

WITNESS STATEMENT OF PROFESSOR ALEXANDER MCFARLANE AO

I, Alexander McFarlane AO, Professor at the University of Adelaide, South Australia, say as follows:

- I make this statement on the basis of my own knowledge, except where otherwise stated.
 Where I make statements based on information provided by others, I believe that information to be true.
- 2 I am giving evidence to the Royal Commission in my personal capacity and not on behalf of my employers or organisations that I am a member.

Background

- 3 I am a psychiatrist with speciality experience in the areas of traumatic stress and the impact of disasters and post-traumatic stress disorder (PTSD). I have a Bachelor of Medicine, Bachelor of Surgery with Honours, a Doctor of Medicine and a Diploma of Psychotherapy from the University of Adelaide. I am a fellow of the Royal Australian and New Zealand College of Psychiatrists.
- I am currently a Professor of Psychiatry in the School of Medicine, at the University of Adelaide, having previously been the Head of the Department of Psychiatry and the Director of the Centre for Traumatic Stress Studies. I am also a senior advisor in psychiatry to the Department of Veteran Affairs and an advisor to the New South Wales and South Australian governments in relation to recovery after the 2019-2020 Australian bushfires.
- 5 I am a former President of both the International Society for Traumatic Stress Studies and the Australasian Society for Traumatic Stress studies.
- 6 I have received several awards in recognition of my contribution to the field of traumatic stress, including:
 - in 2008, the Robert Laufer Award for outstanding scientific achievement in the field of traumatic stress;
 - (b) in 2011, the Officer of the Order of Australia Award in the Australia Day Honours List in recognition of outstanding contributions to medical research in the field of psychiatry, particularly posttraumatic stress disorders, to veterans' mental health management;

Please note that the information presented in this witness statement responds to matters requested by the Royal Commission.

- (c) in 2012, the Lifetime Achievement Award from the International Society of Traumatic Stress Studies, in recognition of years of service and leadership in the field of traumatic stress; and
- (d) in 2016, I was one of the three Australians awarded an Honorary Fellowship of the American College of Psychiatry in recognition of contribution to the field of traumatic stress.
- 7 Attached to this statement and marked 'AM-1 is a copy of my curriculum vitae.

The nature of trauma and its impacts

Defining trauma

- 8 Trauma is defined by the Diagnostic and Statistical Manual of the American Psychiatric Association as: 'exposure to actual or threatened death, serious injury or sexual violence in one or more of the following ways: (1) witnessing and experiencing traumatic events; (2) witnessing personally the event as it occurs to others; (3) learning of the traumatic event as it occurs in a close family member or close friend; and (4) repeated or extreme exposure to traumatic events, including first responders'.
- 9 Traumatic events of this kind do not include day to day stresses such as divorce or financial difficulties. Traumatic events of the present kind involve experiences such as exposure to death, extreme violence or being a victim of violence or sexual violence.

Impact of single or multiple traumatic experiences

- 10 Historically, the effect of trauma upon serious mental illness has been both overlooked and greatly underestimated.
- 11 In part, this was rooted in an attitude of denial that followed the World Wars and did not change until after the Vietnam War. Many people were very sceptical about the significance of psychological trauma. That attitude was very prevalent then in medical practice and, to my observation, remains quite significant.
- 12 In the last 30 years, however, the prevalence of trauma and its effects have become better understood. There is now a vast body of research concerning PTSD, in particular. Nonetheless, that condition and the effect of trauma generally remains underappreciated and often overlooked in medical practice.
- 13 Notwithstanding the above, the research shows that PTSD can be provoked by a single traumatic event and also by a cumulative burden of trauma exposure. The latter is a very significant risk factor for PTSD. In particular, if you have experienced three traumatic

events you are at a much greater risk of developing PTSD than if you have experienced one such event.

- 14 In addition to the risk of developing PTSD, traumatic events also carry significant risks for a range of other mental health issues including depression, bipolar disorder, anxiety disorders, eating disorders and substance use disorders.¹
- 15 In that regard, a 2006 study of the psychiatric inpatient population at Queen Elizabeth Hospital in Adelaide found that around 40% of patients with schizophrenia or severe affective disorders also had a diagnosis of PTSD.² The study demonstrated that a traumatic event can encourage the onset of mental illness, including psychosis, but may also influence the manifestation of the illness. Equally, many people with severe mental illness such as schizophrenia were the victims of violence and consequently developed PTSD. The study noted that the prevalence of trauma was not systematically examined, recorded or seen as relevant to the patient's condition.³

Trauma and suicide

- 16 Trauma exposure is a significant risk factor for suicide, independent of mental illness.
- 17 I have examined the issue, as have others. The issue has been examined in relation to at least the West Australian Ambulance Service, the Australian Defence Force and the Metropolitan Fire Service.
- 18 In relation to the Metropolitan Fire Service, we found that the rates of suicide ideation were far higher than would have been anticipated when looking only at rates of diagnosed mental illness.
- 19 A key issue is that people who are extensively exposed to death and suffering and other forms of trauma that focus on the disruption to social taboos – including, for example, child abuse and sexual abuse – are significantly more vulnerable to suicide and suicide ideation. In this sense, the nature of the traumatic event to which one is exposed appears to be of significant relevance in assessing any consequential relationship with suicidal ideation.

¹ McFarlane, A and others, 'The Psychiatric Sequelae of Traumatic Injury' (2010) 167 (3) *Am J Psychiatry*.

² McFarlane, A and others, 'Prevalence of victimization, posttraumatic stress disorder and violent behaviour in the seriously mentally ill' (2006) 40 *Australian and New Zealand Journal of Psychiatry*, pp. 1010–1015.

³ McFarlane, A, Schrader, G, Bookless, C and Browne D, 'Prevalence of victimization, posttraumatic stress disorder and violent behaviour in the seriously mentally ill' (2006) 40 *Australian and New Zealand Journal of Psychiatry,* pp. 1014.

20 Whilst the present issue has been examined, as I have indicated above, it is a matter that could benefit greatly from more systematic examination in research together with a wider appreciation of the issue throughout the broader research community.

Impact of traumatic experiences over time and 're-traumatisation'

- 21 Traumatic events can overpower a person's capacity to integrate and symbolise experience. It is similar to having different programs open on a computer that overwhelms the RAM with the effect that it cannot function.
- 22 For example, if you have been trapped in a bushfire you may have experienced fear, overwhelming noise, an inability to breathe and extreme heat. The brain may get trapped in these primary senses rather than being able to convert them into symbolic representation in the form of language. When that occurs, the trauma can trigger or exacerbate mental illness, including PTSD.
- 23 Interestingly, after a traumatic event, the risk of developing mental illness including PTSD tends to increase with time.
- 24 This is unlike most other events in life, which tend to have a window of effect of about six months. By contrast, the research shows that traumatic events create a lifelong risk.
- 25 In light of this cumulative risk, a person can be at risk of exacerbation upon the occurrence of another traumatic event or a sequence of traumatic events.
- 26 Sometimes this is referred to in the media as 're-traumatisation', but that concept does not tend to be used in the profession.
- 27 The process tends to be that traumatic events can give rise to traumatic memories. It is the memories that drive the neurobiological dysregulation that seems to be at the heart of PTSD. In this way, the stress reactivity of a person can change or deteriorate with each exposure to a traumatic event.
- 28 With each disruption to the stress system effected by traumatic exposure, the person becomes more vulnerable to mental illness, including PTSD.
- 29 For people living with PTSD, exposure to further traumatic events can significantly worsen the severity of the condition and its prognosis. It can also significantly reduce the prospect of any effective response to treatment.
- 30 The processes that I am referring to are evident in classic cases that I have seen. For example, police members will often tolerate a degree of trauma that would satisfy the diagnosis, but then keep working and become severely disabled because of ongoing exposure.

- 31 Another example is a detective who carries a memory of a particular crime scene. The detective may have that memory triggered by later attendance at a similar scene. The immediate crime scene can trigger a flashback to the previous event. It can result in the detective being unable to focus on the precise nature of the current evidence and properly be able to investigate the new crime. In this way, the previous memories can sit between the detective and the capacity to adjust and respond to present circumstances.
- 32 This said, a minority of people exposed to traumatic events experience or develop mental illness including PTSD. From my work in respect to the bushfires, and longitudinal studies of accident victims and Australian soldiers in Afghanistan, a significant majority of people exposed to trauma do not experience mental illness. Most people manage the acute aftermath of these events. The interesting issue is that symptomatic distress can and often does emerge with the passage of time. Again, however, it is still only in the minority.
- 33 Of those that do have a reaction to a traumatic event, by far the most vulnerable groups are those that have experienced previous trauma or have pre-existing mental illness.

Consequences of trauma from childhood abuse and/or family violence

- 34 I have already mentioned the greater risks presented by trauma that bears upon or breaches social taboos.
- 35 In addition to this, the experience of trauma from childhood abuse or family violence raises further risks. There are developmental periods in terms of brain development, particularly in infancy and in adolescence. The effects of child abuse or family violence upon a developing brain are likely to be more severe.
- 36 Child trauma is of particular importance because exposure to these sorts of events in childhood can disrupt the development of emotional regulation and a capacity for attachment. This can have very long-term consequences, in terms of an ability for emotional regulation and a capacity to form relationships.

Interpersonal violence

- 37 As I have noted, interpersonal violence can be at the heart of a traumatic event that can sponsor the commencement or exacerbation of PTSD symptoms.
- 38 However, the issue is particularly important for the further reason that people who are highly traumatised by violence can often respond to it by becoming increasingly violent themselves. Such people tend to respond to a threat by using excessive violence as a form of protection. The violence is in anticipated response to perceived threat.

Vicarious trauma

- 39 Vicarious traumatisation occurs when a person is not directly exposed to a traumatic event, but, typically, hears the stories of trauma and, progressively, themselves become affected.
- 40 Vicarious trauma can give rise to the full range of PTSD including intrusive images, flashbacks, nightmares, anxiety, depression.
- 41 This risk can present most seriously for police officers who are investigating historical sexual abuse claims; where they are given very graphic examples of the sort of abuse that has occurred.
- 42 Repeated and long-term exposure to these stories and mental images can be extremely disruptive to the mental health of such people. It can significantly impact upon their capacity to have a sexual life.
- 43 This can also occur in the legal profession, including in judges.

Impact of PTSD on physical health

- 44 People with PTSD experience a significant disruption of their inflammatory systems.
- 45 People with PTSD also have a higher susceptibility to severe infection compared with the general population.
- 46 For these reasons, I would expect that a person with PTSD would be at greater risk of death and serious infection as a consequence of COVID-19. The body has an inflammatory response to the virus, particularly in the lungs and kidneys. In people with PTSD, that response is already disrupted.

Treatment of PTSD

- 47 Phoenix Australia, the Centre for Posttraumatic Mental Health, publishes guidelines entitled 'The Australian Guidelines for the Treatment of Acute Stress Disorder and Posttraumatic Stress Disorder'.
- 48 The Guidelines provide information concerning the most effective treatments for PTSD. I understand that the third version of the Guidelines is in the process of being finalised by Phoenix Australia.
- 49 The first type of treatment identified in the Guidelines is psychological therapy, particularly –
 - a) cognitive behaviour therapy;

- b) prolonged exposure; and
- c) eye movement desensitization and reprocessing.
- 50 These treatments seek to get people to focus on the traumatic memory, including the emotional affect associated with it, and convert it into a narrative that allows them to distance themselves from the traumatic affect. It is a process of going over the experience repeatedly in order that it can be processed.
- 51 The evidence base for these treatments is good, and they can be effective, although not in about 33% of cases and other people do not wish to engage in exposure based therapies.
- 52 In my view, there can be a tendency to overstate the benefits of these treatments. We know, particularly amongst veterans, that while there are often improvements with these treatments, many people are left with the diagnosis.
- 53 The second type of treatment is medication. The 2007 National Mental Health and Wellbeing Survey found that PTSD is the most common disorder in the Australian civilian population.⁴ However, no drug company has developed a drug that specifically addresses the condition. Medication is often prescribed to deal with accompanying symptoms of depression and anxiety, although, as I have noted, there is no medication specifically to address the symptoms of PTSD.

Nature and impact of trauma following emergencies and disasters

The 'collective' trauma experienced by disaster-impacted communities

- 54 There are solitary traumas that are similar to collective traumas. For example, people can lose their home in a solitary house fire, but also in a collective disaster such as a bushfire. Traumatic experiences of both kinds can give rise to, or exacerbate mental illness, including PTSD.
- 55 In one way, however, collective disasters can be less problematic for the exposed individuals because there is often a much greater community focus upon the needs created by the disaster. Governments are also much more proactive in giving assistance.
- 56 In this sense, there can be a degree of protection that comes with being involved in a collective disaster because the horrific nature of the event and its effects are more widely understood and often better managed.

⁴ Slade J, Teesson W and Burgess P. The mental health of Australians 2: report on the 2007 National Survey of Mental Health and Wellbeing. Department of Health and Aging, Canberra, 2009.

- 57 For example, there are attempts at the moment to improve the health services and to identify who is at risk in regions that have recently been affected by bushfire. However, the same general support and community outreach would probably not be occurring around a person that had lost their home in a solitary house fire.
- 58 On the other hand, one of the adverse challenges that can be created by a collective disaster is that the community can become stuck in an identity affected by the disaster. Over time, empathy in the broader community can dissipate and the affected community can almost become trapped in a victim identity and find it difficult to move into a more adaptive stage of reconstruction and getting on with life.
- 59 That is always one of the real challenges in providing support to communities after disaster it can be important not to over-interpret the consequences of a disaster and to underplay the other difficulties within that community. If you blame everything on the disaster you can sometimes miss some other very substantial issues.
- For example, I have recently completed writing a report concerning the 2017 Grenfell Tower disaster in London. Some of the affected families were refugees or from war-torn countries and were also affected by significant social disadvantage. One of the real challenges is that if you ascribe all of the difficulties to the fire, you actually do not provide a helpful narrative, because part of the issue is that these people have come to England seeking a sense of safety and it is that safety which they have lost because of the fire. The impact of the disaster is that it keeps alive many of the issues that the victims were escaping from.

Impacts of emergencies and disasters in the immediate, medium-term and long-term

- 61 Support in a community in the immediate aftermath of an emergency or disaster is important, but support in the medium term and long term is crucial.
- 62 Evidence from follow up of disaster affected communities show that often rates of disorder increase with time at the very point when services are being withdrawn. The critical issue is to plan a system that sustains and improves the mental health services provided within those communities over the longer term.
- 63 One of the real aims for a post-disaster service should be to create more effective and skilled mental health services that can deal generally with the affected communities into the future.

Factors that increase and reduce the likelihood that people will experience mental illness following a disaster

- 64 I have already discussed the factors that can increase the likelihood that people will experience mental illness following a disaster, including the extent to which the person has already experienced trauma.
- 65 I have also referred to the fact that collective disasters can have a protective function that can reduce the likelihood that people will experience mental illness following a disaster.
- 66 In my view, one of the most important things after a disaster is for effective programs to be put in place to support and rebuild the affected communities. The evidence is that if you stay within a disaster affected community your mental health in the longer term is more affected by the stresses and the strains in the post-disaster period, than it is by your exposure to the event.
- 67 In this regard, the complexity of providing supports to people after a disaster is often underestimated. For example, if there have been 900 homes burned in a community, how do you rebuild those homes quickly? How do you distribute donations among the communities? There are many complexities that arise, but their successful management and the administration of the overall response to the disaster is crucial if the risk to the mental health of the affected community is to be reduced. Anything that can be done to expedite reconstruction, minimise conflict within the community about the distribution of resources and to minimise complaints about, for example, insurance responses, is of significant importance and potential beneficial effect.
- 68 Further, the availability of effective healthcare is critical, as health infrastructure is quite often impacted by a disaster. In addition, the local general practitioner or nurse or social workers themselves may have been victims. One of the central issues is about how you supplement, sustain and support the local health system.
- 69 One of the difficulties that we have in Australia is that the Federal Government essentially funds private practices and the State Governments provides much of the mental health system, workers' compensation system, emergency services and the private hospital system. The interfaces between those services really need to be managed, particularly following a disaster. Although there is often a general desire to have effective interventions, these interfaces can be very difficult to manage, although their effective management can make a very significant difference in reducing the long term effects of trauma on affected communities.

Supporting recovery from trauma

- 70 Identification and diagnosis are the core issues in respect of supporting recovery from trauma.
- 71 We know that people with PTSD are frequently not diagnosed. Follow up research of the accident populations in Victoria, South Australia, Queensland and New South Wales identified that a significant number of those people were not identified as suffering the consequential effects of trauma. These populations were being treated in our best public hospitals and followed up through the general practices. They were also being screened with structured diagnostic interviews. But the effects of trauma were still not necessarily being identified and in many cases those effects were undetected.
- 72 One way to overcome this may be that when anybody comes to any trauma service with physical injuries, they should be properly screened for the psychological effects of trauma, not just for acute physical effects.
- As I have also mentioned, as many people have a late onset of symptoms, there really should be ongoing support and follow up, again using appropriately structured tools.
- 74 In mental health services generally, there is a lack of training that focuses upon psychological trauma. In my view, the training that most psychologists and psychiatric residents receive in this field is inadequate. The development of a properly trained mental health workforce to deliver trauma-informed care is a critical priority but requires oversight and funding. Much more research is available in the field and a detailed understanding of the effects of trauma is of great clinical importance.
- 75 I think that the position has actually got worse, particularly since the closure of the Repatriation Hospitals. The Repatriation Hospitals used to be the one focus in the health system that really provided some opportunities for the training of registrars and clinical psychologists in this area, but they have now been lost.
- Further, those who manage services often completely underestimate the need to create training opportunities and expertise in this domain.
- In my view, part of the reason for this, is the abiding scepticism about the effects of psychological trauma. Another part of this scepticism is that the delivery of mental health services is often based on or directed by acuity. It will be people who are the most behaviourally disturbed that are the ones who are dealt with in the emergency departments and inpatient units, and we completely ignore a whole population of people who probably would never be admitted to inpatient services. That is shown in the lack of outpatient care or outreach services directed to those affected by trauma.

- 78 Another issue about trauma is that the effect of it is actually distributed widely across the entire system: general practice, private practice, hospitals, emergency services, worker's compensation, veterans, criminal justice, Department of Community Services, Department of Education, insurers and more. All of them have exposure to people affected by trauma, but there is no centralised or co-ordinated understanding of the problem or response to it. All of these institutions spend money on the problem often indirectly but that money is not co-ordinated and therefore often spent ineffectively because there is no centralised expertise or development of co-ordinated quality care.
- 79 By contrast, in the area of cardiology the cardiologists and academic cardiologists all work together in the main teaching hospitals. This is where registrars are taught a high quality of care and it is where the research occurs. However, for PTSD there is a very limited primary research focus in hospitals or any properly funded clinical services. Generally speaking, there are no co-ordinated services that really think about how you bring professional knowledge into establishing and ensuring quality standards of care.

Interventions for preventing and minimising the impact of trauma and mental illness

- 80 There is no evidence to support that preventive interventions such as debriefing are effective in minimising the impact of trauma.
- 81 In my view, the critical issue is screening and early intervention for those with significant symptoms. Early intervention is critical to preventing chronicity and decreasing responsiveness to treatment as the duration of illness increases. It also lessens the secondary comorbidities such as substance abuse and relationship breakdown.
- 82 There are more similarities than differences in the care provided to support the recovery of victims of different types of trauma. What is important is that the cultural issues are addressed such as for emergency service personnel and veterans. Evidence supports that the same forms of psychotherapy are effective in treating trauma independent of the type of event that led to the disorder.

Adopting a 'trauma-informed' approach to mental health

- 83 A trauma informed approach is training people to recognise, understand and be sympathetic to the effects of trauma and therefore be able to tease them out with the patients and treat them accordingly.
- 84 From my experience as a clinical director of an Adelaide health service, I think that the quality of the histories taken from patients in acute psychiatric units are less sophisticated and sensitive to trauma than they should be. I have already dealt with the lack of sufficient training in respect to the field of trauma and its effects. If the experience of trauma and

effects was better understood, mental illness would be better understood, managed and treated. That would be trauma informed care.

85 I was involved in providing advice to the Japanese Government after the earthquake in Kobe. One of the other psychiatrists involved was a Director of Mental Health in San Francisco. It was realised that if they ever had a huge earthquake in California, they would never have enough properly trained mental health professionals to put in place. What they did was to get all of their mental health professionals working in the public system in order to spend one day working with a trauma population. The quality of their care more generally then improved dramatically – because these people brought their understanding of trauma informed care into the breadth of their clinical work. The introduction of trauma informed care had a transformative impact on the operation of that mental health service.

Implementing effective system wide trauma informed and recovery-oriented approaches

- 86 People affected by trauma have contact with many different clinical services, for example orthopaedics units, emergency departments, burns services, sexual assault services and cardiology units. Accordingly, there is a need in many clinical settings for trauma informed care, support and treatment.
- 87 In my view, centres of excellence for mental health and trauma should be established on a nationwide level to act as advisors and knowledge translators.
- 88 Very often, both mental health and trauma are not viewed or approached broadly and with an understanding of their role in many and varied presentations and diseases. Research indicates that that there is a broad range of risk factors, genetic and biological, for psychiatric disorders, and there are many shared mechanisms that go across the spectrum of disorders. It follows that centralised and co-ordinated research and assembly of learning and knowledge is vital in order that sophisticated understanding can be assembled and imparted.
- 89 Peak bodies of this kind can be a resource for the entire system as a central repository for knowledge, learning and research. In this way, knowledge acquired in response to disasters would not so readily be lost. That is a significant problem at present because there is no such central body and the lessons learned in past disasters tends to be lost over time.
- 90 The provision of trauma informed care goes beyond mental health services. If you work on a burns unit, if you are working in an orthopaedic surgery unit or if you are a cardiologist, you need to know about trauma. People who have had chemotherapy for cancer can develop PTSD as a consequence of some of the treatments they receive. There is a great deal to be gained across the entire health service from the establishment

of peak bodies across the nation that facilitate knowledge accumulation, research and sharing.

