

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

We had to travel and continue to travel to Melbourne for psychologist appointments. As there was no one in that specialist field here in the country.  
(forensic psychologist).

5. What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

For the royal commission to address everything and listen to help change things.

(Cost of living not everyone can afford services.)

6. What are the needs of family members and carers and what can be done better to support them?

- Bring more groups together with similar issues, (support not feeling alone or isolated)

7. What can be done to attract, retain and better support the mental health workforce, including peer support workers?

8. What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

Labels are ~~big~~ things, that need to be address, firstly people aren't defined by what they have or what profession they are in, this is the first thing.

We all are worthy,!

9. Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

Law reforms - criminal.

law system

(Not everything is black + white.

10. What can be done now to prepare for changes to Victoria's mental health system and support improvements to last?

Listening  
Addressing  
and implimenting everything  
making great improvements  
one step at a time.

11. Is there anything else you would like to share with the Royal Commission?

please Read ajoining notes.  
Thank you.

# Royal Commission into Mental Health

Consultation Session

Topic to be addressed :

Mental Health effects on the( Accused ) Young Person On The Sex Offenders List

## # We are coming from A Mothers Point of View

Also backing from the Public and Professional Sectors \* Psychologists Judges Magistrates

## # Survivor of Sexual Abuse

We have and know people that are.

## # Effects on the Person Accused/Other family members

Affects Home Life, family, Friends disappear.

The fear of being associated with the accused being labelled a Sex Offender.

## # Public Disgraced in Small Town /social Media/ Local Papers

Names and Addresses in the Local Paper before the accused is placed on The Sex Offenders List

Also on Facebook /Social Media

(Where with a few cases we know local families have had to sell their homes and move as accused has been threaten)

this has also affected families businesses, not to mention the financial Burdens placed on these families.

The Media Sensationalised headlines and Facts.

The Media tells one side of the story cause bad news sells.

Judgment from People, especially on social media(Keyboard Warriors)

they will hide behind there keyboard and are highly opinionated whether its right or wrong

“(Sex Offender OHHH they must have done it)”

#### # Work/Relationship

When seeking Employment one of the requirements is to disclose your records

Being place on the Sex Offenders List for even a small Offense scares prospective employers away

#### # Making Sex Offenders List Public

(The Federal Government is trying to pass this Law , they have been writing to each state to bring this about)

#Information and poor Police Paper work causes miss information to be given to other parties

(DHS being one of them)

This Blanket law is meant to be changed as its not Addressing the real Issues

There should be different grades for Offences and Age Groups

Not a Life Sentence

You are charged when your 18

Are you an Adult then?????

The Age of Adolescents when a young person Brain is fully developed is 24/25

Men fully mature at( 43). 11 years after women (32) rational part of teens brains won't be fully developed

Until 25 or so.

Girls brains start to mature about 10 years boys are about 20 years.



How come in Centrelink's Eyes a young person is dependent on their parents financially till 22

We are confused !!!

No wonder most people in socialite are confused too.

Mental Health Issues need to be addresses and young people need more education not more rules

Otherwise not only will this cause more people harm in the future.

We will also see more criminals and more mental health issues which will cause war

and economical problems on the medical and government purse and not to forget to mention suicide rates going up .

Suicide is a concern that we personally live with a daily basis

From Family and Friends of those accused we see first hand the ups and downs this label places on our Children and those around them

From not using public Toilets (Feeling like there being watched / Uncomfortable)

Not being able to go to Kindergarten, school ,birthday parties, Weddings or friends over to stay

Not going on Holidays or Travel interstate or overseas

Its even a huge task having anyone under 18 over to visit (as saying anything more than Hello

Is apparently striking up a relationship and you have to call the Sex Offenders List to report this.

This has an ongoing effect of drama the accused doesn't need, and doesn't want to put others through, so its better to stay away from people. (This leads to more isolation, which isn't healthy )

eg: DHS being involved, the family being questioned and more ..

# Peoples miss conception of what the Sex Offenders List is

## “THEY ARE ALL” PEDOS” PEOPHILES”

People in High places Politicians Solicitors Barristers Members of Parliament Media don't even fully know about this list and the people being put on it

We didn't even know until it happened to our family member/Members.

This Royal Commission is important to us to help address and change the law and the Mental health Crisis . ( Be interesting to know how many Australian Wide there is on this List ) Ages too !

To fit in the times ( its 2019) people have changed and the law/register is outdated

Girls can tell Stories

Internet can entrap you / misinform you

Girls and Boys are Sexually active at an earlier age

Makeup Clothes and Pubic Hair trends have changed

Body image and Sizes also have too

Young children are even accessing porn from the internet

It's a scary world out there for children as well as Parents

We need to have the discussions on all these topics, face the problems to change them

We ask that you listen and hear our quest as mothers and Concerned members of the Public here today

As stated earlier there is backing and concern from many people in all areas of Society

That this law needs to be addressed

Our Idea is that we Assemble a Panel of these people and talk more about the topic at hand

(As Everything is certainly not Black and White)

Public and Professional Sectors \*

# Psychologists

# Judges Magistrates

#Young people on this list

#Families

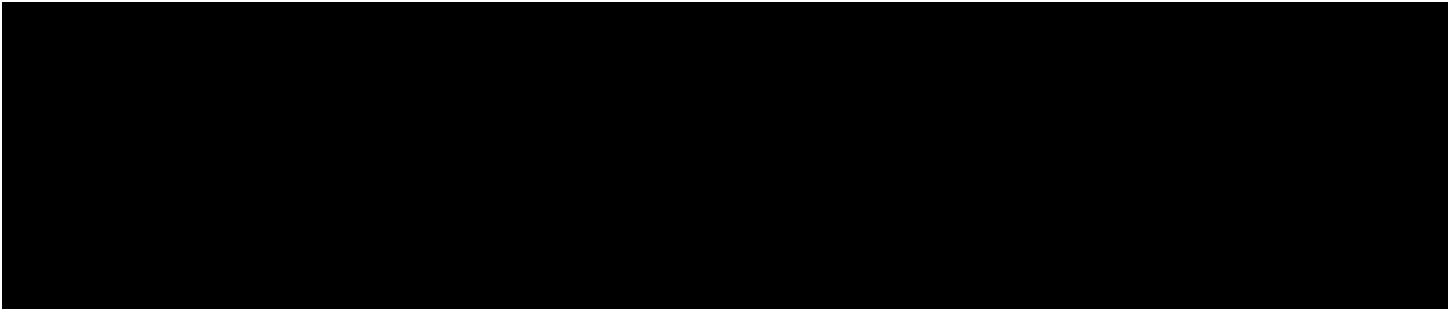
# Solicitors

#Parliament

Topics

# Is the world of the internet, Phones and technology in schools and in the Home

leading to this problem ( Its not always the schools Fault ) Home family or Peers Siblings too.



# Should Basic teachings be brought back... Respect , Etiquette, Food we consumer also plays are part in this too.

Really the answers to life are simple but we seem to complicate them

Thank you for Listening

