misconduct was not made public. e.g. he reneged on deals brokered by [redacted] knowing they would

6. What are the needs of family members and carers and what can be done better to support them?

Trained & extended professionals in the field of needing time out, attending appointments, access to organizations offering support navigating the various services. Transport has been a major problem for me attending appointments most of which are at least 30kms from home. I have been cancelling appointments for the last 12 months as stress levels rise considerably just trying to attend. Public transport in my area is inadequate.

case files is no mutual agreement.

7. What can be done to attract, retain and better support the mental health workforce, including peer support workers?

Increase the profile, pay & training of those wanting to work within the mental health system

8. What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

Have strong statutory authorities / legal police intervention to ~~prevent~~ get rid of people flouting the law, guidelines... Such miscreants know they can get with impunity because there is no investigations of vindictive behaviour in all its forms. That's why I've been denied access to community centres for 8 years. My allegations have been ignored from the Premier, police minister and those at a local level who know a damn site better what happens

9. Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

* ACCOUNTABILITY for all forms of misconduct
* ADVOCACY available for vulnerable, victimized people who sometimes are unable to communicate issues they encounter. Once ignored by all authorities a lone person or small group have no chance to be heard by anyone. This probably contributes to the horrific suicide numbers & domestic violence
* EDUCATION - wide spread in state + traumas which also reveals the machinations of perpetrators of crime, domestic violence etc, so persons subjected to nasty behaviour know the signs... & better able to voice their plight
NAME & SHAME thugs of all descriptions & remove them from positions of power, authority...

but either collude to cover wrong doing or are too scared to directly support in case they become targets of violence...

10. What can be done now to prepare for changes to Victoria's mental health system and support improvements to last?

Overhaul of attitudes & re-education of legal, police & authorities to act on recommendations of the Commission. Those that don't comply should be disbarred and/or sacked for failing to act.

Recommendations must be enforced because my observation with other Commission's laws indicates that once the initial hot-hair dies down wrong-doers return to recalcitrant-behaviour e.g.

11. Is there anything else you would like to share with the Royal Commission? Various sectors

Yes. My 8 years of detailed writing re the shameful behaviour of local clubs, organizations on The Bellarine Peninsula - regionally situated within the City of Greater Geelong.

of the priesthood probably banks - ad nauseam

The tome of documents has surpassed 1 tonne with the wine proportions.

This 77 yr old has run out of puff. I've sent a selection of docs to demonstrate the systematic unresolved silencing of a senior in the Bellarine.

Copies are available to support my allegations of a senior mentally ill person's experience with surreptitious, unrelenting & unresolved abuse.

Privacy acknowledgement

I understand that the Royal Commission works with the assistance of its advisers and service providers. I agree that personal information about me and provided by me will be handled as described on the Privacy Page.

Yes No



unable to access 5 legal aid firms.



was approached 3 times for help.



aid twice

The 5 firms are listed in my notes. I alleged that the policeman perpetrator of this Hight of personal detail, discrimination, intimidation etc. 'spoke' to Geelong firms approached to prevent this bullying episode going public.



kept giving me the run-around with Melbourne an advocate for me to provide VCAT...

Geelong has been silenced & it is beyond my mental & physical capacities to negotiate Melbourne - or for that matter, to go further to have this, probably criminal behaviour exposed to public scrutiny.

Note that Lisa Neville is my Bellarine MP (2008) & Victoria's police minister since 2016. I appealed for help from her in 2014 & she has been told in 2 letters written to committee of Management. She is fully aware of this entire saga