- 91 General practitioners are the people who should have the best training and access to knowledge in this domain because they will commonly be the practitioners who will treat the victim of family violence who is not severe enough to have gone to an emergency department. With access to knowledge of this kind, the general practitioner will be able to understand the circumstances and the consequences of trauma and institute appropriate treatment.
- 92 As I have indicated, there is evidence that PTSD is a systemic illness; that it can increase the rates of cancer, autoimmune disease and cardiovascular disease. These illnesses have considerable consequences for peoples' health and the system generally. At the present time, that body of evidence has little to no impact on the way that such patients get managed. There is no one within the system who is really making the case for these issues.
- 93 That would be the role for the peak bodies that I have referred to. With a central network of peak bodies, excellence would be given a focus and there would also be a focus for funding that, as I have indicated, is presently fragmented and spread across a range of institutions in seeking to meet a problem that is presently very largely unmet.

Supporting recovery from trauma following emergencies and disasters

- 94 As I described above, at the heart of supporting recovery from trauma would be the establishment of nationwide centres for excellence. This would also assist with response and recovery to emergencies and disasters.
- 95 As I have indicated, in my view one of the great tragedies is that people quickly lose knowledge about how to manage these tragic events. Once you have a peak body that can speak with authority and retain knowledge over time, it can be a trusted source when times of disaster emerge. This helps the community both to look to that body for information, and with community resilience because there is a trusted body that can be looked to. Without a peak body of this kind, all of that knowledge is dissipated through the system and at risk of being lost.
- 96 The way to help individuals is to have a system that maintains knowledge within it in an organised way, which should then be imparted to clinicians and other health workers. This would ensure those that are treating people have appropriate information based in peak research. In this way, health workers at all levels in the system would be equipped to get the best results.

97 In the trauma field, we also need to develop treatments for the people who are treatment resistant or relapsing. At present, we do not have a stepped system of care – the people who don't do well in treatment have nowhere to go.

Treatment and care needs of individuals in the justice and forensic system

- 98 Prison can be a distressing environment, particularly for female prisoners who have experienced a history of abuse through substance abuse or interpersonal violence. Without overgeneralising, prisoners tend to have a rate of significant mental health difficulties that have arisen because of their traumatisation. There are real opportunities to try and turn prisons into systems of reform by bringing this this body of trauma informed knowledge into those environments.
- 99 The threat of being in prison presents significant difficulties to implementing a trauma informed approach. Part of what needs to be done is to give people the skill sets to survive in prison so that they are not further traumatised in that environment.

Strengthening the mental health workforce and the need for a whole of government approach

- 100 A whole of government response to trauma would improve the ability of the mental health workforce to deliver trauma informed care. As discussed above, there should be a network of peak bodies with the ability to coordinate the response to trauma across the community. This would result in greater identification and diagnosis, particularly as there would be a coordinated approach to research and training.
- 101 In the field of cardiology, there have been very significant improvements in treatment, particularly as the broad body of scientific research has impacted and informed clinical practice. However, in the field of PTSD there has been a vast body of neuroscientific research, but this has little or no impact upon clinical practice. A real challenge for the peak bodies would be to translate more sophisticated modern neuroscientific learnings into advances in clinical practice.
- 102 In my view, we are lacking a whole of government understanding of the need to create a skilled workforce with an understanding of the effects of trauma. There should be consultation with universities, particularly with the psychologists, as to what particular programs will ensure adequate quality of training.
- 103 As discussed above, one of the other challenges within the current system is the fragmentation of spending across different organisations involved in responding to community mental illness affected by trauma. For example, the fire, ambulance and police all have different systems of care for their emergency services workers because they all have different budgets and different ministers.

- 104 There has been a recognition of these issues in Canada, where the Federal Parliament has recently passed a Post-Traumatic Stress Disorder Bill. This initiative is one that governments in Australia should consider at a Commonwealth and State level.
- 105 The 2019 report released by the Productivity Commission Inquiry on the Compensation and Rehabilitation of Veterans found that the Department of Veteran Affairs has lost its epidemiologists and clinicians, who were previously an important culture carrier. This has been a particular and significant loss. It is important that the system have centres of knowledge, learning and excellence. This tends to lead to a more sophisticated understanding of the issues and, in turn, better outcomes. The independent review of Departments is important to highlight the deficiencies that administrations seldom address without external review.
- 106 In my view, in order to produce a more humane system the workforce should be assisted to understand what trauma does to people and how they can be treated in order to mitigate these dreadful experiences both for the individuals involved but also for their family and, often, many others that they come into contact with. It is important to protect the next generation from the consequences of their parents' traumatic experiences, as trauma impacts parenting.
- 107 This again highlights the need to address trauma at a whole of government level. To address or limit something that can have multi-generational effect, there needs to be a system that actually treats people in a coordinated way guided from the top by excellent co-ordination of knowledge and research rather than the presently fragmented system.

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print name Prof Alexander C McFarlane AO

date 14 May 2020





Royal Commission into Victoria's Mental Health System

ATTACHMENT AM-1

This is the attachment marked 'AM-1' referred to in the witness statement of Alexander McFarlane dated 14 May 2020.

PROFESSIONAL BIOGRAPHY SUMMARY

Professor McFarlane has had an outstanding and internationally recognised career as a researcher, clinician and advocate in the field of traumatic stress. He has made major contributions to multiple dimensions of this field since commencing his career in this area in 1983 and is one of the most cited and influential researchers in the field of traumatic stress. He has been a tenured Professor of Psychiatry at The University of Adelaide since 1990 and holds the position of Director at the Centre for Traumatic Stress Studies.

Clinical and Health Care Practice and Policy

National Roles

1. The Defence Force and the Department of Veterans Affairs

Professor McFarlane has contributed to multiple forums that have involved the translation of his research findings into policy and health service delivery systems. In recent years he has been a senior advisor to both the Australian Defence Force and the Department of Veterans Affairs in Australia. Given the public profile of the impact of the recent wars in Iraq and Afghanistan, his expertise derived from his research and clinical knowledge has played a pivotal role in both the occurrences of numerous inquiries and the development of policy and issues. He has also contributed to the Specialist Medical Research Council of the Repatriation Medical Authority, examining the issue of the nature of trauma exposure that leads to PTSD as a determinant of pension entitlements for veterans.

In these roles he has been an enduring advocate for the improvement of services for military personnel and veterans. He has actively requested to contribute to various Parliamentary inquiries by the Joint Standing Committees of the House of Representatives and Senate on Defence, Foreign Affairs and Trade. He has also advised veterans' organisations in the area of addressing the needs of their members. This is an ongoing body of work and a domain that presents an unusual opportunity to demonstrate where high-quality research can directly impact on policy, clinical health delivery and public debate.

In the last decade and a half, Professor McFarlane has been a key leader in the development of an improved knowledge base that has driven clinical and service delivery developments in the field of military and veterans' mental health. He has instigated and driven some of the largest projects ever conducted in military environments internationally over the past 10 years. These include an interview based mental health study of the entire Australian Defence Force, a study of all troops deployed to the Middle East from 2010 to 2012 and a study of all veterans of the Middle East Area of Operations. This body of research then led to the recently completed Transition and Wellbeing Research Programme that has tracked the mental and physical health of this cohort and how they have adjusted when transitioning from military service. This body of research, in which he has played a pivotal role, has become a key driver for improved models of prevention, screening and targeting of service delivery in both the Australian Defence Force setting and also the veterans'

community. He has done this through his role as an independent academic as well as the senior ranked psychiatrist (Group Captain RAAF SR) in the Australian Defence Force, a role in which he advised Joint Health Command. His involvement in this domain since 1992 means that he has been a key culture carrier and advocate for change in the context of the emerging knowledge on military and veterans' health.

The 2010 ADF Mental Health Prevalence and Wellbeing Study was described in a joint press release from the Prime Minister, Minister for Defence and Minister for Veterans' Affairs as being *"the first comprehensive assessment of the overall mental health of serving personnel and was a world first for this type of study in a defence population"*. This report reflects the importance of Professor McFarlane's research leadership to organisations that are committed to developing a knowledge-base to drive service needs. This report in particular, led to the development of the ADF Mental Health and Wellbeing strategy referred to by the Prime Minister at the time of the release of that report.

2. Expert Witness

Professor McFarlane's impact on policy and practice extends into other domains. He has been involved in a range of litigation, both in Australia and in the United Kingdom, that has been seminal to case law. This litigation involved the active scrutiny of large bodies of research and their relevance to public policy through questions of negligence and liability, particularly for the emergency services and for the military. The outcomes of this litigation, in turn, has directed changes and translation into practice because it defined the standards of expected care on the basis of current knowledge.

The NSW Police Force is the third largest police force in the world and a substantial body of litigation has occurred about their failure of duty of care to serving officers. As a consequence of Professor McFarlane's roles as an expert witness, substantial improvements have occurred to decrease the risk of adverse health outcomes to officers. These judgements have translated into other emergency service organisations. The importance of the emergency services being informed by current knowledge is reflected in the establishment of specific academic programs in New South Wales to conduct research in this area.

He has similarly been involved in litigation about the sexual abuse of minors by the clergy, which has been important to bringing these issues to public awareness, as reflected in the recently established Royal Commission into child sexual abuse. He was also a key witness in the first successful claimant of the stolen generation litigation. Also, his research following the Ash Wednesday Bushfires led to a substantial body of litigation that allowed the victims to recoup damages from the electricity authority that had caused a number of the bushfires. He also played a key role in the test case after the Black Saturday Bushfires and was asked to provide a substantial report for the Royal Commission investigating these fires. His engagement in these domains has played an essential role in translating academic knowledge into public policy through the independent supervisory role of the legal system. In summary, his role as an expert witness has been seminal in a number of major litigation cases that have served as precedents for future health policy.

3. Emergency Services

In the occupational health domain, he actively engages with the emergency services across Australia providing advice about the issues of assessment, prevention and early treatment. This has involved the translation of his experience in military populations and in the broader civilian community, in particular the police, ambulance and fire services. This work began in the aftermath of the Ash Wednesday Bushfires in 1983. He was a member of an expert panel that examined a series of suicides in the St Johns' Ambulance service in Western Australia, which made extensive recommendations for improved mental health care. He has been a member of the Medical Board for the South Australian Fire Service and a consultant to the South Australian Police Service, demonstrating a willingness to engage not only at a national level but also at a local level in terms of policy and practice development.

He was the senior investigator of the first study to be conducted of an emergency service using a comparable methodology to national studies of mental health, in the South Australian Metropolitan Fire Service. The results of this study led to major improvements in prevention and care for the mental health of the MFS firefighters. These changes were recognised by a recent national award to that service.

4. Treatment Guidelines

In the more general domain Professor McFarlane has also contributed with other members of the program grant application to the NH&MRC Treatment Guidelines for PTSD. These were first promulgated in 2000 and revised and updated in 2013. The detail of the analysis of the evidence and the program for dissemination has meant that these guidelines have been influential beyond Australia. On a national basis, they have had a critical role in directing policy in government departments and private sector organisations. Professor McFarlane also assisted as a member of the committee that developed treatment guidelines for emergency service workers that was coordinated by The University of NSW.

These guidelines follow the first guidelines that were developed by the International Society for Traumatic Stress Studies, which he oversighted in his role as President.

5. Media Involvement

He has been a regular media commentator on topics relating to the impact of disasters and other traumatic events, such as terrorist attacks and war. He also actively engages with the media to advocate for better care for emergency service personnel, including playing a central role in the ABC Four Corners program "Insult to Injury". He has appeared on Late Line, the 730 Report, Insight, and AM and PM of ABC Radio National.

Having worked in the broader health systems, he has been able to play a major role in highlighting the relevance of the field of traumatic stress above and beyond the confines of the narrow populations that are often seen as being the primary focus of the application of this knowledge and information.

He has also appeared and assisted in the scripting of an educational video "Into the Light", that was judged third place overall in the Medical /Health Category at the 35th US International Film and Video Festival in Los Angeles. The video was awarded a certificate for creative excellence.

State-based Activities

At a state level, Professor McFarlane has also been the mental health representative on the Veterans Health Advisory Counsel and has chaired the Mental Health Sub-Committee. Importantly, this group has worked on the barriers and difficulties identified when implementing federally devised health policy at a state-based level. This has had an important role in devising systems of care that focus on the most vulnerable group of veterans. Importantly, Professor McFarlane has been able to feed this information back through the key roles that he has in Defence, such as sitting on the ADF Mental Health Advisory Group.

As the foundation chair of the board of STARRS, Professor McFarlane has played an active role in setting up a service to provide treatment for the victims of torture and trauma in South Australia. This service addresses the unmet needs of the refugee population in South Australia.

Following the Ash Wednesday Bushfires, Professor McFarlane chaired a Department of Health committee to review the provision of health care following disasters, and as well assisted in writing a report for the Minister of Health into the impact of that disaster. The recommendations were, in part, based on the research program that he had undertaken.

He has also advocated for the South Australian Mental Health Services to take more account in their role by way of their presentation and management, as to how violence and abuse is experienced by individuals with psychotic disorders. This approach included highlighting the traumatic impact of psychosis and the distress this causes the sufferers. He oversighted two research projects looking into the prevalence of trauma in female prisoners and those imprisoned but found not guilty on grounds of insanity. The findings highlighted the importance of a humane understanding of those in incarceration. He has identified the role of traumatic stress as a predictor of suicidal thinking and behaviour in these populations and the need for trauma to be addressed in clinical care. He was committed to this activity whilst being Head of the Academic Department of Psychiatry at The Adelaide University and the Clinical Director of the North Western Adelaide Mental Health Service, providing care for a population of half a million people, prior to taking up his current position.

International Policy and Roles

In the course of his career Professor McFarlane has had multiple roles in international settings in both the disaster and military domains. He represented the Australian Defence Force as a Group Captain (Specialists Reserves) on the NATO Panel for

post-deployment syndromes. In December 2012 he advised a combined ministerial meeting of Defence Ministers, from the USA Canada, Australia and New Zealand, on the issue of mild traumatic brain injury. He also represented Australia's Department of Veterans' Affairs at a Senior International Forum between these four allies. In these roles his research expertise and clinical knowledge has been highly influential in directing both clinical policy and future research agenda. He was also engaged as a leading expert witness in a major litigation in New Zealand, Britain and Northern Ireland, which related to the care of veterans and police in the Royal Ulster Constabulary during the IRA troubles.

In the area of disasters, he has played a role as a consultant for major disasters in Italy and Japan and following the tsunami in 2004 in Asia. He has also played an ongoing advisory role in relation to bushfires and cyclone disasters that have occurred in recent Australian history. He has been an advisor to the Kuwait Government and the WHO on the impact of the 1990 Iraqi occupation of Kuwait. He wrote a report for the United Nations Compensation Commission about the impact of the Iraqi occupation on the Kuwaiti population and he chaired an advisory board that assisted in developing mental health services to address the mental health consequences of that war.

He has supervised a PhD program examining the impact of this war on Kuwaiti military personnel. He has also supported programs and the development of interest in the PTSD field in China, through the work of a PhD student. After the Kobe earthquake, he had an ongoing relationship with the clinicians who dealt with the impact of that disaster. Their work led to the establishment of the Hyogo Institute for traumatic stress, which was a culture carrier for knowledge about PTSD that has led to a major change in Japanese psychiatry. His engagement with the networks for mental health professionals in South East Asia was highlighted when he was invited in 2006 to be the first speaker to run a two-day workshop for the Asian Society for Traumatic Stress Studies, a group representative of academics from the region who had an interest in the field of trauma. This invitation reflected the regard in which his research and leadership was held at that time.

An example of his continued contribution to the field of disaster management was again highlighted by an invitation to Modena in Italy in 2012 to assist in the development of a psychosocial rehabilitation intervention plan and research agenda following the recent earthquake at the time in Northern Italy that left some 250,000 people homeless. In the setting of his attendance, a major regional conference was created where he was the major discussant, bringing together a variety of sectors involved in disaster relief as well as health service providers and academics. This involved active engagement with the national disaster relief organisations in Italy as well as regionally based interventions. He has recently been asked to advice on the community recovery program after the Grenfell Tower disaster in London.

His role as a translator of research and clinical developments in the field of traumatic stress was also recognised by invitations in 2009 and 2011 to provide plenary and keynotes presentations in the field of traumatic stress at the World Psychiatric meeting, a meeting where the main focus was general psychiatry. This reflected his ability to synthesize and translate the relevance of this field to the broader domains of

mental health.

Memberships/Boards/Organised Meetings

Apart from a broad range of interest in his research career, Professor McFarlane has also played a central role in the development of both professional societies and victim organisations. This has occurred through his direct activism, publications, lectures and contributions to professional organisations. He has also been one of the people who have contributed to the development of an international network of knowledge and professional groups in the trauma field. He has done this through his involvement and prolonged membership on the Executive of the International Society for Traumatic Stress Studies. He was the first elected non-US President of the International Society of Traumatic Stress Studies as well as serving in the roles of Secretary and Treasurer.

He chaired the Ministerial Scientific Advisory Committee in 2005, which was about the feasibility of studying the health of the children of Vietnam veterans. He was on the Board of Research for the RANZCP from 1994 to 2007. He was a member of the Scientific Advisory Committee that oversighted the DVA funded study of the impact of the First Gulf War on ADF personnel.

He has held a range of advisory roles with Phoenix Australia and is on the ANZAC Centenary Institute, expert advisory council.

He was on the board of the Centre for Military and Veterans Health and played an instrumental role in winning the Federal Government tender for this Centre. He was one of the founding members of the Australasian Society for Traumatic Stress Studies and served on the Executive until 2001, including holding the position of President. During this period, the world conference of the ISTSS was organised in Melbourne and have over 1,000 attendants.

Research

Following the Ash Wednesday Bushfires, Professor McFarlane pioneered longitudinal studies of traumatised populations, including emergency service workers, disaster victims, and children. This research explored a variety of contributing factors to the emergence and maintenance of posttraumatic symptomatology. These children have now been followed up some 22 and 35 years later. This body of work has led to a long-standing interest into modelling the aetiology of posttraumatic syndromes and their longitudinal course and demonstrates the cumulative impact of multiple trauma exposures in the Australian community. A similar study has been conducted of a population who were assessed five times from the ages of 0 to 13 in the lead exposed community of Port Pirie. Through Professor McFarlane's involvement in epidemiological research, he has been part of group that has continued to model the impact of trauma at a population level. He was involved in contributing to the design of the first National Mental Health and Wellbeing Survey in Australia and the analysis of the data from both studies.

The epidemiological research of veterans has also been a domain where Professor

McFarlane has played a central role. Firstly, he was the psychiatric member of the Scientific Advisory Committee and was involved in the design of the study of Australia's First Gulf War veterans, a study conducted by the Monash group headed by Professor Sims. He has been an investigator with in a second follow-up of this population and the Near North Deployment Health Surveillance studies conducted by the Centre of Military and Veterans Health. These data have had important ramifications for a better understanding of the cause and morbidity arising out of modern deployments. The methodology formed the basis for the 2010 ADF Mental Health Prevalence and Wellbeing Study and the MEAO studies where Professor McFarlane was the initiating principal investigator. This program then led to the currently being completed Transition and Wellbeing Research Programme that is contributing to significant service development to improve the care of veterans.

As part of an NH&MRC program grant funded group, he was also involved in a study of 1,000 injury survivors admitted to hospital who have now been followed for a period of 6 years. This has identified the prolonged impact of these events and the role of pain and the compensation process in their long-term outcomes. This study has also highlighted that delayed onset PTSD is far more prevalent than was previously anticipated.

Professor McFarlane's interest in the biology of posttraumatic stress disorder has also focused on employing the temporal dynamics of cognition using event related potentials. Along with his collaborators, he has led the exploration of this domain in background information processing in PTSD using multimodal imaging, characterising the significant abnormalities in working memory in PTSD. He collaborated as an investigator, focusing on the information processing component of the Harvard Twin Study that has explored the biological correlates of PTSD in monozygotic twin pairs discordant for exposure. This work has highlighted the role of the abnormalities of working memory to current environmental stimuli in posttraumatic stress disorder. These abnormalities are important determinants of disability in PTSD. Most recently he has been the senior investigator studying the neurobiological changes observed before and after deployment in 800 ADF personnel, including neurocognitive change and inflammatory mediators. This study has highlighted the importance of subsyndromal disorder and its biological underpinnings as a predictor of later morbidity. This body of work has made an important contribution to the theoretical underpinnings of the role of memory in posttraumatic stress disorder.

Through his involvement in dealing with the chronically mentally ill, he has been interested in the application of the findings in the more general field of trauma to psychiatric patient populations. In a series of ongoing investigations with his collaborators, he has investigated posttraumatic reactions as a consequence of psychotic disorder as well as the contribution of traumatic stresses to the onset of psychotic illness. This research provides the opportunity to challenge some of the more prejudiced views of the mentally ill, which are derived from an excessive focus on genetic risk factors.

He also has a broader research interest in the representations of trauma in the literature and the historical development of the ideas that have framed the intellectual and social understanding of the effect of traumatic stress. In the broader domain of research, he played a role as a member of the Board of Research of The Royal Australian & New Zealand College of Psychiatrists until early 2007.

