

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

SUB.0002.0001.0052

N/A

Name

[REDACTED]

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"I am a disabled woman who can articulate. I have reached certificate III and IV levels of tertiary education and have my VCE yet I have been and am being abused by bureaucrats in Victoria. Much of this has been outlined in my submission to the Federal Royal Commission into Disability issues. I have had a scarred thalamus since infancy. I have been systematically abused by my late mother, late father, illegitimate maternal 1/2 sister, her ex-husband, some maternal cousins. This in turn has led to further abuse by bureaucrats within the state of Victoria. Such bureaucrats work in both the state and federal jurisdictions and include: Child Protection staff in the [REDACTED] and [REDACTED] catchment areas, Family Court staff at the Melbourne and [REDACTED] registries, Victoria [REDACTED] - past and present. In the past, I have been abused by Victoria Police [REDACTED] officers (Refer to CPS File held by [REDACTED] Police Station). In the past I have even our current state Governor, Former Family Court Judge, [REDACTED] is no angel when it comes to abuse of my person along with other Australian Orders recipients - [REDACTED] - Children's alleged representative in the Family Court system in Victoria, [REDACTED], Court Councillor - [REDACTED] Registry and many others whose names occur on my Family Court File pertaining to the legalized abuse of my son and myself, along with the legalized kidnapping and Family Court approved "grooming" procedure for my son to be handed over to my abusers - viz my late mother who was denied custody, but could associate with my son and her illegitimate daughter, another of my abusers had custody. I was denied the right to see my son. I had to bring my son's father into court proceedings - This man is a paranoid schizophrenic. He threatened to gut me and pull my son from my womb and let me die, yet [REDACTED] and [REDACTED] wanted me to bring him into the court proceedings. This has traumatized me no end and I have been unable to work ever since. My life was to a large part, was destroyed. Since Mar 2 2002, I have been living in the Upper Yarra Valley in [REDACTED], [REDACTED] and back in [REDACTED]. I have had to deal with the local criminal "[REDACTED]" "[REDACTED]" continuously abusing [REDACTED] and myself. The house that my friend, [REDACTED] was building was set alight by arsonist on a number of occasions. Local police first tried to deny an issue of arson, but [REDACTED] uniform officers confirmed our suspicion. Finally, in the early hours of 2 October 2010, the house was arsoned to below stumps. In my belief, local police tried to place the blame on [REDACTED] and myself. Finally, we had a result of the arsonist being convicted in the County Court. The arsonist himself was abused by his mother - left to wander the streets of the Upper Yarra Valley and to fall prey to the illegal prostitutes and illegal drug addicts of the Upper Yarra Valley. His name is [REDACTED] - he was 18 years at the time. We had tried to take out a restraining order on him earlier in 2010, only to have local police member(s) thwart our efforts. I have had a restraining order on one of the prime problematic women in the area for over a decade, yet police have failed to charge her on numerous occasions. I am still waiting for a response as to why she hasn't been charged. All I know is that I have been told by police "You don't know what you have done" in relation to her. "Too many problems will occur if I charge them" and other similar comments. I

have police involved in bearing false witness against me and wanting maliciously placed restraining orders upon me when I am the actual victim. All I have ever asked is to be treated as a normal person with minor disabilities, yet I have been treated worse than an illicit drug addict. The names of all these people are listed in documents held by various government bodies - Family Court, Magistrates' Court [REDACTED], County Court Melbourne, Victoria Police, Government House Victoria, DHHS Victoria. The Family Court proceeding was used against me to: Steal my son. Stop me taking out will and estate proceedings against the "

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"Nothing is working all that well. Improvements: Drug Addicts if they harass non drug addicts / disabled are to be incarcerated until such time that they are ""clean"". Each time they fail their conditions they are to return to jail. Drug councillors are to make more of an effort to ensure that drug addicts stay off drugs. Return of the death penalty for persistent problematic drug addicts, drug dealers and pimps. Ensure that restraining orders that are in place are adhered to. Appropriate compensation to be available for victims. Ensuring that people who are guilty of abusing vulnerable people - disabled / mental health patients are forbidden to work with vulnerable people again. A case in study is the current state governor of Victoria. Assist disabled parents to be separated from abusive family and ensure that they have appropriate support."

What is already working well and what can be done better to prevent suicide?

