

2019 Submission - Royal Commission into Victoria's Mental Health System

SUB: 0002.0016.0011

Name

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What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"Firstly my Concerns with DHHS and child Protection mental health treatment program's Investigation requirement's can take up to 4 Years and longer, Why would this be allowed with any one dealing with Mental Health Concerns. Support and Services not available when you have a mental illness left to conclude and confirm what may medically be incorrect about one's mental health left to your own devices to prove what should be so easily already Integrated and accessible with support referred by DHHS and documenting and being agreed can be cancelled to leave one helpless and discriminated against, enhancing a mental health problem, Integration not evident with pathways of mental health supports and services for families affected by mental health. The Need of a Nationally recognised Integrated Systemised Support and Services System with DHHS request's only being state based on Nationally recognised Orders leaving you feeling discriminated against and not Supported Nationally, Nationally and State Services do not Comply Currently Financially burdening Families and discriminating against. "

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"A Initial Support and Psychological Service System directly linked with technological equipped facility based to provide services and supports to eradicate the directions that leave mental health supports strained and left to their own devices suffering a mental health issue, Emotional Support System Analysis referral directed to further Supports need to be prioritised pivotal in directing the course of Justice's around mental health concerns. Authority - Judicial - Departmental - Medical Integration Supportive and Services directional with Integral Integration Compliance and Quality and Assured System all required to stem from a Departmental Federal level."

What is already working well and what can be done better to prevent suicide?

Talking and Supportive Awareness's Campaigns about Suicide with Mental Health Integrated Systems with Community and Family Awareness Support Services. Onsets Integrated with Care Programs from hospitals & Doctors with specialised Integration driven systemised to Directions of Supports not allowing any mental health concerns to go unsupported and be left to one's own abilities to resolve a mental health concern from first onset one'sself or a uninformed family with limited services and supports with further mental health implications avoidable with such a Integration well cared for plan that can be made available if well Integrated.

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

Supports and Services Implemented Integration and trained supports and networks Nationally that

are not available.

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

"Support and Integration and Support and Services stringent Compliances and Qualities and Assurances in Place, State & Nationally to eliviate and give people direction and hope giving Communities more functional Capabilities to Assist a Problematic Crisis affecting all Communities. "

What are the needs of family members and carers and what can be done better to support them?

"Integration Education and Support pathways Quality assured and Stringent Auditing Compliances Updated and supported through pathways too wide and far reach communities, families and carers."

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"Openness and compassionate insights, positive enlightenment enhanced by education and training necessities in the workforce's and the benefits being well trained in mental health in any system of the workforce showcasing all those unique qualities with mental health supports and pathways well Integrated giving all so much more hope of awareness's around mental health and its benefits. "

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

"Openness to Communicate more freely and not feel Ostracised, Education and awareness in Social Environments all the Positives around mental Illness all Humans are affected by in one way or another."

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

"Implementation - Integration - Training - Qualifications - Quality & Assurances leading to compliant well managed Pathways for Departmental, Authorities, Judicial, Families, Workforce's & Awareness's Socially and medically we are all faced with to Implement from the Core in everyones life in one way or another no matter who we are. Hope for us all on this Mental Health Crusade we all are faced with and we all must work with well into the future. "

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

Senate Approvals Integration Bills to be passed and Implemented on State and National Levels.

Is there anything else you would like to share with the Royal Commission?

"My hope on a 20 year Mental health Experience Since a Industrial Dispute and Mental health Breakdown as a direct result of such a dispute with a Family Violence Order 4 years ago, I believe not equiped to pathway Mental Health concerns and the requests and services not available while 4 Years for Department only recently Investigated leaving my awareness around mental health

concerns resolved due to my own initiative of supports and financial burdens on myself and family to clarify my mental health is in reasoning, I believe my Opinion holds weight on how I am and have been treated when it come to the topic regarding to mental Health in Victoria as a Australian born Australian."