Citations and Publications

Professor McFarlane has one of the most enduring and recognised track records internationally in the field of traumatic stress. The citations of his longitudinal studies emphasises the impact that his work has had on modelling the longitudinal course of PTSD in adults, children, military, and emergency service personnel. He has contributed to the knowledge base in the domains of epidemiology, neurobiology and treatment and is regularly asked to contribute opinion pieces to journals. The impact of his work however, has gone significantly beyond this field.

Apart from his over 330 publications in refereed journals he has also edited three books. Professor McFarlane played the initiating role in developing the book Traumatic Stress edited with Van der Kolk and Weisaeth, which was an attempt to summarise the critical areas of knowledge in the trauma field one and a half decades after the emergence of the field. This has been the most purchased edited academic text in the field of traumatic stress and has been translated into Russian, Chinese, German and Japanese. This text has been quoted some 3,474 times according to Google Scholar and has sold over 65,000 copies. This represents the major contribution that Professor McFarlane has played in the synthesis of the clinical, historical, neurobiological and therapeutic issues in the field of traumatic stress.

He edited the proceedings of a meeting organised with Dr Rachel Yehuda for the New York Academy of Science on the Neurobiology of PTSD and was also involved in editing the International Handbook of Human Response to Trauma published by Klewer Academic/Plenum Press in 2000.

Awards

Professor McFarlane has received the following awards, reflecting his contribution to the field:

- 1986 Organon Junior Research Award: Awarded by R.A.N.Z.C.P. to a Fellow under the age of 35 who has published the most significant research work.
- 1999 Meritorious Service Award the International Society for Traumatic Stress Studies;
- 2003 Robert S. Laufer, PhD, Memorial Award for Outstanding Scientific Achievement in the field of posttraumatic stress disorder;
- 2005 Victorian Public Health Research Excellence Awards for the Australian Gulf War Veterans' Health Study;
- 2008 RANZCP's Organon Senior Research Award for the outstanding contribution to psychiatric research in Australia in the previous 5 years;
- 2008 Australasian Society for Psychiatric Research Founders Medal for outstanding contributions to psychiatric research in Australia;
- 2009 Lifetime Membership Award for notorious service Australasian Society for Traumatic Stress Studies;

- 2011 Officer of the Order of Australia Australia Day Honors List recognising "outstanding contribution to medical research in the field of psychiatry, particularly posttraumatic stress disorders, to veterans' mental health management, and as an author"
- 2012 The Lifetime Achievement Award International Society of Traumatic Stress Studies recognising an outstanding and fundamental contribution to the field of traumatic stress;
- 2016 One of only three Australians to be awarded an *Honorary Fellowship* of the *American Psychiatric Association* in recognition of his contributions to the field of traumatic stress in psychiatry.

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CURRICULUM VITAE

PROFESSOR ALEXANDER COWELL MCFARLANE AO

PERSONAL DETAILS

Name:	Professor Alexander Cowell McFarlane AO
Postal Address:	Centre for Traumatic Stress Studies Level 1 / Helen Mayo North 30 Frome Road ADELAIDE SOUTH AUSTRALIA 5000
Telephone:	08 8313 5200
Facsimile:	08 8313 5368
Date of Birth:	27 May 1952
Nationality:	Australian
Education:	Collegiate School of St Peters - 1958-1969

1964 Henry Ayers Scholarship – awarded to a boy in Prep who will be proceeding to the Senior School in the following year. Selected based on school results, ability and keenness in School sports, general character and good behaviour

1964 Year VII Proficiency Prize for Top Student

1967 Caterer Scholarship – for ability in school lessons, fondness and/or proficiency in school games and sports, and in particular strength of character, loyalty to the School and powers of leadership

1967 May Scholarship - highest Chemistry score in the end of year examinations

1968 Bill Bullock Memorial Prize – House prize

1968 Top of State Leaving Economic History Examination

1969 Bowman Scholarship - highest Physics score in the end of year examinations

1969 Robin Callaghan Memorial Prize – award for Scouting on recommendation of Heads of Departments

1969 WH Irwin Memorial Prize – for Modern History in the Sixth Forms

1969 18th in the State Year 12 Matriculation Examination

SPORTING PRIZES AND MEDALS

1965 Under 13 Athletics Champion and 75 yards Hurdles record holder

1969 Open Javelin Champion.

1973 CB Sangster Medal for the Most Improved Player in the University of Adelaide A1 Amateur League Australian Rules Football Team

QUALIFICATIONS

1976 M.B., B.S., with Hons, University of Adelaide.	
1980 M.R.A.N.Z.C.P. Royal Australian and New Zealand College	of
Psychiatrists	
1983 Diploma of Psychotherapy, University of Adelaide.	
1985 F.R.A.N.Z.C.P. Royal Australian and New Zealand College	of
Psychiatrists	
1990 M.D., University of Adelaide.	

PRIZES, SCHOLARSHIPS AND AWARDS

- 1972 The Herbert John Wilkinson Memorial Prize (Top Distinction in Anatomy).
- 1972 The Wood Jones Scalpel (Top Distinction in Practical Gross Anatomy).

1973	The Junior Roche Prize (Top Distinction in Pharmacology).
	The Smith Kline and French Prize in Microbiology.
	The Dr. Davies-Thomas Scholarship (Top Distinction in Fourth Year).

- 1974 The Keith Sheridan Prize (Top Distinction in Fifth Year). The Mead Johnson Paediatric Prize (Top Distinction in Paediatrics).
- 1975 The Everard Scholarship (Top Distinction in Final Year).
- 1975 The William Gardner Scholarship (Top Distinction in Surgery).
- 1975 The William Gardner Prize (for merit in Surgery and other subjects).
- 1975 The Thomas L Borthwich Memorial Prize (Top Distinction in Public Health and Preventative Medicine).
- 1975 The H.K. Fry Memorial Prize for Psychological Medicine (Top Distinction

in an essay in the field of Psychological Medicine).

- 1975 Frank S. Hone Memorial Prize (Top Distinction in Medicine).
- 1986 Organon Junior Research Award: Awarded by R.A.N.Z.C.P. to a Fellow under the age of 35 who has published the most significant research work.
- 2003 Robert S. Laufer, PhD, Memorial Award For Outstanding Scientific Achievement in the field of Post Traumatic Stress Disorder.
- 2005 Winner 2005 Victorian Public Health Research Excellence Awards for the Australian Gulf War Veterans' Health Study, International Academy.
- 2008 Winner RANZCP's Organon Senior Research Award.
- 2008 Winner Australasian Society for Psychiatric Research Founders Medal for outstanding contributions to psychiatric research in Australia.
- 2009 Winner of Lifetime Membership Award Australasian Society for Traumatic Stress Studies.
- 2011 Officer of the Order of Australia Australia Day Honors List The award recognises outstanding contribution to medical research in the field of psychiatry, particularly posttraumatic stress disorders, to veterans' mental health management, and as an author.
- 2012 Winner of the Lifetime Achievement Award International Society of Traumatic Stress Studies. This award recognises years of service and leadership in the field of traumatic stress.
- 2017 Honorary Fellowship of the American College of Psychiatrists

PRESENT POSITIONS

2011 to present	Director of The University of Adelaide, Centre for Traumatic
	Stress Studies, South Australia.
2005 to 2011	Director of The University of Adelaide Node of the Centre
	for Military and Veterans Health, South Australia.
2004 to 2012	Clinical Professor at University of Queensland.
2001 to 2011	Director for the Centre for Military and Veterans Health.
	Senior Psychiatric Advisor, Australian Centre for
	Posttraumatic Mental Health.
2000 to present	Senior Advisor to Director General, Defence Health Service
_	Branch on Mental Health.
	Advisor in Psychiatry to Department of Veterans' Affairs.

1998 to 2005	Head, Department of Psychiatry, The University of Adelaide, South Australia.
1991 to present	Clinical Professor, The Flinders University, South Australia.
1990 to present	Professor of Psychiatry, The University of Adelaide, South Australia.
	Senior Visiting Medical Specialist, Royal Adelaide Hospital,
	South Australia.
1990 to 2005	Senior Visiting Medical Specialist, The Queen Elizabeth Hospital, South Australia.
1990 to 2000	Senior Visiting Medical Specialist, Flinders Medical Centre,
	South Australia.
2000 to present	Chief Advisor in Psychiatry to Department of Veterans' Affairs.
2005 to present	Clinical Professor at University of Queensland.

OTHER ASSOCIATIONS, APPOINTMENTS AND MEMBERSHIPS

A. Associations

1976 to present	Australian Medical Association.
1981 to present	Australian Society for Psychiatric Research.
1986 to present	International Society for the Study of Traumatic Stress
	Studies.
1990 to present	South Australian Salaried Medical Officers Association.
1991 to present	Australasian Society for Traumatic Stress Studies.

B. Appointments

1972 to 1973 1974 to 1976 1975 to 1976	The University of Adelaide Union Council. The University of Adelaide Council. Clause 4C Committee, The University of Adelaide Council
	(Committee for Student Preclusion).
1976	Secretary, Royal Adelaide Hospital Resident Medical Officers Association.
	Working Party on Youth Unemployment, South Australian Council of Social Services.
1982 to present	South Australian Psychiatry Training Committee.
1984	Acting Member of Classification of Publications Review Board of South Australia.
1984 to 1988	Chairman, Crisis and Disaster Committee, Royal Australian and New Zealand College of Psychiatrists and South Australian Representative.
1985 to 2000	Visiting Research Fellow, Department of Rheumatology, University of Sydney, New South Wales.
1986 to present	National Health and Medical Research Council, Panel of Independent Assessors.
1986, 1989, 1992	The Royal Australian & New Zealand College of

	Develoption
2002	Psychiatrists.
2002	Examiner.
1988	Chairman, Social Issues Committee of the Royal Australian
	and New Zealand College of Psychiatrists.
	Corresponding Member, Royal Australasian College of
1988 to 1990	Physicians Social Issues Committee. Research Committee, School of Medicine, The Flinders
1900 to 1990	
1988 to 1991	University, South Australia. Chairman, Ministerial Committee Examining the
1900 10 1991	Management of Post Disaster Psychiatric Morbidity.
1989 to 1994	Committee of American Psychiatric Association Examining
1909 00 1991	the Diagnostic Criteria for Posttraumatic Stress Disorder for
	the Fourth Edition of the Diagnostic and Statistical Manual
	of the American Psychiatric Association.
1989	Arthritis Foundation of Australia, Panel of Independent
	Assessors for Research Awards.
1989 to 1990	Evaluation Sub-Committee of Fellowship Board, RANZCP.
1989 to 1993	Chairperson, Survivors of Torture and Trauma Assistance
	and Rehabilitation Service.
1990	Co-opted Member, International Liaison Committee,
	International Society for the Study of Traumatic Stress.
1990 to 1991	Member, Clinical Advisory Committee, South Australian
	Health Commission. Occupational Trauma and Stress
	Working Party, International Society for the Study of
1000	Traumatic Stress.
1990 to 1992	Deputy Chairperson, Research and Ethics Committee,
1000 +- 2001	Hillcrest Hospital, South Australia.
1990 to 2001	Regional Grants Interviewing Committee of National Health
1990 to 1993	and Medical Research Council, Canberra, ACT. Chair person, Library Committee, Hillcrest Hospital, South
1990 to 1993	Australia.
1990 to 1993	Member, Steering Committee of South Australian Chapter of
1990 00 1995	the Australasian Society for the Study of Traumatic Stress.
1990 to present	Member, SA Salaried Medical Officers Association.
1991	Member, Board of Directors, Hillcrest Hospital, Gilles Plains,
	South Australia.
1991	Chairperson, Committee examining Diagnostic Related
	Groups in Psychiatry, South Australian Health Commission.
1991 to 1992	Peer Review Advisor in Psychiatry for Work Cover
	Corporation.
1991 to 1992	Royal Australian and New Zealand College of Psychiatrists
	Working Group examining Diagnostic Related Groups.
1991	Member, Executive Committee, Australian Network of Brain
	Research into Mental Disorders.
1991 to 2005	Research Committee, Faculty of Medicine, The University of
1001	Adelaide.
1991 to present	Member, Australian Society for Traumatic Stress Studies.
1993	Deputy Convenor, Research Committee, Faculty of Medicine,
	The University of Adelaide.

1992 to 2000	Elected Board Member, International Society for Traumatic Stress Studies.
1992 to 2000	International Liaison Committee International Society for Traumatic Stress Studies.
	Co-opted member, Planning and Development Committee of ISTSS
	Australian Liaison Representative.
	Nominations Committee of ISTSS.
1992 to 1995	Research and Ethics Committees, South Australian Mental
1))2 (01))3	Health Service.
1993	Chair, Clozapine Implementation Committee, South
1990	Australian Mental Health Service.
1993	Chair, Northern Region Liaison Committee.
1993	Clinical Management Committee, South Australian Mental
1770	Health Service.
1993 to 1998	Member of the Committee for Australasian Society for
	Traumatic Stress Studies, S.A. Chapter.
1993 to 2001	Representative for The Royal Australian and New Zealand
	College of Psychiatrist on the Australian National Disaster
	Relief Committee of the Department of Health, Housing and
	Community Services.
1994 to present	Board of Research, RANZCP.
1994 to 1995	Treasurer, International Society for Traumatic Stress
	Studies.
1994 to 1999	Member of Executive, International Society for Traumatic
	Stress Studies.
1994 to 1999	Member of Clinical Reference Committee for the National
1005. 1005	Centre for War Related Post Traumatic Stress Disorder.
1995 to 1997	Convenor, Research Committee, Faculty of Medicine,
1995 to 1996	University of Adelaide.
1995 to 1996	Vice President Australasian Society for Traumatic Stress Studies.
1995 to 2001	Director of Clinical Services, North Western Adelaide Mental
1775 to 2001	Health Service.
1995 to 2006	Chair, International Advisory Board, State Development
1,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Office in Kuwait.
1995 to 2012	Director of Mental Health Consultative Group – RAAF
	Specialist Reserve, ADF.
1995 to 2012	Director of Clinical Reference Group, ADF.
1995 to 2012	Director of Research Advisory Group, ADF.
1997 to 1999	President, Australasian Society for Traumatic Stress Studies.
1996 to 1997	Secretary, International Society for Traumatic Stress
	Studies.
1997	President Elect, International Society for Traumatic Stress
	Studies.
1998 to 1999	President, International Society for Traumatic Stress
	Studies.
1998 to 2003	Member Mental Health Strategic Development
	Implementation Steering Committee.
1998 to 1999	Chair, Mental Health Services for Older People Focus Group.

2000 to present	Senior Specialist Adviser to the Australian Centre for Posttraumatic Mental Health.
2000 to present	Chair, Mental Health Consultative Group, Australian Defence Force.
2002 to present	Chair, ADF Mental Health Research and Surveillance and Advisory Group.
2003 to present	ADF Alcohol and Other Drugs Advisory Group.
2005 to present	Head of Adelaide Node of Centre for Military and Veterans' Health.
2005 to present	Chair, Scientific Advisory Committee for the Study into the Health of the Children of Vietnam Veterans.
2005 to present	Scientific Advisory Committee for the Prevalence Study of the Mental Health of Australian Defence Force Members.
2005 to present	Senior Investigators Committee for the Mental Health and Wellbeing Study of the Australian Defence Force Members. <i>See Referee for Publications.</i>
2006 to 2011	Chief Investigator Middle East Area of Operations, Deployed Health Surveillance Project, Centre of Military and Veterans' Health.
2007 to present	Program Grant Assessors Committee.
2008 to present	Department of Veterans' Affairs – Veterans' Health Advisory Council.
2009 to present	Department of Veterans' Affairs – Veterans' Health Advisory Council – Mental Health Sub-Committee.
2012 to present	ISTSS Leadership Development Task Force.
2012 to present	ISTSS Nominations Committee.
2010 to present	World Psychiatry Association Committee.
2010 to present	Department of Veterans' Affairs – Rehabilitation Advisory Committee.
2013 to present	SCHEMA Steering Committee.
2015 to 2017	Director, Veterans Mental Health Oversight Panel and Research Partnerships Work Group, Transforming Health, SA Health, Government of South Australia.

C. Board Memberships

1987 to 2000 1988 to present	National Health and Medical Research Council, RADCAG. Australian and New Zealand Journal of Psychiatry, Assessor.
	Psychological Medicine, Assessor.
	The Medical Journal of Australia, Assessor.
1991 to present	The Journal of Nervous and Mental Disease.
	The Journal of Rheumatology.
	Stress Medicine.
	Journal of Traumatic Stress.
	Book Referee for Oxford University Press/Cambridge
	University Press.
1992 to present	Anxiety, Stress, and Coping.
1992 to 2000	Editorial Board, Journal of Traumatic Stress.
1992 to present	MRC, United Kingdom Assessor.
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1993 1993	MRC, New Zealand Assessor. The Wellcome Trust, London, U.K. American Journal of Psychiatry. Archives of General Psychiatry. Biological Psychiatry. Psychological Medicine. Social Psychiatry and Psychiatric Epidemiology and other journals.
2003 to 2005	MAC Advisory Board re Non-Demonstrable Injury.
2004 to present	Board of the Centre of Military & Veterans Health.
2006 to present	Associate Editor (under contract). In G. Reyes, J. D. Elhai, & J. D. Ford (Eds.), Encyclopedia of psychological trauma. Hoboken, New Jersey: John Wiley & Sons.
2004 to present	Scientific Advisory to Brain Resource Company.
2009 to present	Member, Medical Panels SA.
2009 to present	Community Safety Research Project, Chief Investigators. Committee, Maari Ma Health Aboriginal Corp of UNSW.
2010 to present	Councillor to Specialist Medical Review Council, Australian Government.
2010 to present	NATO HFM RTG 175 on medically unexplained physical symptoms in military personnel.
2010 to present	Veterans Health Advisory Council.
2011 to present	Australian Defence Force Mental Health Advisory Group.
2011 to present	Australian Defence Force Health Research Committee.
2011 to present	Board Member, Repatriation Daw Park Foundation.
2011 to present	South Australian Metropolitan Fire Service Medical Board.
2012 to present	University of New South Wales Workplace Mental Health Reference Group Committee.

D. Conference Committees

April 1984	Advisor, Australian Counter Disaster College re Workshop,
1989 to 1991	"Human Behaviour in Disasters", Mt Macedon. Scientific Program Committee, 1991 Royal Australian and New Zealand College of Psychiatrists Annual Congress.
1992	Organising Committee, First International Meeting of International Society for the Study of Traumatic Stress, Amsterdam.
1992	Organising Committee, Adelaide meeting of the Australian Society for Psychiatric Research and Ciba Geigy Meeting.
1993	Australian Society for Traumatic Stress Studies Meeting in April in Adelaide.
1994	Organising Committee, Perth Meeting of the Australian Society for Psychiatric Research and Ciba Geigy Meeting.
1994	South Australian Mental Health Service, November 1994.
1995	Co-Chair of the Scientific Programme Committee for the 2 nd World Conference of the International Society for Traumatic Stress Studies, Israel June 1996.

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1998	Year 2000 World Conference for the ISTSS: Scientific
	Advisory Committee.
2000	Scientific Chair of the Australian Society for Traumatic
	Stress Studies.
2005	Meeting Committee for the Australian Society for Traumatic
	Stress Studies.

POSITIONS HELD

1976 1977 to 1980	Intern, Royal Adelaide Hospital Adelaide, South Australia. Trainee Psychiatrist, Flinders Medical Centre, South Australia.	
1980 to 1985	Lecturer in Psychiatry, The Flinders University, South Australia.	
1985 to 1990	Senior Lecturer in Psychiatry, The Flinders University, South Australia.	
1989 to 1990	Head, Department of Psychiatry, The Flinders University, South Australia.	
1990 to 1994	Director, Research and Training, Hillcrest Hospital, South Australia.	
1991	Acting Head and Chairman, Department of Psychiatry, The University of Adelaide, South Australia.	
1995	Director, Medical Research and Training, South Australian Mental Health Service, South Australia.	
1995 to 2001	Director of Clinical Services, North Western Adelaide Mental Health Service.	
1998 to 2005	Head, Department of Psychiatry, University of Adelaide, South Australia.	
2005-2011	Head of the University of Adelaide Node of the Centre or Military and Veterans Health, South Australia.	
2011-present	Director of the Centre for Traumatic Stress Studies, The University of Adelaide, South Australia.	
2015-	Honorary Fellowship of the American College of Psychiatrists.	

DETAILS OF CAREER DEVELOPMENT

- Leaving Certificate 6:1's, Top Distinction in Economic History.
- Matriculation Certificate 5 A's, 1B: 18th position in General Honours List.
- First Year Medicine: Attended the Flinders University, South Australia Overall result, Distinction: Biology, Top Distinction.
- Top Distinction in 5th and Final Year of MB, BS.
- First Professional Examination at The University of Adelaide Overall result, Top Distinction.
- Awarded the Robert S. Laufer Memorial Award for Outstanding Scientific Achievement in October 2003.

DETAILS OF POST-GRADUATE TEACHING RESPONSIBILITIES

Postgraduate Teaching

1991 to present	Individual and group supervision of Trainee Psychiatrists in the South Australian Mental Health Service.		
1980 to 1990	Individual and group supervision of Trainee Psychiatrists		
	at the Flinders Medical Centre, South Australia.		
1982 to 1987	Representative on the Post-Graduate Training in		
	Psychiatry Committee at The Flinders University, South		
	Australia.		
1990 to 1994	Hillcrest Hospital, South Australia, representative on the		
	Postgraduate Training in Psychiatry Committee.		
1982 to 2006	Participation in the South Australian Psychiatry Training		
	Committee's Teaching Program.		