Working well: Barriers on Westgate Bridge. ===== What needs to be done: We need proper mental asylums / units / jails where drug addicts / dealers can be placed away from the rest of the general community. We need drug and alcohol councillors to work harder to keep vulnerable substance abusers away from drugs. We need to have a system where substance abusers who are going off the rails can be appropriately dealt with. Better support for disabled parents to parent their children away from abusive family. Ensure that all (abusive) family members are assessed for their own mental health and substance abuse issues if staff are ill equipped to handle cross-over complaints. Do not send disabled parents / people through the family court system. It severely fails them. Child Protection staff tended to shunt cases to the FCA during the 1990's and first decade of this current century.

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

"Good Mental Health: Be prepared to listen and believe what disabled people are saying. Disabled people who can't vocalize are in a worse position than myself. I can at least say what is wrong, even if it is sometimes with difficulty. Be prepared to take disabled parents and their children away from immediate family. It is usually the family who are involved in the abuse of a disabled person. For me, it was: My father: Discipline issues... My mother: Discipline issues, falsely stating that I was mentally unstable when she was. Maternal 1/2 sister, maternal cousins: stating that I was on drugs - they were. Maternal female cousin: Jealous like above 1/2 sister as I was the favourite grand daughter of my maternal grandmother. Children of above cousin - at least one was a confirmed illicit substance abuser. A disabled person's child being left in the care of (one of) their abuser(s). No contact with children due to breaches of orders and lies etc. My son is still being lied to by this same illegitimate 1/2 sister about many things and I am helpless under each and every law within this country to do anything. He will be 22 in September and he doesn't even have his

own bank account. I do not trust her regarding his fiscal issues. Mental health staff intent on discrediting a parent in order to feloniously take a child from them and assist child protection, legal council, abusive family members and police."

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

"*Family Court not having the appropriately trained staff to handle cases involving disabled parents.*Restraining Orders*Poorly trained / gullible DHS Child Protection Staff*Lack of Public / Social / Specialist housing for vulnerable Victorians.*Lack of funds towards mental institutions that treat substance abusers in-house.*Lack of training for police to deal with disabled Australians.*Stating someone is mentally unstable when they have a brain injury. - false diagnosis by people who are not properly trained medical practitioners.*Having family refusing to properly medicate children*Family prohibiting vulnerable family members to take appropriate medication.*Poorly trained / gullible medical staff at outreach centres such as [REDACTED] of [REDACTED].*Family Court councillors etc. are ""protected people"" when it comes to making reports about them to relevant Victorian bodies.*Partially trained medical personnel - Refer to [REDACTED] - training at the [REDACTED] Hospital in 1981-1982 onwards. She quit her course.*Protection of the perpetrator under law.*If there is a disabled / mentally challenged child in a family, the order of position of children in a will should automatically be as follows for all families:1) Mentally / disability challenged -> 2) Legitimate children -> 3) Legitimized 4)illegitimate children If a child is ""challenged"" in any manner, the monies of the estate must automatically be handled by the State Trustees. Having a family member as executor, especially an illegitimate child This is to cease having disabled children maneuvered out of gaining anything from their parents estate."

What are the needs of family members and carers and what can be done better to support them?

"I am disabled. I tell the truth, yet there are both Victorian and Federal bureaucrats and judiciary who are in breach of my basic human rights. Police to do the job that they are requested to do by disabled / mentally challenged people. We need protection from the local criminal gang. My carer was repeatedly raped as a minor by an employee of Victoria Police. He went to Vic Pol as an adult, reported the rapes to Victoria Police. He was subsequently charged by Victoria Police of raping a [REDACTED]. He won the case. Proper compensation if staff from a government department breach their duty of care towards the public- especially for Mental Health patients, the Disabled and victims of crime Councillors for the substance abusers to be willing to take note of people the substance abusers are abusing. Shut down illegal gangs and illegal drug / prostitution syndicates that harass the disabled and mentally challenged."

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"The mental health workforce needs to work towards substance abusers quitting their substances for good instead of having the users use year in year out. If a substance abuser is using on the street, they need to be locked up in a mental health facility, gaol, or other place to keep them from self harm and harming others."

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise

these opportunities?

"For me, I am being attacked by the local criminal gang: Solution: Shut the gang down and prosecute members to ensure that they stop misbehaving and having the Upper Yarra Valley under gang rule - including police. To not be forced from activities by police due to having to keep a low profile because they stuffed up. To not be stalked by someone that has a restraining order on them, which ends up as a cross-over order that ends up causing the actual victim to be banned from venue(s) all because they called D24 (000) regarding a breach in the orders. To ensure that all Victorian drivers licences are renewed with a certificate of substance abuse status. Substance abusers don't receive a renewal. To ensure that real estate agents don't sell a house in breach of court orders (restraining). To ensure that government bureaucrats have the ability to take houses from people where houses are used in illicit activity / other breaches of the law."

