

To whom it my concern.

I have sent a submission to the royal commission into mental health, in it I included the things that people with mental health and suicide tendencies, is separate facilities away from the public hospitals.

I have divided areas in regional and rural Victoria where these facilities could be built. I have tried to keep these safe places within an hours or as close as drive, except in the Mallee Wimmera and Gippsland where they are so vast, which means there are a few gaps.

For example if somebody living in Maryborough with a mental illness and needs help they can go to either Ballarat or Bendigo to receive help and not get turned away which is happening now.

Yours sincerely

David Braybrook

[REDACTED]

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DRIVING TIMES & DISTANCES* 1 MILE = 1.6 KM

From	To	Time	Km	Miles
GREAT SOUTHERN TOURING ROUTE				
Melbourne	Geelong	1 hr	75	47
	Torquay	1 hr 20 mins	98	61
	Port Campbell	4 hrs 30 mins	279	174
	Warrnambool	5 hrs 30 mins	345	216
	Ballarat	1 hr 30 mins	112	70
	Halls Gap	3 hrs 5 mins	250	156

HERITAGE DRIVE				
Sydney	Canberra	3 hrs	286	178
	Albury	6 hrs 45 mins	557	346
	Yarrawonga	7 hrs 55 mins	650	404
	Echuca	9 hrs 30 mins	880	547
	Bendigo	10 hrs 40 mins	946	599
	Melbourne	14 hrs	1110	690

COASTAL DRIVE				
Sydney	Wollongong	1 hr 25 mins	85	53
	Nowra	2 hrs 30 mins	160	99
	Batemans Bay	4 hrs 5 mins	278	173
	Canberra	6 hrs 5 mins	423	263
	Eden	6 hrs 45 mins	478	297
	Bairnsdale	10 hrs 10 mins	752	467
	Walhalla	12 hrs 45 mins	920	572
	Phillip Island	15 hrs 30 mins	1120	654
	Sorrento	17 hrs	1300	697
	Melbourne	19 hrs	1420	695

EXPLANATION OF SYMBOLS

- Freeway
- Highway, Route No.
- Major road, sealed
- Major road, unsealed
- Minor road, sealed
- Minor road, unsealed
- Other road, sealed
- Other road, unsealed
- State border
- Major airport
- Visitor information
- Place of interest
- Wine region
- Lighthouse
- National Park
- Marine National Park
- Other park / reserve
- Urban area

*This is a guide only and time may vary depending on roads used and conditions.