Principal Supervisor, PhD and MD Students

1988 to 1999	Dr Cao Hua	Completed
	"The aetiology, prevalence	and phenomenology of
	posttraumatic stress disorder i	n ethnic Chinese" Awarded
	PhD 1999.	
1993 to present	Dr Cherrie Galletly	Completed
	"A Typology of Schizophrenia bo	ased on ANN analysis of ERP" PhD.
1993 to 1996	Dr C. Bookless	Completed
	"The Cognitive Appraisal of Dep	<i>ressive Disorder"</i> PhD.
1994 to present	Dr. Katharine Shaw	
	"Post Traumatic Reactions to Ps	sychiatric Disorder".
1995 to 2004	Mr Darren Weber	Completed
	The Flinders University of Sout	th Australia
	"High Resolution Electroenceph	alographic Indices of
	Attention and Memory Processe	es in PTSD".
1995 to 1998	Dr Maria Crotty	Completed
	"Psychological Determinants of	Disease Severity
	and Disability in Rheumatoid Ar	<i>rthritits"</i> PhD.
1997 to 2005	Ms Katherine Moores	Completed
	"Functional Brain Dynamics in	PTSD".
1998	Ms Denise Keenan	
	University of South Australia	
	"Identification and Underst	anding of Psychological
	Distress amongst firefighters" P	PhD.
1998 to 2000	Mr Chris Barton	Completed
	"Glucocorticoid sensitivity in he	ealth and disease" Master of
	Medical Science.	
2000 to 2005	Mr Gelaye Nadew	Completed
	"Epidemiological Study of the M	lental Health of Aborigines

	in the Geraldton Region" PhD.
2000 to 2008	Mr Bob Coxon Completed
	<i>"The follow up of acute stress disorders in a cohort of Vietnam Veterans"</i> PhD.
2000 to present	Dr Alex Bordujenko
	"A Health Study of Australia's Gulf War Veterans in
	Intermission" PhD.
2001 to present	Ms Elizabeth Goble
-	"Acetylcholine Function in Post Traumatic Stress Disorder – A Controlled Clinical Trial of Acetylcholinesterase".
2000 to 2008	Dr Abdulla Al-Hammadi Completed
	"The Impact of War Injuries on the Neurobiology of PTSD"
	PhD.
2004 to present	Mr William Hough Completed
	"Abnormalities of Smell as a predictor of PTSD following
	accidents" PhD.
2004 to 2008	Ms Therese Mayo Completed
	"Spatial Working Memory in Post Traumatic Stress
	Disorder – An event-related potential investigation of
	cognitive information processing" PhD.
2004	Dr Gordon Cable Withdrawn
	"Measures of Brain Function in Hypobaric Decompression".
2004 to 2011	Ms Miranda Van Hooff Completed
	"Patterns of outcomes of childhood psychological distress
	<i>in young adults"</i> PhD.
2005	Ms Anne Lucas Withdrawn
	"An investigation of trajectories of psychiatric morbidity
	using psychometric data for possible early diagnosis of PTSD in military personnel" PhD.
2005	Mr Derek Browne Withdrawn
	"Somatic Manifestations of distress in Motor Accident
	Victims" PhD.
2005 to present	Ms Vikki Wise Completed
	"An integrate neuroscience profile of panic disorder" PhD.
2005 to present	Ms Alison Kane
	"Alcohol and Substance Abuse in ADF members" PhD.
2005 to present	Ms Jacqueline Beall Completed
	"The biological and behavioural effects of maternal
	trauma and posttraumatic stress disorder on child
	development".
2006 to present	Mr Mike Musker Completed
	"Posttraumatic Stress and related disorders in Forensic
	Mental Health".
2003 to present	Ms Melinda Veltmeyer Thesis submitted
Commenced 2008	Sobhanian, Farahnaz
	"Cognitive, Neurotoxic, Behavioural and Psychiatric
	Predictors of Adult IQ: A Follow up of the Port Pirie Cohort
	into Adulthood".
2010 to present	MAJ Neanne Bennett

	"Identifying risk and resilience factor Can neurocognitive indicators p outcomes and effects of sustained c Special Forces personnel?"	redict psychological
2011 to present	Carolyn Berryman	Completed
	Seeing the wood for the tress. Somat cognitive impairment in chronic pain.	<i>V V</i>
2012 to 2017	Jason Blunt	Completed
	<i>Hyperarousal: The contribution</i>	of criterion D to
	posttraumatic stress disorder and psychopathology.	5

Honours and Masters Students Supervised, and Supplementary Supervisor for PhD Students

1990	Mr Robert Holt	Completed	
	<i>"The Role of Selective Attention in Pos Disorder"</i>	t Traumatic Stress	
	The Flinders University, South Australia.		
1990	Ms Rebekah Doley	Completed	
	"Coping and Post Traumatic Stress Disor	rder"	
	The Flinders University, South Australia.		
1990 to 1991	Ms Margaret Green	Completed	
	"Post Traumatic Stress Disorder and the	e Physical Outcome	
	of Motor Vehicle Accidents"		
	Master of Applied Science, University o	f South Australia.	
1991	Mr Darren Weber	Completed	
	"Selective Attention in Panic Disorder and Post Traumatic		
	Stress Disorder"		
	The Flinders University, South Australia	a.	
1991- 1994	Ms Nicky Marshall	Completed	
	"Impact of the compensation process on	PTSD"	
Thesis	Master of Applied Psychology, Th	ne University of	
	Adelaide.		
1991	Ms Cynthia Elliott	Completed	
	"An Appraisal of Critical Incident Stre	ss Debriefing" The	
	University of South Australia.		
1994	Dr. A. Bearman	Completed	
	The University of Adelaide, South Australia.		
	"Hormonal Function in Acute Stress"		
	Master of Clinical Science.		
1995 to present	Mr. Ric Marshall	Completed	
	The University of Adelaide, South Australia.		
	PhD - "Health Care Utilisation of Vietnam Veterans"		
1996	Ms. Jane Richards	Completed	
	The Flinders University, South Australi	a.	

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	Master of Applied Psychology.	
1998-2000	Mr. Christopher Barton	Completed
	Master of Clinical Science	
2000 to 2002	Ms. Lynne Socha	Completed
	Master of Psychology.	
2002	Mr. Mark Lehmann	Completed
	Master of Psychology.	
2003 to present	Ms. C. Gauvin	
	Bachelor of Medical Science Scholarshi	ip
2004	Mr. Tim Hall	Completed
	Batchelor of Medical Science Scholarsh	nip
2004	Ms. Anita Ingham	Completed
	Honours of Psychology.	
2004	Ms. Vikki Wise	Completed
	"Cognitive aspects of somatic distr	ress in a normal
	volunteer sample".	
	Honours of Psychology.	
2004 to present	Ms. Hanna Wilson	
	"Personality and Trauma".	
2006	Ms Nadia Del Col	Completed
	Partial fulfilment of Degree of Mas	ter of Psychology
	(Clinical).	
	"Sexual Victimisation in the communit	y: Lifetime trauma
	and the prediction of psychopathology"	
2006	Ms Josephine Millar	Completed
	Partial fulfillment of Degree of Mas	ter of Psychology
	(Clinical).	
	"The Predictive role of Childhood Trau	ma, Parenting Style
	and Depressive Symptoms on World Ass	sumptions"
2018	Paula Dabovich	Completed
	(Master of Clinical Science).	
	"From well to wounded and back a	0 1
	agency in high risk/highly cohesive s	oldiers undergoing
	rehabilitation in the Australian Army".	

PUBLICATIONS

Scientific or Refereed Publications

- 1. McFarlane AC, Spironolactone and acute mountain sickness, Medical Journal of Australia, 1976;2(24):923.
- 2. McFarlane AC, Spironolactone and acute mountain sickness, Medical Journal of Australia, 1977;2(18):616.
- 3. McFarlane AC, Hamra LK, Reiss-Levy E, Hansman D. Pneumococcal peritonitis in adolescent girls, Medical Journal of Australia, 1979;1(3):100-101.

- 4. Brooks PM, McFarlane AC. Total patient management in rheumatoid arthritis, Medical Journal of Australia, 1983;1(9):399-400.
- 5. Davies J, Hall J, McFarlane A, Methodological standards in studies evaluating the dexamethasone suppression test, Australian and New Zealand Journal of Psychiatry. 1984;18(3):273-276.
- 6. Kalucy RS, Gilchrist PN, McFarlane CM, McFarlane AC, The evolution of multitherapy orientation. In: Garner DM, Garfinkel PE, editors. Handbook of Psychotherapy for Anorexia Nervosa and Bulimia. New York: The Guilford Press; 1984. p. 458-487.
- 7. McFarlane AC, The Ash Wednesday bushfires in South Australia. Implications for planning for future post-disaster services, Medical Journal of Australia, 1984;141(5):286-291.
- 8. McFarlane AC, The chronic outcome in anorexia nervosa, Medical Journal of Australia, 1984;141(4):207-208.
- 9. McFarlane AC, Impairment, disability and handicap, Medical Journal of Australia, 1984;140(9):564-565.
- 10. McFarlane AC, Mental Health Legislation, Medical Journal of Australia, 1984;140(8):503.
- 11. McFarlane AC, Life events, disasters and psychological distress, Mental Health in Australia, 1984;1(13):4-6.
- 12. McFarlane AC, Raphael B. Ash Wednesday: The effects of a fire, Australian and New Zealand Journal of Psychiatry, 1984;18(4):341-351.
- 13. McFarlane AC, The effects of stressful life events and disasters: research and theoretical issues, Australian and New Zealand Journal of Psychiatry, 1985;19(4):409-421.
- 14. McFarlane AC, Nuclear war: lessons from disaster, Medicine and War, 1985;1(2):101-108.
- 15. McFarlane AC, Wallace M, Cook P. Australian research into the psychological aspects of disasters, Disasters, 1985; 9(1): 32-34.
- 16. Gilchrist PN, McFarlane CM, McFarlane AC, Kalucy RS, Family therapy in the treatment of anorexia nervosa, International Journal of Eating Disorders, 1986;5(4):659-668.
- 17. Goldney RD, McFarlane AC, Assessment in undergraduate psychiatric education, Medical Education, 1986;20(2):117-122.
- 18. McFarlane AC. Victims of trauma and the news media, Medical Journal of Australia, 1986;145(11-12):664.
- 19. McFarlane AC, Long-term psychiatric morbidity after a natural disaster. Implications for disaster planners and emergency services, Medical Journal of Australia 1986;145(11-12):561-563.
- 20. McFarlane AC, Posttraumatic morbidity of a disaster: A study of cases presenting for psychiatric treatment, Journal of Nervous and Mental Disease, 1986;174(1):4-13.
- 21. McFarlane AC, Posttraumatic phenomena in a longitudinal study of children following a natural disaster, Journal of the American Academy of Child and Adolescent Psychiatry, 1987;26(5):764-769.
- 22. McFarlane AC, The relationship between patterns of family interaction and psychiatric disorder in children, Australian and New Zealand Journal of Psychiatry, 1987;21(3):383-390.

- 23. McFarlane AC, Life events and psychiatric disorder: the role of a natural disaster British Journal of Psychiatry, 1987;151:362-367.
- 24. McFarlane AC, Family functioning and overprotection following a natural disaster: the longitudinal effects of post-traumatic morbidity, Australian and New Zealand Journal of Psychiatry, 1987;21(2):210-218.
- 25. McFarlane AC, Hobbin ER, Kneebone CS, The determinants of illness behaviour in stroke patients, Psychiatric Medicine, 1987;5(2):133-141.
- 26. McFarlane AC, Kalucy RS, Brooks PM, Psychological predictors of disease course in rheumatoid arthritis, Journal of Psychosomatic Research, 1987; 31(6):757-764.
- 27. McFarlane AC, Policansky SK, Irwin C, A longitudinal study of the psychological morbidity in children due to a natural disaster, Psychological Medicine, 1987;17(3):727-738.
- 28. McFarlane A, Brooks P, The questionnaire versus the direct observation approach to functional assessment-reply, British Journal of Rheumatology, 1988;27:326-327.
- 29. McFarlane AC, Posttraumatic stress disorder and blindness, Comprehensive Psychiatry, 1988;29(6): 558-560.
- 30. McFarlane AC, Recent life events and psychiatric disorder in children: the interaction with preceding extreme adversity, J Child Psychology and Psychiatry, 1988;29(5): 677-690.
- 31. McFarlane AC, The International Classification of Impairments, Disabilities and Handicaps: its usefulness in classifying and understanding biopsychosocial phenomena. Aust N Z J Psychiatry. 1988; 22(1): 31-42.
- 32. McFarlane AC, Relationship between psychiatric impairment and a natural disaster: the role of distress, Psychological Medicine, 1988;18(1): 129-139.
- 33. McFarlane AC, The phenomenology of posttraumatic stress disorders following a natural disaster, Journal of Nervous and Mental Disease, 1988; 176(1): 22-29.
- 34. McFarlane AC, The aetiology of post-traumatic stress disorders following a natural disaster, British Journal of Psychiatry, 1988;152:116-121.
- 35. McFarlane AC, The longitudinal course of posttraumatic morbidity: The range of outcomes and their predictors, Journal of Nervous and Mental Disease, 1988;176(1):30-39.
- 36. McFarlane AC, Brooks PM, An analysis of the relationship between psychological morbidity and disease activity in rheumatoid arthritis, Journal of Rheumatology, 1988;15(6):926-931.
- 37. McFarlane AC, Brooks PM, Determinants of disability in rheumatoid arthritis, British Journal of Rheumatology, 1988;27(1):7-14.
- 38. McFarlane AC, McFarlane CM, Gilchrist PN, Posttraumatic bulimia and anorexia nervosa. International Journal of Eating Disorders, 1988;7(5):705-708.
- 39. McFarlane AC, Blindness and anorexia nervosa, Canadian Journal of Psychiatry, 1989;34(5): 431-433.
- 40. McFarlane AC, The treatment of post-traumatic stress disorder, British Journal of Medical Psychology 1989;62 (Pt 1):81-90.

- 41. McFarlane AC, The aetiology of post-traumatic morbidity: predisposing, precipitating and perpetuating factors, British Journal of Psychiatry, 1989;154:221-228.
- 42. McFarlane AC, The prevention and management of the psychiatric morbidity of natural disasters: An Australian experience, Stress Medicine, 1989;5(1):29-36.
- 43. McFarlane AC, Goldney RD, Kalucy RS, A factor analytic study of clinical competence in undergraduate psychiatry, Medical Education, 1989;23(5):422-428.
- 44. McFarlane A, Post-traumatic stress syndrome revisited. In: Parad H, Parad L, editors. Crisis intervention, Book 2, The practitioner's sourcebook for brief therapy. Milwaukee, Wisconsin: Family Service America; 1990. p. 69-92.
- 45. McFarlane AC, Post-traumatic stress disorder, British Journal of Psychiatry, 1990;157:782-783.
- 46. McFarlane AC, Vulnerability to posttraumatic stress disorder. In: Wolf ME, Mosnaim AD, editors. Posttraumatic stress disorder: Aetiology, phenomenology, and treatment. Washington, DC US: American Psychiatric Association; 1990. p. 3-20.
- 47. McFarlane AC, An Australian disaster: The 1983 Bushfires, International Journal of Mental Health, 1990;19(2):36-47.
- 48. McFarlane AC, Posttraumatic stress syndromes revisited. In: Parad H, Parad E, editors. Crisis Intervention, Book Two: The Practitioner's Source Book for Brief Therapy. Milwaukee, Wisconsin: Family Services America; 1990. p. 69-92.
- 49. McFarlane AC, Brooks PM, Psychoimmunology and rheumatoid arthritis: concepts and methodologies, International Journal of Psychiatry Medicine, 1990;20(3):307-322.
- 50. McFarlane AC, Post-traumatic stress disorder, International Review of Psychiatry, 1991;3(2):203-213.
- 51. McFarlane AC, Acute reactions to stress, Current Opinion in Psychiatry, 1991;4: 308-312.
- 52. McFarlane AC, Victims and survivors, Current Opinion in Psychiatry, 1991;4:833-836.
- 53. McFarlane AC, Posttraumatic stress disorder: A synthesis of research and clinical studies of one disaster. In: Raphael B, Wilson J, editors. The International Handbook of Traumatic Stress Syndromes. New York: Plenum Press; 1991. p. 421-9.
- 54. McFarlane AC, Posttraumatic stress disorder. In: Judd FK, Burrows GD, editors. Handbook of Studies of General Hospital Psychiatry. Amsterdam: Elsevier; 1991. p. 332-47.
- 55. McFarlane AC, Posttraumatic stress disorder. In: Carr VJ, Kosky RJ, Eshkevari HS, editors. Mental Health and Illness: A Textbook for Australasian Health Science Students. Sydney: Butterworths; 1991. p. 236-40.
- 56. McFarlane AC, Cao H, The study of a major disaster in the People's Republic of China. The Yunnan Earthquake. In: Raphael B, Wilson J, editors. The International Handbook of Traumatic Stress Syndromes. New York: Plenum Press; 1991. p. 493-8.

- 57. Clayer JR, McFarlane AC, Wright G, Epidemiology by computer, Social Psychiatry and Psychiatric Epidemiology, 1992;27(6):258-262.
- 58. McFarlane AC, Avoidance and intrusion in posttraumatic stress disorder, Journal of Nervous Mental Disease, 1992;180(7):439-445.
- 59. McFarlane AC, Posttraumatic stress disorder among injured survivors of a terrorist attack: Predictive value of early intrusion and avoidance symptoms, Journal of Nervous and Mental Disease, 1992;180(9):599-600.
- 60. McFarlane AC, Papay P, Multiple diagnoses in posttraumatic stress disorder in the victims of a natural disaster, Journal of Nervous and Mental Disease, 1992;180(8):498-504.
- 61. Crotty M, Ahern MJ, McFarlane AC, Brooks PM, Clinical rheumatology training of Australian medical students, A national survey of 1991 graduates, Medical Journal of Australia, 1993;158(2):119-120.
- 62. Green MM, McFarlane AC, Hunter CE, Griggs WM, Undiagnosed posttraumatic stress disorder following motor vehicle accidents, Medical Journal of Australia, 1993;159(8):529-534.
- 63. McFarlane AC, PTSD: Synthesis of research and clinical studies, the Australia bushfire disaster. In: Wilson JP, Raphael B, editors. International Handbook of Traumatic Stress Syndrome. New York: Plenum Press; 1993.
- 64. McFarlane AC, Post traumatic stress disorder: Issues for general psychiatry. In: Schrader G, editor. Environmental Factors in Psychiatry. Pendale Hill: Ciba Geigy Australia Ltd; 1993. p. 15-21.
- 65. McFarlane AC, Weber DL, Clark CR, Abnormal stimulus processing in posttraumatic stress disorder, Biological Psychiatry, 1993;34(5):311-320.
- 66. Smith EM, North CS, McFarlane AC, Lundin T, Mardberg B, Otto U, Grace MC, Green BL, Lindy JD, Trauma related to disasters of natural and human origin. In: Wilson JP, Raphael B, editors. International handbook of traumatic stress syndromes. New York, NY US: Plenum Press; 1993. p. 405-525.
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- 68. Atchinson M, McFarlane AC, A review of dissociation and dissociative disorders, Australian and New Zealand Journal of Psychiatry, 1994;28(4): 591-599.
- 69. Crotty M, McFarlane AC, Brooks PM, Hopper JL, Bieri D, Taylor SJ, The psychosocial and clinical status of younger women with early rheumatoid arthritis: a longitudinal study with frequent measures, British Journal of Rheumatology, 1994;33(8):754-760.
- 70. Hunter CE, McFarlane AC, DRGs and Australian psychiatry, Australian & New Zealand Journal of Psychiatry, 1994;28(1):114-120.
- 71. McFarlane AC, Individual psychotherapy for post-traumatic stress disorder, Psychiatric Clinics of North America, 1994;17(2):393-408.
- 72. McFarlane AC, Atchison M, Rafalowicz E, Papay P, Physical symptoms in post-traumatic stress disorder, Journal of Psychosomatic Research, 1994;38(7):715-726.
- 73. Ahern MJ, McFarlane AC, Leslie A, Eden J, Roberts-Thomson PJ, Illness behaviour in patients with arthritis, Annals of Rheumatic Diseases, 1995;54(4):245-250.