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

"1) Dedicated mental health unit for illicit substance abusers / alcoholics 2) all people working in jobs similar to emergency services - police, fire, ambulance, SES etc. have access to the [REDACTED] Emergency Services mental health facility which needs to be expanded to cope with the growing needs of our state's emergency services personals' mental health and to cater for security staff who are also suffering mental health issues. 3) Separate mental health units for non substance abusers who would not fit the criteria for emergency services mental health unit at the [REDACTED] hospital."

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

Keep [REDACTED] from vulnerable Victorians - she's already done enough damage to those of us who had to suffer her as a FCA judge. Take her Australian Orders from her. Do to her what happened to Gov. [REDACTED] during the Rum Rebellion. Help families reunite who have been split up by the courts and child protection. Ensure that children who are left in family care have a case worker who can liaise with the non-custodial parent.

Is there anything else you would like to share with the Royal Commission?

"I don't trust what my maternal family did and are doing to my son. We lost our house to arson. Considering that members of Victoria police were negligent in stopping the arson occurring, I would like the house replaced with what we had to lock up stage and made to certificate of occupancy. I want the gaming licence of [REDACTED] ([REDACTED]) to be taken from her. I want the possessions in hers and my sons to be distributed to both myself and my paternal 1/2 siblings as per my late father's will. I have gone through the Co. Court - she was given the house. She was still acting anti-socially towards me. I want the Child Protection file on my son reviewed by this commission considering that there was much abuse towards my son and myself by members of my maternal family. He needs to be removed from under the same roof as [REDACTED]. He uses the name [REDACTED]. [REDACTED] is the name of the paedophile who abused me to whom [REDACTED] was married to. He is allegedly deceased. I am unable to obtain proof of such fact - I have never seen a death certificate, cemetery or cremation document. I want my son to return to the name [REDACTED]. Michal is the name of one of my Great Grandfather's brothers in Slovakia. Stefan is the name of another great grandfather in Slovakia, a paternal grand-uncle and a number of cousins. It has affected my mental health severely that I have had no real contact with my son since winter 2003. I have not been able to work since the last day of the Commonwealth

Games 2006. I was planning to finish my Diploma of Hospitality Management, ensure that my new home was up to lockup stage and return to work . Thanks to the local Upper Yarra Valley / O'Shanesy Gang and incompetent police and bureaucrats and judiciary I have lost a home, was all but homeless for the third time in my life and bullied constantly by the local criminal gang as the local police refused to stop this gang.I need this gang closed down, charged, convicted, property confiscated and distributed to its victims such as [REDACTED] and myself.The local community by not standing up to the gang due to fear is empowering the gang to continue bullying and abusing vulnerable people with mental health, disability and other issues.Adequate compensation needs to be given to victims of mental health atrocities. I myself have said to have been mentally unstable by maternal abusive family members in order to cover up their abuse. These people have had no formal training in any DHHS type courses but are using gang mentality to ensure that their abuse is legitimate.I need all maternal family members and those who were accessories after the fact who are guilty of abuse of my son and myself brought to justice.I need to be reunited with my estranged son. I believe that it is in both our interest. Also of note, [REDACTED] wants him out of the house that she obtained feloniously. She wants to do to him, that was done to me. I managed to protect him fiscally with regards to my late parents estate that he received so far on paper \$75,000, which [REDACTED] cannot afford to pay him out. I tried to tell people what my maternal family was like. That this would occur not once, but twice.Did anyone believe me back then? No. Was I right about how bad [REDACTED] was? Yes. It was finally proven in the County court. I would like this commission along with the Federal Australian Disability Commission place my abusive maternal family members in jail for a period of time and strip them of their assets. To have to pick up their life after such a catastrophic trauma as they have meted out to me. I was lucky in that the solicitors in [REDACTED] who handled my late parents estate in the County Court believed me.I know what I am saying does not sound Christian, but these people have not got one Christian or any other religious type of bone in their body. They don't have compassion. They don't protect the vulnerable. They just want to abuse the vulnerable.As for all those naysaying me, I request that they be forbidden to work with vulnerable people again as they definitely have much to learn about how to tell if someone is not being truthful.I say this as a DNA proven descendant and relative of the Royal House of Stewart of Scotland and Earls of Arundel,England (1st Creation). Therefore, I am a first cousin x? times removed of Elizabeth II Queen of Australia and her other realms and territories in Australia."