- 74. Clayer JR, McFarlane AC, Bookless CL, Air T, Wright G, Czechowicz AS, Prevalence of psychiatric disorders in rural South Australia, Medical Journal of Australia, 1995;163(3):124-5,8-9.
- 75. McFarlane AC, Helping the victims of disasters. In: Freedy JR, Hobfoll SE, editors. Traumatic stress: From theory to practice. New York, NY US: Plenum Press; 1995. p. 287-314.
- 76. McFarlane AC, PTSD in the medico-legal setting: Current status and ongoing controversies, Psychiatry, Psychology and Law, 1995;2(1):25-35.
- 77. McFarlane AC, Stress and disaster. In: Hobfoll SE, de Vries MW, editors. Extreme stress and communities: Impact and intervention. New York, NY US: Kluwer Academic/Plenum Publishers; 1995. p. 247-265.
- 78. McFarlane AC, The severity of the trauma: Issues about its role in posttraumatic stress disorder. In: Kleber RJ, Figley CR, Gersons BPR, editors. Beyond trauma: Cultural and societal dynamics. New York, NY US: Plenum Press; 1995. p. 31-54.
- 79. Morris P, Hopwood M, Norman T, McFarlane A, Does your veteran suffer from post traumatic stress disorder? Veteran's Health, 1995;56:10-12.
- 80. Raphael B, Meldrum L, McFarlane AC, Does debriefing after psychological trauma work? British Medical Journal, 1995;310(6993):1479-1480.
- 81. Spurrell MT, McFarlane AC, Life-events and psychiatric symptoms in a general psychiatry clinic: the role of intrusion and avoidance, British Journal of Medical Psychology, 1995; 68 (Pt 4): 333-340.
- 82. Yehuda R, McFarlane AC, Conflict between current knowledge about posttraumatic stress disorder and its original conceptual basis, American Journal of Psychiatry, 1995;152(12):1705-1713.
- 83. Brooks PM, McFarlane AC, Psychologic aspects of arthritis, New Standards in Arthritis Care, 1996;5(2):9-11.
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- 85. Davidson JRT, McFarlane AC, Introduction. In: Mak FL, Nadelson CC, editors. International Review of Psychiatry. Washington D.C.: American Psychiatric Press; 1996. p. 147-149.
- 86. de Girolamo G, McFarlane AC, Epidemiology of posttraumatic stress disorder among victims of intentional violence: A review of the literature. In: Mak FL, Nadelson CC, editors. International review of psychiatry, Vol 2. Washington, DC: American Psychiatric Association; 1996. p. 93-119.
- 87. de Girolamo G, McFarlane AC. The epidemiology of PTSD: A comprehensive review of the international literature. In: Marsella AJ, Friedman MJ, Gerrity ET, Scurfield RM, editors. Ethnocultural aspects of posttraumatic stress disorder: Issues, research, and clinical applications. Washington, DC: American Psychological Association; 1996. p. 33-85.
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- 89. Galletly CA, Clark CR, McFarlane AC, Artificial neural networks: a prospective tool for the analysis of psychiatric disorders, Journal of Psychiatry Neuroscience, 1996;21(4):239-247.
- 90. McFarlane AC, The longitudinal course of trauma, Bailliere's Clinical Psychiatry: International Practice & Research, 1996; 2(2):353-370.

- 91. McFarlane AC, Attitudes to victims: issues for medicine, the law and society. In: Sumner C, Israel M, O'Connor M, Sarre R, editors. International Victimology: selected papers from the 8th International Symposium on Victimology. Canberra: Australian Institute of Criminology; 1996.
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- 93. McFarlane AC, van der Kolk BA, Trauma and its challenge to society. In: van der Kolk BA, McFarlane AC, Weisaeth L, editors. Traumatic stress: The effects of overwhelming experience on mind, body, and society. New York, NY US: Guilford Press; 1996. p. 24-46.
- 94. McFarlane AC, van der Kolk BA, Conclusions and future directions. In: van der Kolk BA, McFarlane AC, Weisaeth L, editors. Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body and Society: Guilford Press; 1996. p. 559-575.
- 95. McFarlane AC, Van Der Kolk BA, The long-term effect of psychological trauma: A public health issue in Kuwait, Medical Principles and Practice, 1996;5(2):59-75.
- 96. McFarlane AC, Yehuda RA, Resilience, vulnerability, and the course of posttraumatic reactions. In: van der Kolk BA, McFarlane AC, Weisaeth L, editors. Traumatic stress: The effects of overwhelming experience on mind, body, and society. New York, NY US: Guilford Press; 1996. p. 155-181.
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- 101. Turnbull GJ, McFarlane AC, Acute treatments. In: van der Kolk BA, McFarlane AC, Weisaeth L, editors. Traumatic stress: The effects of overwhelming experience on mind, body, and society. New York, NY US: Guilford Press; 1996. p. 480-490.
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The effects of overwhelming experience on mind, body, and society. New York, NY US: Guilford Press; 1996. p. 537-558.

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INVITED CONFERENCE PAPERS AND LECTURES

- 1. *"As They See Us".* Address to the Annual Meeting of the Australasian College of Dermatologists. Member of a Panel of speakers including a Plastic Surgeon, a Physician, a Pharmacist and a Nurse, May 1976.
- 2. *"Psychological Aspects of the Disease Course in Rheumatoid Arthritis"*. Annual meeting of the South Australian Arthritis Association, 1982.
- 3. *"A Pocket Guide to Psychiatry for Dentists"*. Address to South Australian Branch Meeting Australian Dental Association, Adelaide, December 1982.
- 4. *"Psychological Determinants of Disability in Rheumatoid Arthritis"*. Hillcrest Hospital Grand Round, 1982.
- 5. *"Psychological Management of Disasters"*. Address to Lower Murray General Practitioners Association, 20 April 1983.
- 6. Invited member of a panel for seminar *"Prevention and Management of Child Abuse"*. Organised by the South Australian Health Commission, Mt Gambier, 23-24 September 1983.
- 7. *"The Psychological Impact of the Ash Wednesday Bushfires"*. Glenside Hospital Grand Round, 1983.
- 8. *"Psychological Reactions to Trauma"*. Hillcrest Hospital General Practitioners' Refreshers week, June 1983.
- 9. Guest speaker at South Australian Mental Health Association Annual General Meeting, 1983.
- 10. *"Natural Disasters: Lessons for Nuclear War".* Address to Meeting of South Australian Branch of Doctors for the Prevention of Nuclear War, September 1983.
- 11. *"Lessons from 1983 Bushfires".* Address to Public Seminar arranged by The University of Adelaide, 1984.
- 12. *"Grief in the Setting of a Natural Disaster".* Address to the South Australian Loss and Grief Association. Adelaide, 17 June 1985.
- 13. *"Physician Patient Communication: Understanding the Psychology of the Arthritic Patient"*. Sydney, 13 May 1986.
- 14. *"The Individual and Disaster: Converting Disaster Scholarship into Effective Disaster Management".* Keynote speaker at Australian Counter Disaster College, Mt Macedon, 8 August 1986.
- 15. *"The Treatment of Posttraumatic Stress Disorder: The issues and uncertainties".* Presented at Symposium on the Treatment of Posttraumatic Stress Disorder. Bardon Professional Development Centre, Brisbane, Queensland, 29 October 1986.
- 16. *"The Long Term Psychological Morbidity of Natural Disasters: What is the Role of Crisis Intervention?"* First National Conference of Crisis Intervention, Adelaide, 26 November 1986.
- 17. *"Posttraumatic Stress Disorder in General Medical Practice".* Presented to

Physicians' Grand Round, Royal North Shore Hospital, Sydney, 24 March 1987.

- 18. *"Posttraumatic Stress Disorder and the Effects of Ash Wednesday Bushfires"*. Presented to the Physicians' Grand Round, The Queen Elizabeth Hospital, Adelaide, 24 June 1987.
- 19. *"Posttraumatic Stress Disorder and its Relationship to Theories of Psychopathology".* Presented to the Annual General Meeting of the South Australian Branch of the R.A.N.Z.C.P., Adelaide, March 1988.
- 20. *"The Long Term Effects of Trauma: Posttraumatic Stress Disorder".* Presented to the Vietnam Veterans Counselling Service Information Package Launching, Adelaide, March 1988.
- 21. *"Unease or Disease".* Presented to the Opening Plenary Session of the World Psychiatric Association Regional Meeting, Sydney, May 1988.
- 22. *"The Longitudinal Effects of Australian Forest Fires".* Presented to the Disaster and Society Meeting of the Social and Cultural Section of R.A.N.Z.C.P., Cairns, May 1988.
- 23. *"The Longitudinal Effects of Disaster on Emergency Service Workers: The Role of Debriefing".* Presented to Crisis Service Training Programme, Adelaide, May 1988.
- 24. *"Stress and Depression: The Role of the General Practitioner".* Presented to South Australian Post-Graduate Medical Education Depression Update, Adelaide, August 1988.
- 25. *"The Longitudinal Effects of Ash Wednesday Disaster on Firefighters".* Presented to "Dealing with Stress and Trauma in Emergency Services", Melbourne, August 1988.
- 26. *"The Psychological Effects of Disaster".* Presented to Disaster Conference, Adelaide, 31 August 1 September 1988.
- 27. *"Traumatic Stress and Emergency Service Personnel".* Presented to Australian Counter Disaster College External Training Course, Adelaide, October 1988.
- 28. *"Life Events and Depression: Aspects of Management".* 11-12 August 1988, Continuing Education Program for South-East General Practitioners' Association.
- 29. *"Vulnerability and Invulnerability".* CIBA-Geigy Symposium, Adelaide, 3 December 1988.
- "The Systematic Assessment of Psychosocial Factors in Chronic Illness".
 25th Annual Royal Australian and New Zealand College of Psychiatrists' Congress, Hawaii, 14-19 May 1989.
- 31. *"Psychiatric Morbidity of Natural Disasters".* Beijing Institute of Mental Health, Beijing, 24 May 1989.
- 32. *"Methodological Issues in Disaster Research".* Beijing Institute of Mental Health, Beijing, 26 May 1989.
- 33. *"The Diagnosis of Clinical Management of Anorexia Nervosa and Bulimia".* Beijing Institute of Mental Health, Beijing, 31 May 1989.
- 34. *"Posttraumatic Syndromes in General Practice".* Barossa Valley General Practitioners' Association, South Australia, 2 June 1989.
- 35. *"Traumatic Stress and Torture"*. South Australian Refugee Week Committee, Seminar on Torture and Trauma, Adelaide, 21 June 1989.
- 36. *"Clinical Research and Treatment Issues in Traumatic Stress Disorders"*.

A Mental Health Update Conference and the Second Australian Conference on Anxiety Disorders, Brisbane, 28-29 July 1989.

- 37. *"The Effects of Traumatic Stress".* Eastern Suburbs Medical Practitioners' Association. Adelaide, 20 September 1989.
- 38. *"Occupational Posttraumatic Stress Disorder: Posttraumatic Stress Disorder in the Workplace".* Adelaide, 26 February 1990.
- 39. *"Psychological Aspects of Pain in Rheumatoid Arthritis".* International Pain Society Meeting, Adelaide, 4 April 1990.
- 40. *"Psychological Issues in Disaster Management"*. Brisbane, 27 April 1990.
- 41. *"An Approach to Rehabilitation Psychiatry In-Service Training Program"*, Hillcrest Hospital, 26 July 1990.
- 42. *"The Reclassification of Post Traumatic Stress Disorder in DSM-IV".* South Australian Chapter for the Australian Society for the Study of Traumatic Stress, August 1990.
- 43. *"Four Consequences of Disasters for Victims; Organizational and Administrative Issues".* Lecture to Mixed Course, South Australian Institute of Technology, 22 August 1990.
- 44. *"Development of Skills in Post Disaster Debriefing".* SGIC Rehabilitation Team, Adelaide, 24 August 1990.
- 45. *"Posttraumatic Stress Disorder in the Rehabilitation Setting".* Training Seminar for SGIC Rehabilitation Unit, Adelaide, December 1990.
- 46. *"Post Traumatic Stress Disorder: Problems of Diagnosis in a Medico-Legal Setting".* Addressed to the South Australian Association for Psychiatry, Psychology and The Law, 28 August 1990.
- 47. *"Post Traumatic Stress Disorder and its Relationship to Depression".* Royal Adelaide Hospital, Department of Psychiatry, 6 September 1990.
- 48. *"Post Traumatic Stress Disorder and Natural Disasters".* South Coast Medical Association Annual Update Meeting, Prince Henry Hospital, 13 September 1990.
- 49. *"A Rehabilitation Approach to Schizophrenia".* Schizophrenia Fellowship, Kent Town, Adelaide, 17 September 1990.
- 50. *"Current Issues and the Treatment and Diagnosis of Post Traumatic Stress Disorder".* South Australian Branch of the Royal Australian College of Psychiatry Continuing Education Meeting, 20 September 1990.
- 51. *"Multiple Diagnoses in Posttraumatic Stress Disorder in the Victims of a Natural Disaster".* Sixth Annual Meeting of the Society for Traumatic Stress Studies, New Orleans, 28-31 October 1990.
- 52. *"Stress and Psychiatric Illness".* Seminar sponsored by WorkCover Corporation, Adelaide, 29 November 1990.
- 53. Inaugural Lecture: *"The Isolation of Psychosis".* University of Adelaide, 30 November 1990.
- 54. *"Compensation and Psychiatric Illness in the Workplace".* Seminar for exempt employers sponsored by Baker O'Loughlin, Adelaide, 11 December 1990.
- 55. *"Schizophrenia and Nijinsky"*. Presentation to Clinical Meeting at Hillcrest Hospital, Gilles Plains, 6 March 1991.
- 56. *"Traumatic Reactions in Adults: A Longitudinal Perspective".* International Conference on Posttraumatic Stress Disorder, The Institute of Psychiatry, London, 23 April 1991.

- 57. *"Posttraumatic Stress Disorder: Comprehensive Assessment and Treatment Planning".* Discussant at Session of 144th Annual Meeting of the American Psychiatric Association, New Orleans, 11-16 May 1991.
- 58. *"Stress Induced Physical Illness: Medico Legal Aspects".* 27th Annual Congress of the Royal Australian and New Zealand College of Psychiatrists, Adelaide, 19-23 May 1991.
- 59. *"Assessment and Decision Making in Community Treatment Teams".* 27th Annual Congress of the Royal Australian and New Zealand College of Psychiatrists, Adelaide, 19-23 May 1991.
- 60. *"A Disorder of Selective Attention in Posttraumatic Stress Disorder".* Fifth World Congress of Biological Psychiatry, Florence, Italy, 9-14 June 1991.
- 61. *"Posttraumatic Stress Disorder in a General Hospital".* Physicians Grand Round, Royal Adelaide Hospital, 25 June 1991.
- 62. *"Update Issues in PTSD".* Presentation to Clinical Meeting at Hillcrest Hospital, Gilles Plains, 21 August 1991.
- 63. *"Prevention following a Natural Disaster".* Northern Child Adolescent and Family Mental Health Service. Adelaide Children's Hospital, 19 September 1991.
- 64. *"Work Related Stress: Peer Review Issues".* Seminar organized by WorkCover Corporation, Adelaide, 5 September 1991.
- 65. Opening Address Mental Health Week, Adelaide, 21 October 1991.
- 66. *"Disability and Compensation Issues in Posttraumatic Stress Disorder".* In-Service Training for Commonwealth Medical Officers, Adelaide, 4 November 1991.
- 67. *"Trauma and Healing"* Training Seminar for STTARS, Hillcrest Hospital, 3 April 1992.
- 68. *"Psychiatric Assessment and Disability in Workers Compensation".* SAPMEA Symposium. AMA House North Adelaide, 18 March 1992.
- 69. *"Rehabilitation Issues for the Chronically Mentally Ill".* Invited Lecturer, Lakeside Hospital Ballarat, 20 21 May 1992.
- 70. *"Current Issues in General Practice Psychiatry".* Hills Medical Association 4 June 1992.
- 71. *"Impact of Trauma on Emergency Service Workers"*. First World congress of ISTSS, 22 24 June 1992.
- 72. *"The Aetiology of PTSD, Research and Methodological issues".* First World Congress of ISTSS, 22-24 June 1992.
- 73. *"Psychological Impact of Armed Holdups"*. Satellite Symposium. First World Congress of ISTSS, 22-24 June 1992.
- 74. *"Depression in General Practice"*. World Congress of ISTSS, 26 August 1992.
- 75. *"Current Issues in PTSD".* South Australian Chapter of the ASTSS, 11 September 1992.
- 76. *"Current Issues in Psychiatric Rehabilitation".* Seminar at Larundel Hospital Victoria, September 1992.
- 77. *"New antidepressants in General Practice".* Salisbury and Elizabeth Medical Association, Adelaide, 10 November 1992.
- 78. *"Debriefing and Psychological Trauma from Motor Vehicle Accidents".* Royal Australian College of Surgeon Seminar, *"Road Trauma - The First Twelve Hours"*, Adelaide, 21 November 1992.

- 79. *"Post Traumatic Stress Disorder: Missed Opportunities and New Horizons".* Lyngard Symposium Hunter Institute of Psychiatry, Newcastle, 27 November 1992.
- 80 *"Avoidance and Intrusion in PTSD Methodological problems".* ASPR Adelaide, 3 December 1992.
- 80. *"Posttraumatic Psychopathology and Psychiatric Illness".* Ciba Geigy Symposium, Adelaide, 5 December 1992.
- 81. *"Post Traumatic Stress Disorder and Victims of Crime"*. Annual General Meeting of Victims of Crime Association, Adelaide, 7 December 1992.
- 82. *"Conundrums of Posttraumatic Stress Disorders".* Colloquium, Department of Psychiatry, University of Queensland, 5 March 1993.
- 83. *"Advances in Treatment and Diagnosis in PTSD"*. Belmont Hospital Medical Foundation, Brisbane, 5 March 1993.
- 84. *"Current Issues in Psychiatric Rehabilitation".* Belmont Hospital Medical Foundation, Seminar, Brisbane, 6 March 1993.
- 85. *"The forgotten lessons of trauma"*. Combined Hillcrest-Glenside Meeting, Adelaide, 24 March 1993.
- 86. *"Impairment and Disability in Psychiatry"*. Victorian RANZCP Brauer Scientific Meeting, Melbourne, 30 March 1993.
- 87. *"Difficulties in Getting there"*. Seminar to combined Geigy Meeting, Adelaide, 2 April 1993.
- 88. *"The Effects of Litigation on Litigants".* The Law Society of South Australian, Annual Conference, Adelaide, August 1993.
- 89. *"The Trauma of Disasters The Issue of Prevention"*. Dr. Graham Dick Memorial Lecture, Hobart, October 1993.
- 90. RANZCP, Forensic Section, Brisbane, December, 1993.
- 91. The Australian National University National Health & Medical Research Council, Social Psychiatry Research Unit, Invited Participant Disability Working Group, *"Workshop on Advances in the Measurement of Disability"*, Canberra, 21-22 February 1994.
- 92. *"Assessment of Post Traumatic Stress Syndromes",* Australian Faculty of Rehabilitation Medicine, 2nd Annual Scientific Meeting, March, 1994, Adelaide.
- 93. Workshop (Invited Chairperson) Consumer Outcomes in Mental Health, Queensland Department of Health, Brisbane, 20th April, 1994.
- 94. Presentation for the Psychological Trauma course, *"The Longitudinal Course of PTSD"*, Harvard University, 10-11 June, 1994.
- 95. Grand Round, Massachusetts General Hospital, Department of Psychiatry, Updates of the treatment of post traumatic stress disorder", June, 1994.
- 97. "Stress and Disaster", NATO Advanced Research Workshop, Stress and Communities, Bonas France, 14-18th June, 1994.
- 98. "Whiplash Psyche or Soma", New Concepts in "Whiplash" Symposium
- 99. *Manipulative Physiotherapists Association of Australia, July, 1994.* "Attitudes to Victims: Issues for Medicine, the Law and Society"
- 100. *Ongoing Controversies",* Post Traumatic Stress Disorder and the Legal System, Key-Note Address: Australian and New Zealand Association of Psychiatry, Psychology and Law, Lorne, September, 1994.
- 101. "Longitudinal Course of PTSD: Issues for Treatment", ASTSS Scientific

Meeting, Melbourne, September, 1994.

- 102. International Society for Traumatic Stress Studies, "Trauma, Memory and Dissociation", *"Relationship between Arousal, Dissociation and Memory in Acute Trauma"*, Chicago 7th November 1994.
- 103. Continuing Medical Education Program, University of Oslo, "Nature of Post Traumatic Reactions", "Treatment of Post Traumatic Stress Disorder", "Child and Adolescent Presentations of Traumatic Stress". 7th to 9th November, 1994.
- 104. South Australian Mental Health Service '94, *Issues and Dilemmas in Resource Allocation*, Adelaide, November, 1994.
- 105. *"The Effects of Trauma: Issues for Medicine and Psychiatry",* Kuwait University, Faculty of Medicine, 30th November to 11th December, 1994.
- 106. *"The relevance of psychological trauma in general psychiatric settings".* Kuwait Psychiatric Hospital, 30th November to 11th December, 1994.
- 107. *"The Long Term Effects of Trauma",* American College of Neuropsychopharmacology, 33rd Annual Meeting, Puerto Rico, 12-16th December, 1994.
- 108. Invited Discussant, Royal Australian & New Zealand College of Psychiatrists, Continuing Medical Education Seminar, "Contemporary Issues in Forensic Psychiatry" - A Clinical Service for Victims of Trauma: Old Wine in New Bottles", Adelaide, 12th January 1995
- 109. 5TH Australasian Psychophysiology Conference. *Even-related potential indices of attention and working memory in posttraumatic stress disorder*. Australia. December 8-10, 1995.
- 109. *Issues in Research about Post Traumatic Stress Disorder"*, ASTSS/ACISA Stress and Trauma Conference, Hobart, 5-8th March, 1995.
- 110. Department of Veterans Affairs, Management of PTSD Workshop, "The Role of Psychopharmacology in the Eclectic Management of PTSD" Hobart, 9th March, 1995.
- 111. Department for Veterans Affairs, Satellite Broadcast, National Centre for War Related Post Traumatic Stress Disorder, 21st March, 1995, Sydney.
- 112. Moving in on Pain Conference "*A Multidisciplinary Analysis of a Chronic Pain Patient*" The Australian Physiotherapy Research Foundation, 20th April, 1994, Adelaide.
- 113. The Royal Australian & New Zealand College of Psychiatrists, Scientific and Education Sub Committee *"The Psychiatry of Road Trauma Victims"* 24th April, 1995, Melbourne.
- 114. The Royal Australian & New Zealand College of Psychiatrists, Forensic In-service Educational Meeting, *Victims - Post Traumatic Stress Disorder*", 24th April, 1995, Melbourne.
- 115. Fourth European Conference of Traumatic Stress, Plenary Symposium, *"Nosography of Psychotraumatic Responses"*, Paris, 7-11th May, 1995.
- 116. Smith Kline Beecham Seminar, "*Psychiatry for Psychiatrists*", Clare, 3-4/6/95
- 117. 2nd International Conference on New Directions in Affective Disorders, *"Abnormal Processing of Neutral Stimuli in Post Traumatic Stress Disorder: Implications for Theory and Treatment"*, Jerusalem, 3-8th September 1995.
- 118. 4th Annual Conference Australian Association of Trauma & Dissociation

Inc., Key-note speaker, *"Post traumatic stress disorder and Dissociation: Acute and Chronic Adaptations"*, Melbourne, 15-17th September 1995.

- 119. 56th Edward Stirling Memorial Lecture, "Understanding the Effects of Psychological Trauma: The Costs and Benefits to Medicine", University of Adelaide, 20/9/95.
- 120. South Australian ASA/ANZCA, Continuing Medical Education Committee Meeting, *"Trauma: The Anaesthetists Desire to Alter Awareness"*, Adelaide, 23rd September 1995.
- 121. Eli Lilly Symposium Post Traumatic Stress Disorders in Australian Vietnam Veterans Perth, 29/9/95.
- 122. GROW, South Australia's Mental Health Week Seminar on Sexual Abuse and Mental Health, *"Sexual Abuse and Traumatic Stress as a Cause of Mental Illness"*, Adelaide, 16th October 1995.
- 123. National Conference on Trauma Rehabilitation, Innovations in Trauma Rehabilitation Conference, Bethesda Hospital, *"The Need for Eclectic Treatment for PTSD"*, Melbourne, 12-14th November 1995.
- 124. The Royal Australian and New Zealand College of Psychiatrists, 21st Annual Conference of the Socio Cultural Section, *"The Ambivalence to the Personal Testimony of Victims - A Critical Issue for Psychiatry"*, Victor Harbor, 19-23rd November 1995.
- 125. "Psychosocial Measures in Musculoskeletal Trials Impact on Disability", OMERACT 3, Cairns, 16-19th April 1996.
- 126. *"Trauma: The Cross Roads of Psychiatry: What Direction in the Future"* 2nd World Conference of the ISTSS Jerusalem 9-14 June, 1996
- 127. *"A Conceptual problem of the Relationship Between Symptoms and Disability in Post Traumatic Stress Disorder".* 2nd World Conference of the ISTSS, Jerusalem, 9-14 June, 1996.
- 128. *"Coping and Adjustment Following Motor Vehicle Accidents".* 2nd World Conference of the ISTSS, Jerusalem, 9-14 June, 1996.
- 129. *On the Cutting Edge of Trauma*, Melbourne, 6th August, 1996
- 130. "Interaction of Cognitive-Behavioural Therapies and Psychopharmacology" On the Cutting Edge of Trauma, Traumatology Forum, Melbourne, 7th August, 1996
- 131. *"Traumatic Stress Reactions: Psychology or Biology?"*, On the Cutting Edge of Trauma, Traumatology Forum, Melbourne, 7th August, 1996
- 132. Symposium: *"Does Trauma Cause PTSD?"* International Society for Traumatic Stress Studies 12th Annual Meeting, San Francisco, November, 1996.
- 133. Symposium: "Is Debriefing A Good Practice for Individuals and Groups Exposed to Traumatic Stress?" International Society for Traumatic Stress Studies 12th Annual Meeting, San Francisco, November, 1996.
- 134. Symposium: *"Working Memory in PTSD: an ERP Perspective"*. International Society for Traumatic Stress Studies, San Francisco, November, 1996.
- 135. Symposium: "*The Longitudinal Course of PTSD: Chronic Effects and Treatment of Choice*". International Society for Traumatic Stress Studies, San Francisco, November, 1996.
- 136. National Mental Health Conference. Mental Health for All: What's the Vision *"Developments in rehabilitation psychiatry"*, Newcastle, 13-15th

February, 1997.

- 137. Harvard Medical School: Psychological Trauma Conference. *Establishing Mindfulness to Overcome the Tyranny of the Past* and *What are we Treating and When: A longitudinal Perspective on the Treatment of Trauma.* Boston, 21-22 March, 1997
- 138. RANZCP Conference. *PTSD Research in Australia*. Sydney, 6/5/97
- 139. Australasian Society for Traumatic Stress Studies *Theories of PTSD*. Sydney, 9-10th May, 1997
- 140. Fifth European Conference on Traumatic Stress. *Emerging Neurobiology of PTSD and its Relevance to Aetiology and Treatment,* 29/6/97 to 3/7/97 Maastricht, The Netherlands.
- 141. Pt. Arthur Conference. Hobart, 2-3/8/97
- 142. 33rd Anniversary of Winstone Noble Unit. *"The Aetiology of Post Traumatic Stress Disorder as a Longitudinal Process", "The Challenges of Treatment"* and *"The Boundaries of Post Traumatic Syndromes".* Brisbane 4-7/8/97.
- 143. Australian Defence Force Stress Workshop. *History of PTSD, Nature of Trauma, Diagnosis of traumatic Stress Syndromes, Course and prognosis of ASD and PTSD.* 11-12/8/97, Melbourne.
- 144. Galletly CA, Clark Cr, McFarlane AC, Weber DL. *The effect of clozapine on information processing in schizophrenia.* 6th World Congress of Biological Psychiatry, Nice, France. June 22-27, 1997.
- 145. Functional Brain Mapping Symposium. *PET-ERP correlational studies of cognitive deficits in PTSD Patients*. Newcastle, February, 1997.
- 146. 7th Australasian Psychophysiology Conference, *High resolution event*related potential indices of working memory in posttraumatic stress disorder. Melbourne, 1997.
- 147. International Society for Traumatic Stress Studies Conference, Information processing of neutral stimuli in PTSD. Montreal. November 1997.
- 144. 14th World Congress on Psychosomatic Medicine. *"Somatisation in PTSD and information processing perspective".* Cairns, 31/8-5/9/97.
- 145. Australian Association of Trauma & Dissociation 6th Annual Conference: Current Developments in Trauma and Dissociation. *"A Longitudinal Model of the Neurobiology of Traumatic Reactions"* and *"The Role of Narrative in the Treatment of Trauma"*. Brisbane, 12-14/9/97.
- 146. 12th Tokyo Institute of Psychiatry International Symposium. *"The nature and Longitudinal Course of PTSD".* Tokyo, 6-7/10/97.
- 147. Disaster Victim Assistance Program. *"The Range of Long Term Outcomes of Natural Disasters".* Kobe, 8-10/10/97.
- 148. International Society for Traumatic Stress Studies 13th Annual Meeting. *"Does Trauma Damage the Brain? How to Evaluate Neuronatomical Findings in PTSD, Information Processing of Neutral Stimuli"* and *"Traumatic Adaptation: Dissociation as a Consequence of Structure and Time".* Montreal, 6-10/11/97.
- 149. Stress Workshop *"Overview of PTSD"*. Modena, Italy 12/11/97.
- 150. Repatriation Medical Authority 1998 Consensus Conference. "Stress and Challenge - Health and Disease". "The biology of PTSD/Psychological stress response (positive and negative aspects) and the relationship to

PTSD" Brisbane 9-11th February, 1998

- 151. Opioids & Chronic Pain. Pain and the Poppy. *The psychobiology of posttraumatic stress disorder.* Hobart, Tasmania. 29/3/98.
- 152. Contemporary Clinical Challenges in Psychiatry. *Where does the usefulness of the trauma model start and stop?*. Sydney, 3-5/4/98.
- 153. 2nd Dutch Conference on Psychology and Health. Keynote address: *A neurobiological perspective of the Longitudinal course of post traumatic psychopathology.* The Netherlands 26/5/98.
- 154. Kuwait University. *Physical Health Consequences of PTSD.* Kuwait. 2/6/98.
- 155. Functional Brain Mapping symposium, *Verbal working memory in PTSD: a combined PET and high resolution ERP study*. Melbourne, 1998.
- 156. Presented at Australian Society for Psychiatric Research "Disturbed selective attention and posttraumatic stress disorder", Adelaide, 2 December 1988.
- 157. 5th World congress of biological Psychiatry. Florence, *A disorder of selective attention in posttraumatic stress disorder.* Italy. June 9-14, 1991.
- 155. Comorbidity Across the Addictions. *Epidemiological Evidence about the Relationship Between PTSD and Alcohol Abuse: The Nature of the Association.* Newcastle on Tyne, England, 25-27 September, 1998.
- 156. Second World Congress on Stress. *Long Term Treatment of Post Traumatic Stress Disorder.* Melbourne, 26th October, 1998
- 158. XIV Annual Meeting ISTSS. *The Impact of Trauma on Therapeutic Attachment*" Washington DC, 20-23 November, 1998.
- 159. Human Brain Mapping, *Updating working memory for words: a PET activation study*. Montreal, 1998.
- 158. SASTSS: Traumatic Stress in South Africa Working Towards Solutions, Longitudinal Model of the Neurobiology of Post Traumatic stress Disorder, Johannesburg, 27-29 January, 1999.
- 159. The Costs of Violence Seminar. *Psychological Trauma: The Challenge for a Rational Response from Administrators.* Adelaide, 12/2/99
- 160. Southern Division of General Practice. *Post Traumatic Stress Disorder Seminar*. Adelaide, 24th February, 1999.
- 161. RANZCP Special Interest Group on Psychological Trauma, 27-28/2/99, Sydney.
- 162. 10th World Congress of the International Society for Brain Electromagnetic Topography, Adelaide, Australia, October 9-13 1999 *"Differentiating working memory processes using multimodal imaging"*.
- 163. U.K. Master Class Series, Longitudinal Perspectives on Post Traumatic Stress Disorder: Implications for Treatment and Theory, 22/4/99, London.
- 163. International Consensus Group on Depression and Anxiety, 28-30/4/99, Italy.
- 164. Keynote Address 6th European Conference on Traumatic Stress 4-7th June, 1999, Istanbul, Turkey.
- 165. PTSD Workshop Brisbane 14/9/99
- 166. PTSD Symposium Copenhagen 16-18/9/99
- 167. APLA Conference "The Nature of the Costly Connection Between

Traumatic Stress and Psychiatric Injury" 22/10/99, Sydney

- 168. ISTSS Annual General Meeting, 14/11/99-17/11/99. Florida, USA.
- 169. International Symposium on Disaster Mental Health, Keynote Address, *"Long Term Lessons from Disasters: Maintaining a Focus on Current and Future Trauma"*, 3-5/2/00, Kobe, Japan
- 170. Third World Conference for ISTSS: Long Term Outcomes of Trauma in Individuals and Society. Keynote Address: *"Framing Scientific Perspectives of Trauma"*. 16-19 March, 2000, Melbourne, Victoria.
- 171. Third World Conference for ISTSS: Long Term Outcomes of Trauma in Individuals and Society. Keynote Address: *"The Historical Views of the Longitudinal Course of PTSD"*. 16-19 March, 2000, Melbourne, Victoria.
- 172. The Royal Australian & New Zealand College of Psychiatrist Annual Congress *"Psychobiology, Kindling and Allostasis"* Hyatt Hotel, Adelaide, South Australia. 26-29 April 2000.
- 173. XXIInd Collegium Internationale Neuro-Psychopharmacologicum "The Difference Between the Normal Response to Stress and PTSD: A Neuroendocrinological Perspective" 9-13 July, 2000, Brussells.
- 174. University of Zurich, Department of Psychiatry, *PTSD an overview*. Zurich, 19/7/00.
- 175. University College, London. *Working Memory Abnormalities, and PTSD.* 5th April, 2000.
- 176. ANZ II Symposium *"Management of PTSD: Do Atypicals Play a Role?"* Gold Coast, Queensland. 10-13/8/00
- 177. South African Society of Psychiatrists. *"The Neurobiology and Treatment of PTSD"* Durban, South Africa. 15-19/9/00.
- 178. South African Society of Psychiatrists. "Difficulties in Comparing Treatment Modalities and the Development of Treatment Guidelines in the Traumatic Stress Field", Durban, South Africa. 15-19/9/00.
- 179. The Rehab Challenge: Working Together Beyond 2000. *"PTSD"* Auckland, New Zealand. 12-14/10/00.
- 180. The Rehab Challenge: Working Together Beyond 2000. Keynote Address *"Compounding Psychological Effects of Trauma".* Auckland, New Zealand. 12-14/10/00.
- 181. 16th Annual Meeting of International Society for Traumatic Stress Studies. *"Resilience in the Face of Exposure to Trauma"*. San Antonio, Texas. 16-19/11/00.
- 182. 16th Annual Meeting of International Society for Traumatic Stress Studies. *"Abnormal Neurocognitive Function in the Presence of Normal Hippocampal Volume".* San Antonio, Texas. 16-19/11/00
- 183. 16th Annual Meeting of International Society for Traumatic Stress Studies. *"Hippocampal Volume and Neurocognitive Changes in PTSD"*. San Antonio, Texas. 16-19/11/00.
- 184. 16th Annual Meeting of International Society for Traumatic Stress Studies. *"A Position Emission Tomography Study of Benzodiazepine Receptors in Post Traumatic Stress Disorder".* San Antonio, Texas. 16-19/11/00.
- 185. 16th Annual Meeting of the International Society for Traumatic Stress Studies. *"The Relationship Between Dissociation and Arousal".* San Antonio, Texas. 16-19/11/00.

- 186. 16th Annual Meeting of the International Society for Traumatic Stress Studies. *"Comparison of EMDR with CBT in PTSD Patients".* San Antonio, Texas. 16-19/11/00.
- 187. Psychological and Psychiatric Injury. "Early Detection and Management of Psychological and Psychiatric Injuries". Sydney, NSW. 1-2/12/00
- 188. ASPR "Consciousness: how traumatic stress disrupts the capacity to integrate experience". December, 2000, Adelaide, South Australia.
- 189. RANZCP CME Meeting. "Somatic Presentations of Post Traumatic Stress Disorder: The Social Formulation of Disease". 15/2/2001
- 190. ASEAN 8th Congress of the Federation of Psychiatry and Mental Health, "PTSD or Comorbidity" and "Victims of Violence Assessment and Management". 17-18th March, 2001
- 191. ISTSS Conference, Edinburgh, Scotland, 26-29/5/01. Keynote Address What the Effects of Overwhelming Experience tell us about the nature of Consciousness.
- 192. 7th Annual Meeting of the Organisation for Human Brain Mapping, Brighton, United Kingdom, June 10-14 2001 "*Comparing methods for cortically constrained source localisation.*"
- 9th Annual Meeting of the International Society for Magnetic Resonance in Medicine, Glasgow, UK, April 21-27 2001 "Distinguishing executive operations from content representation during working memory function"
- 194.PTSD Workshop, Bangkok, 22/6/01
- 195. RANZCP Forensic Section, Brisbane 10/8/01 "PTSD in a Legal Setting"
- 196. Anxiety & Trauma Conference, Gold Coast, Queensland, "Drug Treatments for PTSD - Clinical Aspects on the use of Medicine in the Treatment of PTSD" and "Clinical Update - Recent Advances in PTSD" 11-12/8/01.
- 197. AMMA 10th Annual Scientific Conference, Gold Coast, Queensland, 20/10/01. "Combating the Hidden Morbidity in the ADF New Initiatives in Mental Health"
- 198. Department of Defence Annual Tri-Service Health Seminar -17/11/01, Keswick, South Australia. *"Australian Centre for Post Traumatic Mental Health".*
- 199. 197. Ninth Annual ASTSS Conference on Traumatic Stress, Auckland, New Zealand "How does the present reflect the past? The impact of the confusion about the relationship between acute stress reactions and the long term effects of trauma" 7-10th March, 2002.
- 201. Pfizer Australian Workshop. *"Relevance of Traumatic Stress to Serious Mental Illness"* Melbourne 20/4/02
- 202. Sydney, 26-28/7/02 Defence Health Symposium "Military Mental Health an Australian Context"
- 203. Royal Society of Tasmania *"The Origin of Personal and community Trauma and the History of its Study",* Hobart, 20/8/02
- 204. RANZCP Forensic Conference, "*PTSD: The Concept, Use and Abuse*", Queeenstown, N.Z. 5-8/9/02
- 205. ASD, PTSD & Recovery Conference Sydney, 8/10/02 "Can Psychiatric Disorders such as Schizophrenia and Bipolar be 'Triggered' by Trauma".
- 206. International Society for Traumatic Stress Studies 18th Annual Meeting: *"PTSD prevalence rates in very large treatment seeking Medicaid*

samples", Baltimore, USA 7-10/11/02

- 207. International Society for Traumatic Stress Studies 18th Annual Meeting: "Phenomenology and Biology of the Acute Stress Response in PTSD" Baltimore, USA 7-10/11/02
- 208. International Society for Traumatic Stress Studies 18th Annual Meeting
 "A Public Health Perspective of Traumatic Stress" Baltimore, USA 7-10/02.
- 209. *"Relevance of Traumatic Stress to Serious Mental Illness"*. Contemporary Clinical Challenges in Psychiatry. Pfizer, Melbourne. 20/4/02.
- 210. Pfizer Neurosciences Meeting "The Relationship Between Trauma and Somatisation" Brisbane, 22/2/03
- 211. Queensland Ambulance Service, Workshop on PTSD, Brisbane, 6/3/03
- 212. Adelaide Diocesan Justice and Peace Commission, St. Paul's Retreat, Adelaide, 14/6/03
- 213. Human Brain Mapping Conference, 18-22/6/03, New York "The Impact of Early Life Stress on Psychophysiological, Personality and Behaviour Measures in 740 Non-clinical subjects", New York.
- 214. 14th Annual Trauma and Dissociation Conference, 25-26/6/03, two day Workshop, Quebec. Canada.
- 215. World Psychiatric Association, "The Adult Outcomes of Brain Development,
- 216. 9/7/03, Paris. World Psychiatric Association, "Assessing the Adult Outcomes of Childhood Trauma" 10-11/7/03, Paris.
- 217. IACAPAP Conference "*The Adult Outcomes of Brain Development*", 16-19/7/03, Rome
- 218. IACAPAP Conference "Assessing the Adult Outcomes of Childhood Trauma" 16-19/7/03, Rome
- 219. International Society for Traumatic Stress Studies, 19th Annual Meeting, Chicago 29/10/03 to 1/11/03, "*Comparison of CBT and EMDR*".
- 220. International Expert Meeting 2003, The Hague, 3-4/11/03 "National and Professional Mental Health Resources needed after Disasters"
- 221. International Expert Meeting 2003, The Hague, 3-4/11/03 "Immediate and Long Term Tasks and Roles of Mental Health Consultants after Disasters".
- 222. International Expert Meeting 2003, The Hague, 3-4/11/03 "Possibilities for the Prevention of Health Problems: Anticipating Persistence".
- 223. Pfizer Neuroscience Forum. 21-22/2/04. *"Pain in Post Traumatic Stress Disorder and Behavioural Changes*, Melbourne.
- 224. Australian Society of Orthodontists, 2004 Biennial Congress "Trauma, Pain and Facial Injury: How a Psychiatrist Sees Orthodontists". 23-27/2/04, Adelaide.
- 225. Special address: "*How to Learn from the Lasting Effects of Disasters*". International Symposium on Mental Health in Post-Crisis Restoration/Rehabilitation, Kobe, Japan, 28/3/04.
- 226. IV International Congress of Psychiatric Trauma and Traumatic Stress 23-25/7/04. "Epidemiology of PTSD: Comorbidity, Disability and the Role of Trauma in Suicide". Argentina
- 227. 3rd Annual Trauma Conference 25-27/6/04. "Information Processing Disorders in PTSD: How trauma disrupts the capacity to manage day to

day information". Vancouver

- 232. 11th Annual Conference for ASTSS, Advancing Traumatology: from violence, trauma & human suffering... to healing & hope 10-11/09/04. *"Victimisation of Psychiatric Patients"*.
- 233. NSW Institute of Psychiatry: Trauma Conference, 17/09/04. *"Neroimaging Research in Trauma"*.
- 234. ASAM Aviation Conference Adelaide 18/09/04. "Assessing *Psychological Disorders in Aviators*".
- 235. World Psychiatric Association Conference, Florence, November 2004. *"Understanding and managing the consequences of violence and trauma".*
- 236. 30th Annual Scientific Meeting on Intensive Care Adelaide 20-23/10/05. "Post traumatic stress disorder in survivors of critical illness"
- 237. 21st Annual Meeting for the International Society for Traumatic Stress Studies – "*Psychological Screening and Monitoring in Military Settings*"
- 238. 21st Annual Meeting for the International Society for Traumatic Stress Studies "*The Challenges of Developing New Strategies in Disaster Research*"
- 239. 21st Annual Meeting for the International Society for Traumatic Stress Studies "Dealing with the Challenge of Planning and Service Development Following the Tsunami: a Public Mental Health Approach".
- 240. 9th Annual meeting of the Australasian Society for Psychophysiology, Sydney, Australia, February 8-13 2000 "Identifying the functional organization of working memory updating using fMRI."
- 241. 10th Annual meeting of the Australasian Society for Psychophysiology, Adelaide, Australia, December 3-5 2000 *"Regional timing of cortical networks during verbal working memory function"*
- 242. 10th Annual meeting of the Australasian Society for Psychophysiology, Adelaide, Australia, December 3-5 2000 "*Transformation of the scalp ERP signal for cortically-constrained, disturbed source localisation using realhead boundary element modelling*"
- 243. 10th World Congress of Psychophysiology, Sydney, Australia, February 8-13 2000 "Stimulus and response set during updating of working memory"
- 244. 10th World Congress of Psychophysiology, Sydney, Australia, February 8-13 2000 " Investigations of human working memory function using multimodal imaging techniques"
- 245. 35th Annual Congress of the RANZCP. *Neurobiological evidence of everyday working memory dysfunction in PTSD using PET and high density EEG*. Adelaide, 2000.
- 246. 6th Annual Meeting of Organisation for Human Brain Mapping, San Antonio, Texas, USA, June 12-16 2000 *"Linking sensory and motor representations in working memory plan formation"*.
- 247. THEMHS Conference. *The effect of treatment with clozapine on quality of life in schizophrenia.* Adelaide, 2000.
- 248. 10th Annual Meeting of the Australasian Society for Psychology, Adelaide, Australia December 3-5, 2000. *Timing of cortical networks during working memory function*.
- 249. Third World congress for the ISTSS. *Multi-modal brain imaging in the analysis of PTSD.* Melbourne, 2000.
- 250. Human Brain Mapping. *Cortical network dysfunction in PTSD*. UK, July

2001.

- 251. RANZCP conference, PTSD paper, Sydney, May 2005
- 252. Boston, May 2005 Trauma Conference. "*PTSD as an information processing disorder and a historical perspectives of posttraumatic stress disorder in a military context*".
- 253. ASTSS Conference, Perth September 2005. "The impact of childhood trauma across the lifespan: historical denial current challenges".
 "Long-term impact on children following large scale trauma: children and the Ash Wednesday bushfires 20 years on".
- 254. Australasian Epidemiological Association Conference, Newcastle, NSW, October 2005. *Medically evaluated chronic fatigue and chronic fatigue syndrome in Australian veterans of the 1991 Gulf War.*
- 255. Australian Military Medicine Association 14th Annual Scientific conference, Tasmania, October 2005. *Medical evaluation of the physical and psychological health of Australian Gulf War veterans with chronic fatigue.*
- 256. JICA Training Conference Hyogo Institute for Traumatic Stress, Japan, December 2005. *Mental health services required after disaster: How to learn from the lasting effects of disaster.*
- 257. Tsunami Reconstruction Conference, Bangkok, February 2006. Invited member of an International Group of Experts to discuss disaster relief following the Tsunami.
- 258. 4th International Conference on Anxiety, Phobic and Compulsive Disorders. Auckland, 28-29 July 2006. *Emerging issue in the identification and treatment of PTSD.*
- 259. IACAPAP Conference, 12 September 2006, Melbourne.
- 260. ASTSS Conference 14-16 September 2006, Adelaide. *Dilemmas and challenges of the trauma researcher.*
- 261. AMMA Conference, Brisbane, 19-22 October 2006.
- 262. ISTSS Conference, Hollywood 2-7 November 2006. CITRM presentation, *The challenge of constructing instruments that measure the impact of traumatic events.*
- 263. Neuroscience Round Table Conference, Adelaide, 15-16 February 2007. *Chemo Prophylactic Drugs for Treatment of traumatic Stress.*
- 264. National Vietnam Veterans' Conference, Adelaide, 18 April 2007. *Transition from Military to Civilian Life: To be sick or not to be sick, that is the question.*
- 265. Department of Veterans' Affairs *PTSD Update*. 18th May, 2007.
- 266. Wyeth Workshop *Posttraumatic Stress Disorder*. Adelaide, 28th July 2007.
- 267. ADF Mental Health Symposium *Issues in Mental Care in ADF,* Canberra, 11th August 2007.
- 268. PTSD Public Guidelines: Public Launch, Adelaide, 15th August, 2007.
- 269. Invited Plenary. International Health Conference, Gold Coase, 17th August 2007. *Recent Research into PTSD: Implications for Treatment.*
- 270. PTSD Public Guidelines: Public Launch, Brisbane, 30th August 2007
- 271. ESCAP 13th International Congress, Florence, 28th August 2007. *Neurobiology of Trauma.*
- 272. Pre-meeting Institute ISTSS Baltimore, 13th-14th November, 2007. The

DHPS: An Australian Perspective.

- 273. 23rd ISTSS Conference, Preventing Trauma and its Effects, Baltimore, USA, Nov 15-17 2007. *Theoretical and practical issues in early intervention*.
- 274. 23rd ISTSS Conference, Preventing Trauma and its Effects, Baltimore, USA, Nov 15-17 2007 *The Endemic Issues in Abuse by Professionals and Clergy*.
- 275. 23rd ISTSS Conference, Preventing Trauma and its Effects, Baltimore, USA, Nov 15-17 2007. *Do the facts confirm the Theory about Early Intervention*. Invited Symposium. Clergy.
- 276. 23rd ISTSS Conference, Preventing Trauma and its Effects, Baltimore, USA, Nov 15-17 2007. *Abnormal Recruitment of Brain Networks during Trauma-Neutral Working Memory Processing in PTSD*.
- 277. Florence Nightingale: A sufferer of a post-deployment syndrome. When the Soldier returns. Brisbane, 28-30 November 2007.
- 278. Post-Deployment Syndromes following Wars in the nineteenth and early Twentieth Century. When the Soldier Returns. Brisbane 28-30 November 2007.
- 279. Temporal relationships between war deployment and subsequent psychological disorders. World Psychiatric Association International Congress, Melbourne, 28 November-1 December 2007.
- 280. *Advising Politicians and Other Affected Persons.* Invitational Conference on 'The Psychosocial Aspects of Threat and Protection', The Hague, Holland, 12-13 March 2008.
- 281. Introducing the Report Psychosocial Effects of Threat and Protection. Closed Expert Meeting on 'The Psychosocial Aspects of Threat and Protection' - The Hague, Holland. 12th March, 2008.
- 282. *Integrating Epidemiology with Neuroscience*. Mental Health in South Australia. SA Department of Health. Adelaide, March 2008.
- 283. *Traumatic Stress and Its Place in 21st Century Psychiatry*. RANZCP Conference, Invited Plenary, Melbourne, May 2008.
- 284. *PTSD in Occupational Settings: Anticipating and Managing the Risk.* Invited Plenary ANZOM Conference Darwin, May 2008.
- 285. Service & Science: Applying the evidence in the field of military and veterans' health to a contemporary military compensation system. Repatriation Medical Authority Forum, Canberra, May 2008.
- 286. *How do they inform Clinical Practice.* ISTSS Symposium, Longitudinal Studies in PTSD, Invited Plenary, London, June 2008.
- 287. Planning mental health services following disaster a public health approach. International Society for Psychotherapy conference, Beijing October 2008.
- 288. Implications for Kuwait for rebuilding Afghanistan + "A Neural network Model of PTSD" + "Challenges in Providing Protection to Politicians" + "Trauma and its impact on art and culture". International Society for traumatic Stress Studies – Chicago 13-17 November 2008.
- 289. *Trauma awareness and recovery from PTSD Forum*, Townsville, October 2008.
- 290. *Managing trauma in the workplace*. Invited plenary International Health Conference, Surfer's Paradise, August 2008.

- 291. *PTSD Guidelines Conference Darwin*
- 292. *The Deployment Health Surveillance Program*. Regional ADF Health Reserve Symposium, Adelaide 2008.
- 293. *Medicolegal issues and challenges in PTSD + The Conundrum of Medically Unexplained Symptoms.* ASTSS Conference, Melbourne, September 2008.
- 294. *Perspectives in deployment health and data: Deployment health surveillance.* Australian Military Medicine Association Conference. Hobart, October 2008.
- 295. *The Contribution of the study of Traumatic Stress to Psychiatry.* Australasian Society for Psychiatric Research Plenary Lecture, Newcastle, December 2008.
- 296. *Research Challenges with Deployment.* Daw Park Foundation, Adelaide, September 2008.
- 297. *How stressed are our emergency service and welfare workers.* Hobart Clinic Public Oration Hobart November 2008.
- 298. *The failure of language to speak of trauma*. Nieman Foundation for Journalism, Harvard, Boston, 26-28 February, 2009.
- 299. Health Surveillance in the 21st Century: An integrated approach to the assessment of health and the maintenance of health in the ADF. SA Defence Veterans' Health Research Paper Day, Adelaide, July 2009.
- 300. The Cumulative Effects of Traumatic Events: The challenge and costs for treatment services. Plenary Lecture World Psychiatric Association, Florence, 1-4 April 2009.
- 302. *Protective Factors in the Long-term Outcomes following a Disaster in Childhood.* Invited symposium 2nd April, 2009. "Reactions of children and adolescents to trauma: from coping to PTSD".
- 303. *The Cumulative Effect of Childhood Traumatic Stress on Adult Mental and Physical Health.* Invited Satellite Meeting Florence, 31 April 2009. New Perspectives in Child and Adolescent Psychiatry.
- 304. *Topics covered included history, phenomenology, aetiology, neuroimagining and case discussions.* Copenhagen, 16-17 April 2009. 2 Day Workshop of the Working Group for Trauma Psychology.
- 305. The challenge of defining entitlements for PTSD in Australian Veterans: Lessons from the Statements of Principles. The Netherlands Meeting at the Veterans Institute Doorn to consider decorations for psychological injury in the Dutch Military - Doorn, 21 April 2009.
- 306. *Treatment of PTSD in Military Settings.* Special Grand Round Netherlands Military Hospital Utrecht, 21 April 2009.
- 307. The Conundrum of Medically Unexplained Symptoms: Questions to be considered. Special MUPS Working Group of the Netherlands Armed Forces Amsterdam, 22nd April 2009.
- 308. *PTSD in Veterans: The challenge of the intersecting worlds of medicine and the law.* Veterans Review Tribunal Annual Meeting Glenbrook, 6th May.
- 301. *Mental health screening* panel discussion. Joint Health Command and VVCS Counselling Service National Conference, Canberra, 1 May, 2009.
- 302. *Antidepressant use on deployments*. Mental Health Consultative Forum, Canberra, 2 May 2009.

- 303. The Stiff Upper Lip symptoms minimisation and post deployment syndrome: What are the mental health costs of military deployment". Key note Royal College of Psychiatrists Conference, Liverpool, 2-5 June 2009.
- 304. *Reorganising the disorganised brain.* 20th Annual International Trauma Conference, Boston, 3-7 June 2009.
- 305. *PTSD and functional integration: An issue for treatment.* 20th Annual International Trauma conference, Boston, 3-7 June 2009.
- 306. Integrating past and present: PTSD as an information processing disorder. Key note 20th Annual International Trauma Conference, Boston, 3-7 June 2009.
- 307. *The impact of childhood stress on adult mental health and drug and alcohol use: Preliminary findings.* Drug and Alcohol Nurses of Australasia Conference, 2009, Gold Coast, Queensland.
- 308. *Managing Trauma in the Workplace.* International Mental Health Conference, Surfers Paradise, 14 August 2009.
- 309. *What are the mental health outcomes of deployment?* Australian Military Medicine Association, Gold Coast, 30 October 2009.
- 310. *Preventing psychological distress by advising people in a situation of ongoing life threat.* ISTSS Conference, Atlanta, USA, 4 November 2009.
- 311. An evolving process: Post deployment mental health support in the Australian Defence Force. Symposium ISTSS Conference, Atlanta, USA, 5 November 2009.
- 312. *Multimodal imaging of working memory in PTSD: Combined data from ERP and FMRI.* Symposium – ISTSS Conference, Atlanta, USA, 6 November 2009.
- 313. *Internationalisation throughout medicine, law, psychology, psychiatry and beyond.* ISTSS Conference, Atlanta, USA, 7 November 2009.
- 314. *Psychophysiology of Stress.* Antares Foundation Inc Australian, Annual Forum, Melbourne, 13 November 2009.
- 315. *Community responses and challenges following disasters: What do we learn?* JSTSS Conference, Kobe, Japan, 6 March 2010.
- 316. *Bushfires.* ANZAPT (SA) Annual Trainees Symposium, Adelaide, 9 April, 2010.
- 317. *How Trauma Affects Communication.* Emergency Media and Public Affairs Conference, Sydney, 12 April, 2010.
- 318. *Incidence and management of workplace trauma*. National ARPA Conference, Sydney, 17th May, 2010.
- 319. The psychology of the remembrance, memorials rituals, and symbols with a focus on natural disasters. Victorian Bushfire Recovery Forum, 21st May, Melbourne.
- 320. *Integrating the Past and Present PTSD Information Processing Disorder.* Keynote EMDR European Conference, Hamburg, 10 June 2010.
- 321. Understanding Traumatic Stress Reactions The Linking of Phenomenology, Aetiology and Treatment Plan. EMDR European Conference, Hamburg. "Trauma and Beyond". 11 June, 2010
- 322. "Medically unexplained physical symptoms in military personnel". NATO HRMRTG Ottawa, Canada, 23-25 June 2010.
- 323. The relationship between trauma and substance abuse: Is self-medication

an explanation. Drug & Alcohol Nurses Conference, Gold Coast, Queensland, 16 July, 2010.

- 324. *Psychosocial aspects of disaster*. Monash University Courses on Disaster and Humanitarian Response. Melbourne, 12 August 2010.
- 325. *PTSD and Mild traumatic brain Injury*. Keynote address. PTSD, Traumatic Brain Injury & Post-concussion Syndrome Symposium, Kingscliff, NSW, 13 August, 2010.
- 326. *PTSD, Traumatic Brain Injury & Post-Concussion Syndrome Symposium,* Focus Group Facilitator – guidelines for treatment. Kingscliff, NSW, 13 August, 2010.
- 327. The long term effects of childhood trauma on mental illness, drug and alcohol use. RANZCP Congress, Auckland, 2010.
- 328. Psychotrauma Conference 26-28 August. Medical record writing and court room skills. Singapore, 26-27 August 2010.
- 329. *Emerging issues in PTSD for aetiology and treatment*. Changi General Hospital. 27 August 2010.
- 330. *Integrating the past and present: Post Traumatic Stress Disorder.* 19th Annual RBWH Health Care Symposium, 12th October 2010.
- 331. *Towards a better understanding of the physical and mental health of ADF personnel.* AMMA Conference, Canberra, 29 October 2010.
- 332. *Neuroendocrine correlates of PTSD before and after treatment.* Symposium, ISTSS, Montreal, Canada, 4 November, 2010.
- 333. *PTSD as an information processing disorder*: *Implications for treatment.* Grand Rounds Presentation, Royal Ottawa Hospital, Canada, 10 November 2010.
- 334. The responsibility to serving members and veterans; two decades of experience in Australia. 1st Canadian Military and Veteran Health Research Forum, Kingston, Canada, 16 November 2010.
- 335. *The relationship between childhood trauma, adult trauma, mental illness, drug and alcohol use.* APSAD, Canberra, 28 November 2010.
- 336. *Medical Unexplained Physical Symptoms in Military Personnel*. NATO HFM-175/RTG Working Group, Amsterdam, 7-8 April, 2011.
- 337. *Trauma assessment and treatment: current research*. NSW Victims Services: Practitioners Day. Sydney, 20 May 2011.
- 338. Expert Forum. ACPMH 'Many Paths, One Purpose", Melbourne, 12 August, 2011.
- 339. The Complexities of the Relationship between Alcohol Consumption & *Psychiatric Disorder.* Cutting Edge Conference, Auckland, 1 September 2011.
- 340. *The Comorbidity of Alcohol and Trauma*. Cutting Edge Conference, Auckland, 2 September 2011.
- 341. Symposium. 15th World Psychiatry Association Congress, Buenos Aires, 20 September, 2011.
- 342. Do we learn from history? Pathology of memory and the field of traumatic stress. Keynote speaker. 15th World Psychiatry Association Congress, Buenos Aires, 21 September 2011.
- 343. *The prolonged and unanticipated impact of traumatic stress.* RANZCP Keynote address, Queenstown, New Zealand, 30 September 2011.
- 344. The role of CL & Health Psychology Services when Disaster Strikes.

Keynote speaker. Queensland Consultation Liaison Psychiatry Symposium, Brisbane, 11 October, 2011.

- 345. An epidemiological study of mental health in serving Australian Defence Force Personnel: The Mental Health Prevalence Study. Military Health Shaping the Future, AMMA Conference, Melbourne, 21 October 2011.
- 346. *The prolonged and unanticipated effects of traumatic stress.* RANZCP Victorian Branch Conference, 22-23 October 2011.
- 347. What does the average ADF member look like and what are the risks to physical and psychological health in the ADF. Defence Human Sciences Symposium, 15 February 2012.
- 348. *Coping with adversity: The impact of traumatic stress on health.* Women's Health Conference, Gold Coast, 24 February 2012.
- 349. Longitudinal cohort studies commencing in childhood: What does this tell us about adult psychological health? Childhood Trauma Conference, Gold Coast, 4-5 July 2012.
- 350. The Longitudinal Course of Posttraumatic Sensitization Disorder: The long tail of impact of war like service. DVA Research Seminar, Canberra, 10 July 2012.
- 351. *Disaster in social and cultural perspective: impact, response, memory.* Australian Historical Association Conference, Adelaide, 12 July 2012.
- 352. Long-term psychological adjustment in adult survivors of paediatric burns: A 25 year follow-up of children admitted to South Australia's major children's trauma hospital. ANZBA Conference, 9-12 October 2012.
- 353. *Emerging Mental Health Issues.* Mental Health Forum, Adelaide, 26 October 2012.
- 354. *PTSD Evidence from medical Witnesses.* Legal Services Communications Conference, 2 April 2012.
- 355. *The continuum from injury through rahabilitation and recovery.* ADF Workshop, Canberra, April 2014.
- 356. *Duty of care and peacekeeping*. Pacific Armies Chiefs Conference VIII (PACC), 9 September 2013.
- 357. *Duty of care and peacekeeping.* Pacific Armies' Management Seminar XXXVII. 11 September 2013.
- 358. *Incidence and management of workplace trauma.* Australian Society of Rehabilitation Counsellors Nation Conference, Sydney, 24-26 October 2013.
- 359. 3rd National Conference of Medical Clinical Psychology, Guangzhou, China 22-24 November, 2013.
- 360. One hundred years of lessons about the impact of war on mental health: *Two steps forward, one step back.* Conference "The impact of Great Wars and Beyond: Medical and Military Psychotraumatology. Leiden, May 22, 2014.
- 361. *Current perspectives of the psychological costs of the impact of World War I on the Australian Forces.* World Psychiatric Conference, 9-14 September 2014.
- 362. *Lessons for psychiatry learned from the Great War*. Symposium, Netherlands Embassy, Madrid, 15 September 2014.
- 363. Research Challenges and Epidemiological findings in Australian Military Mental Health Research. Presentation to the Kings College, London,

Military Research Group, 2014.

- 364. *A randomised controlled trial of neuro-feedback for chronic PTSD.* Symposium-ISTSS Conference, Miami, 8 November, 2014.
- 365. A prospective study of the differential impact of mTBI and PTSD on cortical arousal. Symposium-ISTSS Conference, Miami, 8 November 2014.
- 366. The prolonged and unanticipated consequences of exposure to traumatic stress. Presentation to the Department of Psychiatry at New York University, 2014.
- 367. *Recent History of Military and Veterans Health and the Continuing Challenges,* Key Note Speaker ANZAC Symposium, Adelaide, July 2015.
- 368. The prolonged and unanticipated consequences of exposure to traumatic stress. Presentation to the Tasmanian Branch of the RANZCP, August 2015.
- 369. *The Prevalence of PTSD and Future Directions in Research,* Key Note Speaker, Standing Tall for PTSD Meeting, Brisbane, September 2015.
- 370. The Challenges of Delivering Health Care to Veterans and Emergency Service Personnel, Veterans Health Advisory Meeting, Christchurch, September 2015.
- 371. *Mental Health and the Wellbeing Transition Study*, Key Note Speaker, The National RSL Conference, September 2015.
- 372. Comparison of the Mental Health of the Australian Defence Force within the Australian Community, Symposium, International Society for Traumatic Stress Studies, New Orleans, November 2015.

WORKSHOP AND CONFERENCE PAPERS

- 1. *"Life Events Stress in the Massively Obese".* Presented at the Brisbane Conference of the Royal Australian and New Zealand College of Psychiatrists, 1977.
- 2. *"Congenital Blindness in Anorexia Nervosa"*. Presented at the Hong Kong Conference of the Royal Australian and New Zealand College of Psychiatrists, 1981.
- 3. *"Determinants of Disability in Rheumatoid Arthritis"*. Accepted for presentation at the Herbenden Society Meeting in London, 1981.
- 4. *"Patterns of Illness Behaviour in Rheumatoid Arthritis"*. Presented at the Second Scientific Meeting of the Australian College Rehabilitation Medicine, Sydney, 1982.
- 5. *"The Relationship Between Psychological Symptoms and Disease Activity in Rheumatoid Arthritis"*. Presented at the Annual Congress of the Australian Rheumatological Association, Newcastle, 1983.
- 6. *"Ash Wednesday the Effects of Fires on School Children"*. Presented at the Royal Australian and New Zealand College of Psychiatrists' Conference, October 1983.
- 7. *"The Determinants of Abnormal Illness Behaviour"*. Presented at the Royal Australian and New Zealand College of Psychiatrists' Conference, October 1983.

- 8. Davies, J, Hall, J and McFarlane, A C, *"Methodological Assessment of the Dexamethasone Suppression Test"*. Presented at the Royal Australian and New Zealand College of Psychiatrists Conference, October 1983.
- 9. *"Psychiatric Disorder in Primary School Children Following a Natural Disaster"*. Presented at the Workshop "Human Behaviour in Disaster" at the Australian Counter Disaster College, Mt Macedon, 25-27 April 1984.
- 10. McFarlane, A C and Croft, G. *"Post traumatic Stress Disorders in Firefighters: Ash Wednesday"*. Presented at the Workshop "Human Behaviour in Disaster" at the Australian Counter Disaster College, Mt Macedon, 25-27 April 1984.
- 11. McFarlane, A C and Frost, M. *"Evaluation of the Bushfire Relief Team"*. Presented at the Workshop "Human Behaviour in Disaster" at the Australian Counter Disaster College, Mt Macedon, 25-27 April 1984.
- 12. Cook, P, Wallace, M and McFarlane, A C. *"The Effects of Bushfire Disaster on Firefighters and their Families"*. Presented at the Australian Counter Disaster College, Mt Macedon, 25-27 April 1984.
- 13. McFarlane, A C, Hobbin, E and Kneebone, C. *"Determinants of Disability in Stroke Patients"*. Presented at the First International Conference on Illness Behaviour, Adelaide, 15-17 August 1984.
- 14. *"The Relationship Between Psychiatric Impairment and a Natural Disaster: The Role of Distress".* Presented at the Australian Society for Psychiatric Research, Sydney, 2-3 December 1984.
- 15. *"Psychoimmunology and Arthritis"*. Presented at the XVI International Congress of Rheumatology, Sydney, 20-21 May 1985.
- 16. *"Psychological Aspects of Aetiology and Determinants of Disability in Rheumatoid Arthritis"*. Presented at the XVI International Congress of Rheumatology, Sydney, 20-21 May 1985.
- 17. *"The Psychological Dimensions of Arthritis"*. The Community Organizations Program at the XVI International Congress of Rheumatology, Sydney, 20-21 May 1985.
- 18. *"Posttraumatic Stress Disorders: A Separate Diagnostic Entity the Phenomenology and Validity of the Concept"*. Presented at the 1985 Annual Congress of the R.A.N.Z.C.P., Hobart, 6-10 May 1985.
- 19. McFarlane, A C and McFarlane, C M. *"An Epidemiological Study of the Relationship Between Weight Disorder and Psychological Symptoms and Family Functioning in Primary School Children"*. Presented at the Second International Conference of Eating Disorders, Sydney, March 1986.
- 20. *"Diagnostic criteria and the International Classification of Impairments, Disabilities and Handicaps"*. Presented at the Annual Congress of the R.A.N.Z.C.P., Auckland, 11-15 May 1987.
- 21. *"Psychoimmunology and the Disease Course of Rheumatoid Arthritis"*. Presented at the Ninth World Congress of the International College of Psychosomatic Medicine, Sydney, 30 August to 10 September 1987.
- 22. Leslie, A, Ahern, M, Roberts-Thomson, P, Clark, M and McFarlane, A C. *"Illness Behaviour in Rheumatic Diseases"*. Presented at the Australian Rheumatoid Arthritis Conference, May 1988.
- 23. *"Workers Compensation, Posttraumatic Stress Disorder and the Workplace".* 1st World Congress ISTSS Amsterdam, 22-24 June 1992.

- 24. *"Conundrums of Workers Compensation"*. Annual Congress RANZCP Canberra, 28 September to 2 October, 1992.
- 25. Symposium *"Emergency Issues in PTSD research"*. 8th Annual Meeting ISTSS, Los Angeles, 22-25 October 1992.
- 26. Crotty, M., McFarlane, A C., Brooks, P M., Bieri, D., Hopper, J L. and Taylor, S. *"Longitudinal study of disability in women with early rheumatoid arthritis - the importance of pain"*. Presented at Australian Rheumatology Association National Scientific Meeting, Adelaide, May 1993.
- McFarlane, A C., Crotty, M., Brooks, P M., Bieri, D., Hopper, J L. and Taylor, S. *"Determinants of psychological 'status in early rheumatoid arthritis"*. Presented at Australian Rheumatology Association National Scientific Meeting, Adelaide, May 1993.
- 29. Symposium *"The Role of Memory in Response to Trauma"*. 9th Annual Meeting ISTSS, San Antonio, Texas, 24-27 October 1993.
- 30. Symposium *"Comorbidity and Traumatic Stress"*. 9th Annual Meeting ISTSS, San Antonio, Texas, 24-27 October 1993.
- 31. Symposium *"The Longitudinal Changes in the Processing of Traumatic Memories"*: APA Meeting, Philadelphia, Pennsylvania, May 21-26, 1994
- 32. Symposium *"Relationship Between Arousal Dissociation and Memory"*, Philadelphia, May 1994
- 33. Symposium "Trauma, Memory and Dissociation", "The Longitudinal Changes in the Processing of Traumatic Memories", 10th Annual Meeting ISTSS, 5-9th November, 1994.
- 34. Symposium "Attentional Deficits Due to Trauma in Children", American Psychiatric Association 148th Annual Meeting, Miami, Florida, 20-25th May, 1995.
- 35. Clinical Evening, The Australian Physiotherapy Association, *"Post Traumatic Stress Disorder"*, Adelaide, 7th June 1995.
- 36. Consensus Conference *"Diagnosis and Assessment in PTSD Research"*, Department of Veterans Affairs, Boston, Massachusetts, Nov. 7-8, 1995.
- 37. Symposium: Electrophysiological Abnormalities in Combat PTSD. *"Working Memory in PTSD: an ERP Perspective".* International Society for Traumatic Stress Studies, San Francisco, November 1996.
- 38. Symposium: The Changing Treatment Picture: Reprocessing of Traumatic Memory and the Chronic Effects of Trauma. *The Longitudinal Course of PTSD: Chronic Effects and Treatment of Choice.* International Society for Traumatic Stress Studies.
- 39. *"Does Trauma Cause PTSD?"* International Society for Traumatic Stress Studies 12th Annual Meeting, San Francisco, November 1996.
- 40. *"Acute Stress Disorder: Assessment, Process, and Treatment".* International Society for Traumatic Stress Studies XIVth Annual Meeting, Washington DC, 20-23rd November, 1998.
- 41. *"Psychological Disorders in Australian Gulf War Veterans",* Annual Conference of the Royal Australian College of Physicians, Hobart (2003).
- 42. "Dealing with the challenge of planning and service development following the Tsunami: a public mental health approach". "Psychological screening and monitoring in Military settings". "The challenges of developing new strategies in disaster research. Mental health services required after disaster: learning from the lasting effects of disasters". ISTSS Conference,

Toronto, November 2005. 3 papers.

- 43. *Mild traumatic brain injury (mTB1): Traumatic stress by another name?* Symposium, ISTSS, Montreal, Canada, 6 November 2010.
- 44. *"Integrated Perspectives of Neuroimaging in PTSD"* Symposium, ISTSS, Montreal, Canada, 6 November 2010.
- 45. ISTSS, Baltimore, 2-5 November 2011.
- 46. *New research in PTSD: Clinical and applied research*. ISTSS Conference, 2-5 November 2012.
- 47. A unique study of posttraumatic mental health: An epidemiological study of serving Australian Defence Force personnel. ISTSS Conference, 2-5 November 2012.
- 48. ISTSS Conference, Philadelphia, 7-9 November 2013.
- 49. ISTSS, Miami, 6-8 November 2014.

Invited External Examining

1. Kuwait University, Faculty of Medicine, Department of Psychiatry, 16th to 21st June 2007

Invited and Directed Research

Dissociative Reactions Following Extreme Stress

Based on my data set collected after the Ash Wednesday bushfires, the DSM-IV Sub-Committee of the American Psychiatric Association examining dissociative disorders has contracted me to contribute information about the prevalence and type of dissociative phenomena seen in disaster victims.

What are the effects of having an illness or injury whilst deployed on post deployment mental health? A population based record linkage study of UK Army personnel who have served in Iraq or Afghanistan

4 August 2012 - Invitation to write a commentary article for the BMC Medicine on the above research.

GRANTS RECEIVED

- 1. Brooks, P and McFarlane, A C. "Determinants of Disability in Rheumatoid Arthritis". Funded by South Australian Rheumatism Association \$2,000.
- McFarlane, A C. "Firefighters in the Ash Wednesday Fires: A Study of Psychological Morbidity and Post Traumatic Stress Disorders". Jointly funded with: McFarlane, A C, Irwin, C and Policansky, S: "Children in Disaster - The Ash Wednesday Bushfires". Funded by Flinders Medical Centre Research Foundation - \$7,950.

- 3. McFarlane, A C. "Firefighters in the Ash Wednesday Fires: A Study of Psychological Morbidity and Post Traumatic Stress Disorders". Funded by S.A. Great South Australian Country Fires Services Training and Research Foundation - \$3,958.
- 4. McFarlane, A C. "The Psychological Morbidity in Primary School Children following the Ash Wednesday Fires". Funded by Channel 10 Medical Research Foundation of South Australia - \$2,507.
- 5. Brooks, P M and McFarlane A C. "Determinants of Disability in Chronic Arthritis". Special Purpose Grant. National Health and Medical Research Council Grant \$10,000: 1985.
- 6. McFarlane, A C. "Long Term Outcome of Posttraumatic Stress Disorder Following Treatment". The Flinders University of South Australia Research Budget Grant - \$1,984: 1986.
- McFarlane, A C. "A Longitudinal Study of Posttraumatic Stress Disorders". The Flinders University of South Australia Research Budget Grant -\$1,600: 1986.
- 8. Brooks, P M and McFarlane, A C. "Determinants of Disability in Early Rheumatoid Arthritis". Funded by National Health and Medical Research Council - \$75,765. Project Grant 1986, 1987 and 1988.
- 9. McFarlane, A C and Kalucy, R S. "Long Term Outcome of Posttraumatic Stress Disorder Following Treatment". Funded by National Health and Medical Research Council - \$75,442.70. Project Grant 1987, 1988.
- 10. McFarlane, A C. "The Attention Process in Posttraumatic Stress Disorder". Funded by The Flinders University of South Australia, University Research Budget - \$1200: 1988.
- 11. McFarlane, A C. "The Clinical Usefulness of the International Classification of Impairments, Disabilities and Handicaps in General Psychiatric Patients". Project Grant funded by National Health and Medical Research Council - \$156,185.06: 1989, 1990, 1991.
- 12. McFarlane, A C and Brooks, P M. "Effect of Psychological Treatment on Disease and Disability in Arthritis". Project Grant funded by National Health and Medical Research Council - \$70,000 annually: 1990, 1991, 1992.
- 13. McFarlane, A C and Clark C R. "The Role of Disturbed Selective Attention in Anxiety Disorders". Project Grant funded by National Health and Medical Research Council - \$38,151.79 annually: 1990, 1991, 1992.
- 14. McFarlane, A C and Clayer, J R. "Prevalence of Mental Illness and Needs in the Riverland". Project Grant funded by Research and Development Grants Advisory Committee \$71,789 annually: 1990, 1991, 1992.
- 15. McFarlane, A C. "Early Distress Response as a Predictor of Posttraumatic Stress Disorder in Trauma Victims". Project Grant funded by National Health and Medical Research Council - \$53,056 annually: 1993, 1994, 1995.
- 16. University of Adelaide grants:
 - 1) Project from University Research Grants \$15,000 & \$28,740.
 - 2) B1 Research Grant \$6,000
 - 3) B3 Research Grant \$3,200 and \$2,000
- 17. McFarlane, A C and Clark, C R. "Stimulus Processing in Posttraumatic Stress Disorder by ANN Analysis of ERP Patterns". Project Grant funded

by National Health and Medical Research Council - \$58,000 annually: 1994, 1995, 1996.

- University of Adelaide B1 grant
 1997 \$10,000
- 19. A study of drug (Fluoxetine) vs cognitive behavioural therapy in the treatment of PTSD National Heath and Medical Research Council 1996 \$43931
 - 1996 \$43931
 - 1997 \$87091 1998 \$88659
 - 1998 \$88039
- 20. The Relationship between HPA function in acute stress and the development
 - of PTSD Department of Veterans Affairs 1998 - \$80378
 - 1999 \$81978 2000 - \$81978
- 21. A study of cerebral benzodiazepine receptors in posttraumatic stress disorder Department of Veterans Affairs 1998 \$86562
 - 1998 \$86562
 - 2000 \$86562
- Study of the cerebral dynamics of central executive function in PTSD, using fMRI and ERPs National Heath and Medical Research Council
 1998 58,675
 1999 50,980
 - 2000 52,450
- 23. Adult Consequences of Childhood Exposure to Psychological Trauma -NHMRC
 - 2002 \$140,000
 - 2003 \$115,000
 - 2004 \$ 35,000
- 24. Donepezil Study Pfizer Pty. Ltd.
 - 2002 \$26,004
- 25. Separations from the Royal Australian Navy 1991-2001: Information from the Gulf War Veterans Health Study Australian Defence Force, Canberra \$20,000
- 26. Post Traumatic Mental Health: Enhancing Resilience and recovery. National Health and Medical Research Council Program Grant -
 - 2004 \$243,000
 - 2005 \$243,000
 - 2006 \$249,490
- 27. Follow-up of the Port Pirie lead cohort into adulthood study. National Health & Medical Research Council -
 - 2007 \$ 211,750
 - 2008 \$ 219,200
 - 2009 \$ 134,700
- 28. PTSD Dunlop Foundation Risk factors and symptom patterns associated with PTSD in Australian

Gulf War veterans: Subgroup analysis and development of brief screening tests.

2007	\$	19,342.
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- 29. Middle East Area of Operations Health Prospective Study \$ 354,000 2007
 - 2008 \$ 167,000

2009 - 2013 \$10,900,000

- Gulf War Study Followup 30. 2010 (1st quarter) \$125,336
- 31. NHMRC Program Grant: Posttraumatic Mental Health: Advancing Understanding of Diagnosis, Treatment and Mechanisms 2010-2014 \$7,500,000
- 32. Middle East Area of Operations – Health and Wellbeing Survey Phase 1 2009-2013 \$912,473

Phase 2

2009-2013 \$ 1,468,228

- 33. Adult Outcomes of Childhood Burn Injury **Burns SA** 2010
 - \$ 53,000
- NHMRC Enhancing mental health in Aboriginal people: Reducing 34. and developing Resilience violence

2007-2010 \$ 1.650.000

35. Mild Traumatic Brain Injury Literary Review - Department of Veterans Affairs

2011 \$ 75,000

- 36. Middle East Area of Operations Deployment Health Surveillance Program 2008-2012 \$11,421,000
- 37. ADF Mental Health Prevalence and Wellbeing Study Department of Defence 2012-2013 \$ 319,000 2013-2014 \$ 455,000
 - \$ 144.900 2014-2015
- 38. What the number and type of head injuries does to the brain in Australian troops deployed to Afghanistan **Defence Health Foundation** 2013-2015 \$ 87.000
- 39. Department of Veterans' Affairs -Mothers in the Middle East Area of Operations \$ 168,000 2013/2014
- 40. NHMRC Partnership Grant -SA Metropolitan Fire Service NHMRC GNT1076594 2014-2016 \$ 472,000
- 41. Department of Veterans' Affairs and Department of Defence -**Transition and Wellbeing Research Program** 2014-2017 \$3,150,000
- 42. NHMRC Program Grant -Translating Science into Better Posttraumatic Health 2015-2019 \$12,500,000

EVIDENCE TO PUBLIC ENQUIRIES

- 1. "Select Committee on the circumstances related to the Stirling Council pertaining to and arising from the Ash Wednesday 1980 bushfires and related matters." Legislative Council, Parliament House, Adelaide, 30 August 1991.
- 2. "Select Committee on the Housing Co-operatives Bill." House of Assembly, Parliament House, Adelaide, 15 October 1991.
- 3. "Joint Select Committee on the Workers Rehabilitation and Compensation System (WorkCover)." House of Assembly and Legislative Council, Parliament House, Adelaide, 15 October 1991.
- 3. "National Inquiry Concerning the Human Rights of People with Mental Illness". Presented before Commissioner B Burdekin, Human Rights and Equal Opportunity Commission, Adelaide, 21 October 1991.

ADDENDUM TO CV FOR A C McFARLANE

EXPERIENCE IN COMPENSATION AND MEDICO-LEGAL ARENAS

1. Consultancies

A) World Health Organisation - Kuwait - 1993

I was requested by the World Health Organisation to examine a large epidemiological study which investigated the psychological impact of the Iraqi occupation on the Kuwaiti population. The specific aim of this consultancy was to assess the way in which the evidence collected in this study could assist in the United Nations Compensation Commission's assessment of claims for psychological injury. This involved an examination of the validity of the data set and the conclusions drawn from this study.

The consultancy required extensive examination of the other available information about the psychological impact of the Iraqi occupation and the valid record of the human rights abuses which occurred during this period of time. A series of recommendations were made both about the study and its implications for the future management of mental health in Kuwait.

Subsequently I have been asked to chair an International Advisory Group, looking at how to improve the management of post traumatic morbidity.

B) Vietnam Veterans Counselling Service

I was invited in 1993 to conduct a detailed review of the Vietnam Veterans Counselling Service in Australia at the request of the Department of Veterans' Affairs. I declined the invitation because the review would have taken approximately six months full time and I was unable to free myself from my other responsibilities for such a period. I have been invited to provide an independent opinion to this review. One issue being addressed in this review is the issue of diagnostic practise and quality control issues in psychiatric diagnosis by psychiatrists for the purpose of pension determination.

2. Peer Review Advisor in Psychiatry to WorkCover Corporation

The WorkCover Corporation is the sole provider of workers' compensation to the population of South Australia. I held this position in 1991 and 1992 when I resigned.

This task involved assisting the Corporation develop its policy and improve the administration of workers' compensation claims, particularly in the area of psychological disorders.

I was involved in assisting with the re-drafting of the legislation which was amended during this period of time. Apart from assisting in policy development and advice to managerial staff, the majority of the responsibilities involved assisting in claims adjudication and advising staff about claims management. This included advising about the appropriate use of legal counsel.

The position also involved reviewing the clinical and diagnostic practises of other psychiatrists.

3. Disaster Litigation.

My clinical practise has now involved me in the litigation of four major disasters. Apart from the research conducted after the 1983 Ash Wednesday bushfire disasters, I have also been involved in the assessment of personal injury claims for many of the victims. These fires were caused by the of power lines and the Electricity Trust of South Australia was the defendant. This experience has provided an unusual opportunity of dealing with a large number of claimants from the same event and to make a series of observations about both the impact of the process of litigation and the legal decision-making process under a Westminster system of justice.

A Russian cruise ship, the 'Mikhail Lermintov', sank off the coast of New Zealand. A large litigation case was heard in the Admiralty Court of New South Wales. I was asked to act as both an adviser to the counsel for the plaintiffs, as well as providing a general opinion to the court about a range of issues under question. This involved dealing with the issues relating to post traumatic stress disorder in a different jurisdiction from the Ash Wednesday bushfires. This experience highlighted a number of the questions concerning the definition of nervous shock and psychiatric caseness.

A further bushfire that occurred in South Australia in 1980 which destroyed 50 homes. I was involved in the ongoing litigation case of the plaintiffs against the Stirling District Council. This litigation was ultimately settled by a mediator. A series of issues arose about the legal process and I was invited to give evidence to a Parliamentary Select Committee of the Legislative Council of South Australia investigating this matter.

4. Medico-Legal Practice.

A proportion of my rights to private practice are spent providing medico-legal opinions about patients. The significant majority of these cases have posttraumatic stress disorder and I am often requested to assist in difficult or controversial matters regarding such patients.

5. Clinical Work with Post Traumatic Stress Disorder Patients

By the nature of my ongoing clinical work, a number of the patients who I consult on a regular basis are involved in litigation because of the involvement of a third party in causing their traumatic experience. In these cases, I am required to provide medico-legal opinions as well as assisting the patients dealing with the medico-legal process.

6. Research in the Medico-Legal Area

A) Longitudinal Outcome of Patients involved in Medico-Legal Cases

Following the 1983 bushfires, I have followed approximately 90 patients who have been involved in the litigation process. In this study, I have been documenting the long-term effects of the litigation as well as with the assistance of a Masters student in Psychology, enquiring about their perceptions of the legal process and its impact. This study has also provided a setting for examining the issue of caseness and its assessment in the medico-legal setting.

B) Quality Assurance Issues.

In Australia, the legal system involves an adversarial process. This raises a series of important questions about the quality assurance of professional opinions. With the assistance of a PhD student, I have examined the diagnostic specificity and sensitivity of clinicians, by using a variety of methods of structured assessment of patients.

C) Relationship Between Impairment Disability and Handicap in Compensation Patients.

An important question in the assessment of damages is not only the presence of a psychiatric disorder, but the extent of the associated disability and handicap. In this study, an attempt is being made to examine the question as to whether unusual levels of disability emerge in the medico-legal setting in contrast to non-compensation settings.

D) Cross Cultural Issues of Disasters and Method of Relief Provision.

With a PhD student, I have been involved in examining an earthquake which occurred in the Yunan Province of Southern China which killed 800 people. This study has provided an opportunity to both look at the epidemiology of posttraumatic stress disorder as well as a number of the cross-cultural issues. As well, this is a setting in which no possibility of compensation could arise. It therefore provides a valuable setting in which to determine questions of severity and caseness.

I have given a series of presentations about these, including the Forensic Section of The Australian and New Zealand College of Psychiatrists, the Annual Meeting of the International Society of Traumatic Stress Studies, the Annual Congress of The Australian and New Zealand College of Psychiatrists and the Dr. Graham Dick Memorial Lecture and to the Law 87

Society of South Australia.

7. Law Reform

As a result of my experiences in both the compensation and third party litigation, I have been attempting to interest both the South Australian and Commonwealth Governments in Australia in the issue of law reform relating to victims of trauma. This group of people, particularly in actions where there is a single defendant in a number of claims, raises a number of questions about the organisation of courts in Australia and the presentation of evidence.